

						%	PB
							3
							3
100m	, , 2015 (11) ,	7.	1:13.64	-	1:16.00	107%	
800m		24.	12:20.32	-	13:00.00	111%	
100m		9.	1:27.79	-	1:29.00	103%	
"	"						148
							2
800m	, , 2016 (10) ,	57.	14:49.83	-	15:00.00	102%	
200m		28.	3:54.20	-	4:00.00	105%	
							2
800m	, , 2015 (11) ,	50.	14:13.33	-	14:00.00	97%	
200m		9.	3:11.13	-	3:15.00	104%	
100m		14.	1:45.10	-	1:50.00	110%	
							3
100m	, , 2016 (10) ,	77.	1:36.89	-	1:45.00	117%	
100m		55.	1:47.83	-	1:50.00	104%	
100m		42.	1:59.35	-	2:00.00	101%	
							3
200m	, , 2016 (10) ,	20.	3:25.39	-	3:30.00	105%	
100m		27.	1:49.20	-	1:50.00	101%	
200m		17.	3:44.95	-	3:52.00	106%	
							3
100m	, , 2016 (10) ,	38.	1:25.32	-	1:28.00	106%	
200m		19.	3:13.37	-	3:26.00	113%	
100m		34.	1:39.13	-	1:44.00	110%	
							-
100m	, , 2016 (10) ,	21.	1:46.42	-	1:45.00	97%	
100m		14.	1:51.45	-	1:50.00	97%	
							2
100m	, , 2016 (10) ,	41.	1:26.26	-	1:30.00	109%	
200m		18.	3:12.80	-	3:16.00	103%	
							2
100m	, , 2015 (11) ,	35.	1:23.75	-	1:30.00	115%	
100m		21.	1:47.00	-	2:02.00	130%	
200m		19.	3:45.85	-	3:42.00	97%	
							-
100m	, , 2016 (10) ,	12.	1:18.85	-	1:17.00	95%	
100m		6.	1:28.31	-	1:25.00	93%	
							-
200m	, , 2016 (10) ,	10.	3:52.99	-	3:40.00	89%	
200m		13.	3:55.54	-	3:47.00	93%	
200m		22.	4:16.27	-	4:00.00	88%	
							-
100m	, , 2016 (10) ,	21.	1:24.42	-	1:23.00	97%	
800m		20.	13:16.84	-	13:15.00	100%	
100m		21.	1:38.32	-	1:37.00	97%	
							3
100m	, , 2016 (10) ,	60.	2:08.71	-	2:10.00	102%	
100m		34.	2:26.10	-	2:28.00	103%	
100m		31.	2:28.79	-	2:37.00	111%	
							2
400m	, , 2016 (10) ,	11.	6:16.53	-	6:15.00	99%	
800m		39.	13:22.24	-	14:00.00	110%	
100m		36.	1:39.24	-	1:43.00	108%	
							-
800m	, , 2015 (11) ,	14.	11:30.28	-	11:02.00	92%	
100m		1.	1:17.95	-	1:13.60	89%	
200m		1.	2:44.38	-	2:38.95	94%	
							-
400m	, , 2015 (11) ,	2.	5:21.66	-	5:15.00	96%	
800m		8.	11:39.90	-	11:00.00	89%	
100m		3.	1:19.75	-	1:19.50	99%	
							2
100m	, , 2016 (10) ,	42.	1:40.48	-	1:44.00	107%	
200m		26.	3:35.44	-	3:30.00	95%	
100m		47.	1:45.18	-	1:47.00	103%	
							3
800m	, , 2015 (11) ,	20.	12:05.24	-	12:23.00	105%	
100m		3.	1:28.40	-	1:30.00	104%	
200m		4.	3:13.79	-	3:18.00	104%	

	, 2016 (10),								2
400m		4.	5:45.15	-	5:41.00		98%		
100m		6.	1:24.40	-	1:29.00		111%		
200m		7.	3:03.93	-	3:06.00		102%		
	, 2016 (10),								2
200m		13.	3:06.40	-	3:17.00		112%		
200m		17.	3:23.41	-	3:25.00		102%		
	, 2015 (11),								-
100m		42.	1:26.27	-	1:23.00		93%		
100m		26.	1:36.01	-	1:33.00		94%		
	, 2016 (10),								3
100m		44.	1:27.02	-	1:32.00		112%		
100m		23.	1:35.76	-	1:42.00		113%		
100m		34.	1:38.46	-	1:42.00		107%		
	, 2016 (10),								-
100m		19.	1:42.86	-	1:40.00		95%		
100m		34.	1:50.69	-	1:48.00		95%		
	, 2016 (10),								-
100m		73.	1:35.09	-	1:30.00		90%		
100m		53.	1:46.48	-	1:45.00		97%		
	, 2015 (11),								3
400m		6.	5:52.83	-	6:05.00		107%		
200m		5.	3:02.60	-	3:09.00		107%		
100m		10.	1:26.14	-	1:27.00		102%		
	, 2015 (11),								2
800m		33.	12:59.88	-	13:00.00		100%		
200m		16.	3:22.09	-	3:10.00		88%		
100m		18.	1:32.34	-	1:35.00		106%		
	, 2016 (10),								2
100m		8.	1:14.53	-	1:14.50		100%		
800m		9.	11:49.17	-	12:00.00		103%		
200m		1.	3:06.15	-	3:18.00		113%		
	, 2016 (10),								3
800m		5.	10:49.51	-	11:06.00		105%		
200m		2.	2:40.07	-	2:46.00		108%		
100m		2.	1:17.97	-	1:20.00		105%		
	, 2015 (11),								1
800m		1.	9:59.10	-	10:20.00		107%		
100m		1.	1:17.63	-	1:16.00		96%		
200m		1.	2:41.53	-	2:40.00		98%		
	, 2016 (10),								2
100m		108.	1:54.67	-	2:00.00		110%		
100m		76.	2:05.44	-	2:16.00		118%		
	, 2016 (10),								3
100m		23.	1:19.81	-	1:24.00		111%		
800m		43.	13:29.45	-	14:00.00		108%		
100m		13.	1:30.13	-	1:34.00		109%		
	, 2015 (11),								2
100m		33.	1:23.41	-	1:36.00		132%		
100m		17.	1:45.61	-	2:03.00		136%		
	, 2016 (10),								3
400m		5.	5:48.49	-	6:00.00		107%		
800m		13.	12:10.21	-	12:38.00		108%		
100m		11.	1:31.27	-	1:33.00		104%		
	, 2016 (10),								3
100m		25.	1:26.30	-	1:32.00		114%		
100m		10.	1:34.96	-	1:42.00		115%		
100m		31.	1:45.43	-	1:50.00		109%		
	, 2015 (11),								2
800m		7.	11:00.86	-	10:55.00		98%		
100m		2.	1:27.54	-	1:28.00		101%		
200m		1.	3:07.07	-	3:15.00		109%		
	, 2016 (10),								2
800m		7.	11:20.52	-	11:15.00		98%		
200m		2.	2:43.76	-	2:45.00		102%		
100m		2.	1:15.73	-	1:17.00		103%		
	, 2016 (10),								-
100m		114.	2:36.02	-	2:00.00		59%		
100m		79.	2:31.76	-	2:16.00		80%		
100m		55.	2:41.97	-	2:23.00		78%		
	, 2015 (11),								3
800m		19.	11:51.17	-	12:20.00		108%		
200m		10.	3:11.50	-	3:15.00		104%		
100m		10.	1:27.92	-	1:28.00		100%		

100m		25.	1:40.44	-	1:42.00	103%	3
100m	, , 2016 (10),	104.	1:50.95	-	2:00.00	117%	
100m		75.	2:05.27	-	2:16.00	118%	
100m		52.	2:10.59	-	2:23.00	120%	
100m	, , 2016 (10),	47.	1:28.50	-	1:28.00	99%	1
200m		20.	3:15.66	-	3:15.00	99%	
400m		16.	6:52.61	-	7:00.00	104%	
800m	, , 2016 (10),	17.	13:16.05	-	13:00.00	96%	2
100m		5.	1:27.31	-	1:29.00	104%	
200m		7.	3:04.75	-	3:16.00	113%	
100m	, , 2015 (11),	5.	1:17.79	-	1:20.00	106%	1
200m		4.	2:46.03	-	2:45.00	99%	
200m	, , 2015 (11),	4.	2:57.11	-	3:01.15	105%	2
200m		10.	3:35.81	-	3:42.00	106%	
200m		11.	3:19.69	-	3:15.00	95%	
800m	, , 2015 (11),	9.	11:11.08	-	11:02.00	97%	2
100m		1.	1:14.53	-	1:18.00	110%	
200m		2.	2:44.60	-	2:57.00	116%	
100m	, , 2015 (11),	5.	1:11.80	-	1:12.00	101%	1
100m		6.	1:19.96	-	1:19.00	98%	
100m		4.	1:22.23	-	1:22.00	99%	
100m	, , 2016 (10),	21.	1:19.54	-	1:20.00	101%	3
100m		13.	1:29.75	-	1:30.00	101%	
100m		15.	1:30.20	-	1:37.00	116%	
100m	, , 2016 (10),	26.	1:20.59	-	1:20.00	99%	2
200m		10.	2:56.41	-	3:00.00	104%	
400m		9.	6:03.98	-	6:25.00	112%	
100m	, , 2015 (11),	81.	1:38.44	-	1:30.00	84%	1
100m		47.	1:43.47	-	NT	-	
100m		31.	1:49.88	-	1:50.00	100%	
100m	, , 2016 (10),	59.	2:08.31	-	2:10.00	103%	3
100m		32.	2:14.06	-	2:28.00	122%	
100m		30.	2:26.33	-	2:37.00	115%	
100m	, , 2016 (10),	45.	1:40.94	-	1:50.00	119%	1
100m		26.	1:52.64	-	1:50.00	95%	
400m	, , 2015 (11),	12.	6:29.95	-	6:45.00	108%	3
100m		12.	1:43.96	-	1:45.00	102%	
200m		12.	3:42.14	-	3:48.00	105%	
200m	, , 2015 (11),	21.	3:15.80	-	3:35.00	121%	2
100m		35.	1:39.31	-	1:35.00	92%	
200m		24.	3:30.44	-	3:40.00	109%	
100m	, , 2016 (10),	18.	1:46.30	-	1:42.00	92%	1
200m		14.	3:32.00	-	3:40.00	108%	
100m	, , 2016 (10),	62.	1:31.26	-	1:30.00	97%	1
100m		32.	1:38.93	-	1:40.00	102%	
100m		43.	1:41.43	-	1:40.00	97%	
400m	, , 2015 (11),	2.	5:17.66	-	5:25.00	105%	3
800m		4.	10:48.67	-	11:20.00	110%	
200m		3.	2:58.54	-	2:59.00	101%	
100m	, , 2016 (10),	76.	1:36.60	-	1:40.00	107%	1
100m		52.	1:46.17	-	1:45.00	98%	
100m		49.	2:06.47	-	1:58.00	87%	
100m	, , 2015 (11),	11.	1:16.75	-	1:22.00	114%	2
200m		9.	3:37.15	-	3:40.00	103%	
200m		11.	3:17.88	-	3:15.00	97%	

	, 2015 (11),						2
400m		3.	5:25.72	-	5:34.00	105%	
800m		6.	11:09.59	-	11:42.00	110%	
100m		9.	1:25.69	-	1:25.00	98%	
	, 2015 (11),						2
800m		2.	10:29.24	-	10:36.00	102%	
100m		1.	1:15.37	-	1:20.00	113%	
	, 2016 (10),						2
200m		27.	3:24.83	-	3:26.00	101%	
400m		19.	7:20.06	-	6:55.00	89%	
200m		22.	3:28.61	-	3:30.00	101%	
	, 2015 (11),						1
100m		4.	1:11.64	-	1:10.00	95%	
800m		10.	11:17.13	-	11:12.00	98%	
200m		3.	3:07.98	-	3:10.00	102%	
	, 2016 (10),						2
100m		63.	1:31.55	-	1:30.00	97%	
100m		20.	1:46.96	-	1:50.00	106%	
200m		18.	3:45.03	-	3:50.00	104%	
	, 2016 (10),						2
800m		35.	13:07.02	-	14:00.00	114%	
200m		8.	3:03.28	-	3:20.00	119%	
	, 2016 (10),						2
100m		48.	1:28.73	-	1:32.00	108%	
100m		44.	1:41.94	-	1:40.00	96%	
100m		45.	1:43.19	-	1:50.00	114%	
	, 2016 (10),						-
100m		101.	1:48.11	-	1:45.00	94%	
100m		41.	1:59.32	-	1:58.00	98%	
	, 2016 (10),						3
100m		19.	1:19.24	-	1:30.00	129%	
100m		27.	1:36.69	-	1:42.00	111%	
100m		10.	1:51.51	-	2:00.00	116%	
	, 2016 (10),						1
100m		68.	1:33.92	-	1:36.00	104%	
800m		58.	15:09.97	-	15:00.00	98%	
200m		32.	4:02.65	-	4:00.00	98%	
	, 2016 (10),						-
100m		103.	1:50.76	-	1:50.00	99%	
100m		69.	1:58.06	-	1:55.00	95%	
	, 2016 (10),						1
100m		21.	1:58.96	-	2:02.00	105%	
200m		21.	4:15.33	-	4:15.00	100%	
100m		39.	1:52.36	-	1:48.00	92%	
	, 2016 (10),						-
200m		14.	4:05.50	-	3:50.00	88%	
100m		37.	1:51.93	-	1:50.00	97%	
	, 2016 (10),						3
100m		31.	1:32.26	-	1:35.00	106%	
100m		16.	1:40.96	-	1:47.00	112%	
100m		15.	1:52.57	-	2:00.00	114%	
	, 2015 (11),						2
100m		39.	1:25.36	-	1:25.00	99%	
800m		36.	13:12.26	-	14:00.00	112%	
100m		29.	1:37.17	-	1:40.00	106%	
"	"						146
	, 2016 (10),						3
100m		98.	1:46.89	-	1:55.00	116%	
100m		39.	1:57.25	-	2:03.00	110%	
200m		33.	4:03.06	-	4:12.00	107%	
	, 2015 (11),						3
100m		8.	1:14.29	-	1:18.00	110%	
800m		21.	12:07.52	-	12:20.00	103%	
100m		7.	1:23.63	-	1:24.00	101%	
	, 2015 (11),						2
100m		6.	1:13.15	-	1:14.00	102%	
800m		10.	11:53.46	-	12:30.00	111%	
100m		5.	1:22.20	-	1:22.00	100%	
	, 2016 (10),						1
100m		37.	1:24.96	-	1:25.00	100%	
100m		30.	1:38.22	-	1:35.00	94%	
100m		39.	1:40.37	-	1:40.00	99%	
	, 2015 (11),						1
200m		11.	3:35.93	-	3:39.00	103%	

	, 2016 (10),								
100m		105.	1:51.39	-	1:40.00		81%		-
100m		74.	2:03.80	-	2:01.00		96%		-
800m	, 2016 (10),	47.	13:53.47	-	11:59.99		75%		-
100m		9.	1:36.15	-	1:27.99		84%		
200m		9.	3:10.78	-	2:59.99		89%		
	, 2015 (11),								3
200m		16.	3:10.09	-	3:37.00		130%		
100m		19.	1:33.66	-	1:36.00		105%		
200m		15.	3:36.89	-	3:47.00		110%		3
100m	, 2015 (11),	22.	1:24.53	-	1:40.00		140%		
800m		22.	14:07.56	-	14:39.25		108%		
100m		11.	1:35.86	-	1:40.00		109%		
	, 2015 (11),								2
800m		21.	13:49.02	-	12:30.00		82%		
200m		9.	3:32.65	-	3:39.00		106%		
200m		10.	3:18.77	-	3:25.00		106%		
100m	, 2015 (11),	20.	1:23.65	-	1:25.00		103%		2
100m		12.	1:37.89	-	1:38.00		100%		
100m	, 2016 (10),	29.	1:37.83	-	1:32.00		88%		1
200m		15.	3:19.64	-	3:20.10		100%		
100m		41.	1:40.51	-	1:39.00		97%		
100m	, 2016 (10),	99.	1:47.58	-	1:48.00		101%		1
100m	, 2015 (11),	57.	1:30.67	-	1:26.00		90%		-
100m		16.	1:31.51	-	1:30.00		97%		
100m		38.	1:39.64	-	1:33.43		88%		
	, 2015 (11),								3
200m		2.	2:27.20	-	2:30.00		104%		
800m		4.	10:51.52	-	11:20.00		109%		
200m		3.	2:46.07	-	2:51.00		106%		
100m	, 2015 (11),	7.	1:23.03	-	1:19.00		91%		1
100m		3.	1:17.99	-	1:18.00		100%		
100m	, 2015 (11),	36.	1:39.64	-	1:43.84		109%		1
100m	, 2016 (10),	30.	1:31.06	-	1:25.50		88%		1
100m		28.	1:43.22	-	1:45.30		104%		
	, 2016 (10),								3
200m		12.	3:18.66	-	3:21.00		102%		
200m		13.	3:42.72	-	3:46.00		103%		
100m		19.	1:32.58	-	1:33.50		102%		
	, 2015 (11),								1
100m		7.	1:14.37	-	1:14.00		99%		
400m		4.	5:44.99	-	6:10.00		115%		
100m		8.	1:25.20	-	1:24.00		97%		
	, 2016 (10),								2
100m		54.	1:30.09	-	1:39.00		121%		
100m		51.	1:45.92	-	1:49.00		106%		
100m		48.	1:45.29	-	1:44.00		98%		
	, 2015 (11),								1
100m		24.	1:20.07	-	1:25.00		113%		
100m		41.	1:40.40	-	1:33.00		86%		
100m		27.	1:36.11	-	1:34.00		96%		
	, 2015 (11),								2
100m		33.	1:32.76	-	1:40.10		116%		
100m		17.	1:54.00	-	2:06.10		122%		
	, 2016 (10),								1
100m		17.	1:41.33	-	1:38.00		94%		
200m		12.	3:31.29	-	3:35.00		104%		
100m		23.	1:39.22	-	1:39.00		100%		
	, 2016 (10),								2
100m		18.	1:18.39	-	1:18.00		99%		
100m		10.	1:26.55	-	1:32.00		113%		
100m		4.	1:34.97	-	1:43.50		119%		
	, 2016 (10),								-
100m		15.	1:40.49	-	1:36.00		91%		
200m		11.	3:31.11	-	3:26.00		95%		
100m		16.	1:36.58	-	1:36.50		100%		

	, 2016 (10),						1
100m		60.	1:31.15	-	1:26.00	89%	
100m		31.	1:38.73	-	1:36.00	95%	
100m		40.	1:40.50	-	1:41.90	103%	
	, 2016 (10),						2
100m		100.	1:47.78	-	2:11.06	148%	
100m		72.	2:02.16	-	2:20.00	131%	
	, 2016 (10),						2
100m		79.	1:37.74	-	1:45.00	115%	
100m		62.	1:51.34	-	1:50.00	98%	
100m		53.	1:50.11	-	1:52.60	105%	
	, 2016 (10),						1
100m		85.	1:39.40	-	1:38.00	97%	
100m		49.	1:44.71	-	1:45.00	101%	
100m		57.	1:55.04	-	1:54.81	100%	
	, 2015 (11),						2
100m		28.	1:21.34	-	1:29.53	121%	
100m		17.	1:31.52	-	1:33.60	105%	
	, 2016 (10),						1
100m		109.	1:55.17	-	1:40.00	75%	
100m		25.	1:48.15	-	1:46.00	96%	
200m		21.	3:47.47	-	3:51.00	103%	
	, 2015 (11),						1
100m		111.	1:56.08	-	1:50.00	90%	
100m		64.	1:53.57	-	1:55.00	103%	
	, 2015 (11),						-
100m		89.	1:41.52	-	1:38.00	93%	
100m		66.	1:56.18	-	1:45.00	82%	
100m		33.	1:50.79	-	1:50.00	99%	
	, 2015 (11),						1
200m		14.	3:08.95	-	3:16.57	108%	
200m		19.	3:25.08	-	3:24.20	99%	
	, 2016 (10),						2
100m		56.	1:52.97	-	1:45.00	86%	
100m		25.	1:52.01	-	2:00.50	116%	
100m		24.	2:06.40	-	2:15.00	114%	
	, 2016 (10),						2
100m		47.	1:41.28	-	1:42.00	101%	
100m		25.	2:06.53	-	2:15.00	114%	
100m		40.	1:56.09	-	1:54.00	96%	
	, 2016 (10),						-
100m		97.	1:46.79	-	1:45.00	97%	
100m		46.	2:01.92	-	1:55.00	89%	
	, 2016 (10),						3
800m		14.	12:11.56	-	13:15.00	118%	
100m		7.	1:23.73	-	1:24.47	102%	
200m		7.	2:58.92	-	3:05.00	107%	
	, 2016 (10),						1
100m		88.	1:40.70	-	1:36.00	91%	
100m		49.	1:44.71	-	1:46.00	102%	
100m		51.	1:46.49	-	1:45.00	97%	
	, 2015 (11),						1
200m		2.	3:07.60	-	3:10.00	103%	
200m		2.	2:45.99	-	2:45.00	99%	
	, 2015 (11),						2
800m		26.	12:23.08	-	12:30.00	102%	
100m		14.	1:29.78	-	1:27.00	94%	
100m		11.	1:28.09	-	1:28.42	101%	
	, 2016 (10),						-
100m		46.	1:27.67	-	1:25.00	94%	
400m		18.	7:18.59	-	6:47.50	86%	
100m		32.	1:37.93	-	1:37.00	98%	
	, 2015 (11),						3
100m		25.	1:20.54	-	1:21.00	101%	
200m		7.	2:51.83	-	3:01.40	111%	
400m		8.	6:01.56	-	6:30.00	116%	
	, 2015 (11),						2
100m		67.	1:33.88	-	1:32.00	96%	
100m		11.	1:43.57	-	1:44.00	101%	
200m		16.	3:43.70	-	3:47.50	103%	
	, 2016 (10),						1
100m		86.	1:39.96	-	1:43.00	106%	
100m		37.	1:39.93	-	1:35.19	91%	
	, 2015 (11),						1
100m		35.	1:51.17	-	1:53.24	104%	
100m		58.	1:55.93	-	1:49.00	88%	

	, 2015 (11),									
800m		16.	13:11.33	-	13:10.00		100%			-
100m		3.	1:33.38	-	1:30.00		93%			
	, 2015 (11),									
100m		24.	1:26.24	-	1:25.00		97%			
100m		10.	1:46.26	-	1:45.00		98%			
	, 2015 (11),									1
200m		17.	3:11.52	-	3:10.00		98%			
100m		40.	1:40.20	-	1:40.00		100%			
100m		46.	1:44.96	-	1:45.00		100%			
	, 2016 (10),									
100m		93.	1:43.52	-	1:35.00		84%			
100m		73.	2:03.72	-	1:53.00		83%			
100m		61.	1:58.37	-	1:54.00		93%			
	, 2015 (11),									1
100m		43.	1:26.49	-	1:29.15		106%			
100m		28.	1:37.61	-	1:35.00		95%			
200m		23.	3:28.84	-	3:24.20		96%			
	, 2015 (11),									2
100m		14.	1:17.43	-	1:25.00		121%			
200m		8.	2:52.49	-	3:04.00		114%			
800m		27.	12:24.39	-	12:20.00		99%			
	, 2016 (10),									2
100m		66.	1:33.28	-	1:38.03		110%			
100m		46.	1:42.55	-	1:40.00		95%			
100m		42.	1:41.42	-	1:42.63		102%			
	, 2016 (10),									1
100m		80.	1:38.00	-	1:40.04		104%			
100m		56.	1:48.67	-	1:45.45		94%			
100m		54.	1:50.36	-	1:49.23		98%			
	, 2016 (10),									3
100m		69.	1:34.49	-	1:35.51		102%			
100m		67.	1:56.77	-	2:00.73		107%			
100m		37.	1:51.83	-	2:05.54		126%			
	, 2015 (11),									2
800m		12.	11:26.79	-	12:24.00		117%			
100m		6.	1:23.50	-	1:23.47		100%			
200m		5.	2:59.14	-	3:03.49		105%			
	, 2016 (10),									3
100m		55.	1:48.03	-	1:58.00		119%			
100m		24.	1:48.58	-	2:01.00		124%			
100m		38.	1:51.98	-	1:54.64		105%			
	, 2016 (10),									2
100m		52.	1:43.06	-	1:35.00		85%			
100m		6.	1:44.08	-	1:45.00		102%			
200m		16.	3:41.90	-	3:55.00		112%			
	, 2016 (10),									-
100m		37.	1:35.10	-	1:30.00		90%			
100m		14.	1:39.97	-	1:39.00		98%			
100m		32.	1:45.84	-	1:45.00		98%			
	, 2015 (11),									2
100m		15.	1:17.44	-	1:20.00		107%			
800m		25.	12:22.37	-	12:45.00		106%			
100m		12.	1:28.55	-	1:27.00		97%			
	, 2016 (10),									1
100m		50.	1:28.97	-	1:30.00		102%			
100m		39.	1:40.07	-	1:35.00		90%			
100m		26.	1:35.89	-	1:34.00		96%			
	, 2015 (11),									2
100m		4.	1:41.94	-	1:41.60		99%			
200m		13.	3:38.87	-	3:39.60		101%			
200m		13.	3:30.03	-	3:50.00		120%			
	, 2016 (10),									2
100m		50.	1:41.91	-	1:44.00		104%			
100m		19.	1:58.00	-	2:00.00		103%			
	, 2015 (11),									-
100m		49.	1:28.77	-	1:27.00		96%			
100m		35.	1:38.72	-	1:36.00		95%			
	, 2015 (11),									-
200m		26.	3:20.40	-	3:15.00		95%			
400m		17.	6:59.65	-	6:37.00		89%			
200m		25.	3:32.92	-	3:24.20		92%			
	, 2016 (10),									3
100m		36.	1:34.40	-	1:52.49		142%			
100m		18.	1:42.06	-	2:01.30		141%			
100m		24.	1:39.38	-	1:50.32		123%			

	, 2016 (10),							3
200m		3.	2:47.84	-	2:50.00		103%	
800m		11.	12:04.85	-	12:30.00		107%	
200m		6.	3:03.33	-	3:12.00		110%	
	, 2016 (10),							1
100m		18.	1:33.26	-	1:33.00		99%	
200m		18.	3:24.25	-	3:24.00		100%	
100m		20.	1:33.75	-	1:34.00		101%	
	, 2016 (10),							1
100m		25.	1:35.96	-	1:37.00		102%	
	, 2015 (11),							1
100m		9.	1:26.00	-	1:31.00		112%	
100m		14.	1:30.18	-	1:29.00		97%	
	, 2016 (10),							2
100m		12.	1:28.22	-	1:30.00		104%	
100m		7.	1:27.33	-	1:29.00		104%	
200m		8.	3:09.01	-	3:05.00		96%	
	, 2015 (11),							2
800m		18.	11:50.50	-	12:24.00		110%	
200m		6.	3:01.84	-	3:09.37		108%	
	, 2016 (10),							1
100m		75.	1:36.04	-	1:36.00		100%	
100m		48.	1:44.27	-	1:45.00		101%	
100m		11.	1:52.26	-	1:47.00		91%	
	, 2016 (10),							1
100m		58.	1:58.89	-	1:40.00		71%	
100m		29.	2:05.93	-	1:58.00		88%	
100m		28.	2:07.76	-	2:08.00		100%	
	, 2015 (11),							3
100m		15.	1:20.39	-	1:30.00		125%	
200m		15.	3:40.88	-	3:50.00		108%	
100m		12.	1:33.84	-	1:37.00		107%	
	, 2015 (11),							2
100m		34.	1:33.83	-	1:45.00		125%	
800m		23.	14:13.40	-	15:50.00		124%	
200m		18.	3:49.03	-	3:48.00		99%	
	, 2015 (11),							1
800m		22.	12:11.90	-	12:10.36		100%	
200m		7.	2:59.82	-	3:15.00		118%	
100m		8.	1:32.37	-	1:30.00		95%	
	, 2015 (11),							1
100m		22.	1:35.70	-	1:33.60		96%	
200m		13.	3:19.45	-	3:20.20		101%	
100m		17.	1:32.31	-	1:32.00		99%	
	, 2016 (10),							2
100m		13.	1:38.97	-	1:41.05		104%	
200m		10.	3:29.98	-	3:20.00		91%	
100m		13.	1:34.11	-	1:39.47		112%	
	, 2016 (10),							2
100m		46.	1:41.19	-	1:42.00		102%	
100m		33.	1:46.45	-	2:09.00		147%	
	, 2015 (11),							1
100m		32.	1:22.92	-	1:36.00		134%	
	, 2015 (11),							1
100m		61.	1:31.24	-	1:30.00		97%	
100m		33.	1:39.11	-	1:40.00		102%	
100m		26.	1:48.24	-	1:47.00		98%	
	, 2016 (10),							1
100m		91.	1:42.58	-	1:43.45		102%	
100m		70.	1:59.62	-	1:56.69		95%	
100m		60.	1:58.08	-	1:53.00		92%	
	, 2016 (10),							1
100m		31.	1:22.70	-	1:30.00		118%	
100m		19.	1:46.65	-	1:45.00		97%	
	, 2015 (11),							1
400m		14.	6:33.13	-	6:37.00		102%	
100m		31.	1:37.50	-	1:32.00		89%	
	, 2015 (11),							1
100m		50.	1:28.97	-	1:29.00		100%	
100m		28.	1:36.63	-	1:34.00		95%	
	, 2016 (10),							-
100m		72.	1:34.72	-	1:30.00		90%	
100m		58.	1:48.83	-	1:44.00		91%	
100m		50.	1:46.12	-	1:42.60		93%	

	, 2016 (10),								2
100m		96.	1:44.96	-	1:59.00		129%		
100m		60.	1:49.56	-	1:55.00		110%		
	, 2015 (11),								3
100m		55.	1:30.39	-	1:36.00		113%		
100m		28.	1:49.24	-	1:57.10		115%		
200m		29.	3:58.07	-	4:05.20		106%		
	, 2015 (11),								2
200m		3.	2:29.14	-	2:30.00		101%		
800m		8.	11:06.89	-	11:00.00		98%		
200m		5.	2:47.45	-	2:50.00		103%		
	, 2016 (10),								-
100m		83.	1:38.99	-	1:30.00		83%		
800m		63.	16:08.98	-	15:40.00		94%		
100m		55.	1:51.67	-	1:50.00		97%		
	, 2015 (11),								1
100m		27.	1:21.33	-	1:25.00		109%		
800m		44.	13:38.15	-	13:30.00		98%		
	, 2015 (11),								-
100m		20.	1:19.26	-	1:19.00		99%		
800m		30.	12:30.31	-	12:15.00		96%		
	, 2016 (10),								1
100m		47.	2:02.55	-	1:56.15		90%		
200m		34.	4:10.37	-	4:16.00		105%		
	, 2016 (10),								2
100m		28.	1:28.84	-	1:30.00		103%		
200m		24.	4:34.01	-	4:00.00		77%		
100m		27.	1:43.11	-	1:45.00		104%		
	, 2015 (11),								-
100m		56.	1:30.47	-	1:25.00		88%		
200m		26.	3:51.83	-	3:50.00		98%		
	, 2016 (10),								1
800m		54.	14:31.44	-	15:00.00		107%		
100m		30.	1:37.35	-	1:34.00		93%		
200m		16.	3:37.74	-	3:29.00		92%		
	, 2015 (11),								-
800m		61.	15:30.82	-	13:27.00		75%		
	, 2016 (10),								1
100m		40.	1:25.53	-	1:25.00		99%		
200m		12.	3:03.17	-	3:05.00		102%		
800m		48.	13:55.12	-	13:30.00		94%		
	, 2015 (11),								3
100m		8.	1:45.26	-	1:50.00		109%		
200m		14.	3:40.54	-	3:56.00		115%		
100m		18.	1:37.50	-	1:38.00		101%		
	, 2015 (11),								1
800m		59.	15:20.41	-	13:30.00		77%		
100m		29.	1:49.51	-	1:51.00		103%		
200m		27.	3:52.34	-	3:51.10		99%		
	, 2016 (10),								2
100m		44.	1:39.90	-	1:45.00		110%		
200m		8.	3:42.61	-	3:45.00		102%		
800m		30.	16:30.66	-	16:00.00		94%		
	, 2016 (10),								3
100m		45.	1:27.33	-	1:39.20		129%		
200m		20.	3:46.56	-	3:59.10		111%		
100m		33.	1:38.26	-	1:39.00		102%		
	, 2016 (10),								2
800m		46.	13:40.29	-	13:30.00		98%		
100m		5.	1:37.90	-	1:40.00		104%		
200m		10.	3:37.39	-	3:45.00		107%		
	, 2015 (11),								1
800m		51.	14:18.16	-	14:00.00		96%		
100m		9.	1:43.14	-	1:45.00		104%		
	, 2016 (10),								2
100m		71.	1:34.64	-	1:40.00		112%		
100m		23.	1:47.63	-	1:50.00		104%		
200m		23.	3:50.27	-	3:48.00		98%		
	, 2015 (11),								2
100m		1.	1:06.84	-	1:05.00		95%		
800m		13.	11:29.28	-	12:00.00		109%		
200m		7.	3:19.65	-	3:27.00		107%		
	, 2016 (10),								1
100m		3.	1:22.30	-	1:22.00		99%		
200m		4.	2:55.50	-	2:53.00		97%		
100m		4.	1:21.58	-	1:23.00		104%		

	, 2016 (10),									
100m		90.	1:41.60	-	1:35.00		87%			
100m		40.	1:59.29	-	1:50.00		85%			
200m		35.	4:13.83	-	3:55.00		86%			
	, 2015 (11),									
100m		36.	1:24.25	-	1:22.00		95%			
400m		13.	6:32.90	-	6:20.00		94%			
800m		40.	13:26.22	-	13:00.00		94%			
	, 2016 (10),									3
200m		15.	3:09.70	-	3:15.00		106%			
400m		15.	6:39.33	-	6:55.00		108%			
800m		38.	13:21.33	-	14:00.00		110%			
	, 2016 (10),									3
100m		13.	1:44.93	-	1:47.10		104%			
200m		15.	3:43.16	-	3:58.15		114%			
100m		23.	1:34.39	-	1:37.80		107%			
	, 2016 (10),									3
800m		41.	13:27.61	-	13:45.00		104%			
100m		20.	1:34.66	-	1:40.00		112%			
100m		32.	1:50.13	-	1:55.20		109%			
	, 2016 (10),									-
100m		8.	1:42.82	-	1:40.00		95%			
	, 2016 (10),									1
100m		84.	1:39.39	-	1:51.20		125%			
	, 2016 (10),									-
100m		48.	1:41.40	-	1:39.00		95%			
200m		9.	3:51.45	-	3:40.00		90%			
800m		31.	16:40.85	-	16:00.00		92%			
	, 2015 (11),									2
100m		3.	1:09.95	-	1:10.00		100%			
100m		1.	1:16.63	-	1:16.00		98%			
200m		1.	2:43.56	-	2:44.00		101%			
	, 2015 (11),									-
100m		4.	1:10.84	-	1:10.00		98%			
200m		8.	3:20.57	-	3:15.00		95%			
200m		5.	2:54.66	-	2:50.00		95%			
	, 2015 (11),									1
800m		62.	15:53.63	-	14:20.00		81%			
100m		30.	1:49.71	-	1:50.00		101%			
200m		24.	3:51.00	-	3:50.00		99%			
	, 2015 (11),									1
800m		6.	10:58.02	-	10:50.00		98%			
100m		4.	1:16.64	-	1:16.00		98%			
200m		1.	2:39.96	-	2:45.00		106%			
	, 2016 (10),									3
100m		40.	1:36.85	-	1:42.00		111%			
100m		18.	1:57.11	-	1:58.50		102%			
100m		30.	1:45.37	-	1:48.50		106%			
	, 2016 (10),									3
100m		43.	1:38.73	-	1:40.00		103%			
200m		6.	3:31.65	-	3:45.00		113%			
800m		28.	15:50.93	-	16:00.00		102%			
	, 2015 (11),									1
100m		15.	1:45.24	-	1:43.00		96%			
200m		11.	3:41.53	-	3:48.00		106%			
100m		49.	1:45.83	-	1:39.00		88%			
	, 2016 (10),									3
100m		102.	1:50.72	-	1:54.00		106%			
100m		68.	1:57.27	-	2:01.00		106%			
100m		54.	2:20.99	-	2:40.00		129%			
	, 2015 (11),									-
100m		74.	1:35.49	-	1:25.00		79%			
200m		24.	3:18.17	-	3:10.00		92%			
800m		52.	14:22.51	-	13:30.00		88%			
	, 2015 (11),									1
200m		1.	2:26.58	-	2:28.00		102%			
400m		1.	5:15.25	-	5:10.00		97%			
800m		5.	10:57.86	-	10:50.00		98%			
	, 2015 (11),									-
100m		10.	1:15.63	-	1:13.00		93%			
800m		15.	13:00.87	-	12:00.00		85%			
200m		9.	3:15.39	-	3:05.00		90%			
	, 2016 (10),									-
100m		107.	1:54.31	-	1:50.00		93%			
200m		31.	4:14.50	-	4:00.00		89%			

	, 2016 (10),								3
100m		95.	1:44.45	-	1:45.00		101%		
200m		29.	3:38.61	-	3:40.00		101%		
800m		60.	15:29.78	-	15:50.00		104%		
	, 2016 (10),								3
100m		16.	1:21.01	-	1:23.00		105%		
800m		19.	13:16.27	-	14:20.00		117%		
100m		15.	1:35.93	-	1:40.00		109%		
	, 2016 (10),								3
100m		91.	1:42.58	-	1:46.80		108%		
100m		63.	1:53.37	-	2:02.00		116%		
100m		43.	1:59.37	-	2:05.10		110%		
	, 2016 (10),								2
100m		38.	1:35.73	-	1:35.10		99%		
800m		24.	14:37.77	-	15:23.00		111%		
100m		11.	1:49.81	-	1:53.00		106%		
	, 2016 (10),								2
100m		113.	1:59.63	-	2:05.10		109%		
100m		50.	2:07.54	-	2:17.00		115%		
	, 2016 (10),								2
100m		106.	1:51.43	-	1:58.00		112%		
100m		71.	2:01.62	-	2:05.15		106%		
	, 2016 (10),								2
100m		14.	1:20.24	-	1:23.00		107%		
800m		18.	13:16.07	-	14:00.00		111%		
100m		22.	1:38.79	-	1:35.00		92%		
	, 2015 (11),								2
100m		2.	1:08.65	-	1:11.00		107%		
100m		1.	1:28.01	-	1:25.00		93%		
200m		3.	3:08.85	-	3:23.00		116%		
	, 2016 (10),								-
100m		41.	1:37.80	-	1:30.00		85%		
200m		7.	3:33.60	-	3:30.00		97%		
800m		29.	16:19.41	-	16:00.00		96%		
	, 2016 (10),								2
100m		51.	1:42.33	-	1:55.00		126%		
100m		20.	1:58.15	-	2:11.00		123%		
	, 2015 (11),								1
100m		13.	1:17.28	-	1:15.00		94%		
800m		31.	12:42.69	-	13:30.00		113%		
100m		10.	1:43.38	-	1:40.00		94%		
	, 2015 (11),								34
	, 2015 (11),								1
100m		17.	1:22.16	-	1:24.00		105%		
100m		7.	1:30.19	-	1:30.00		100%		
200m		8.	3:16.15	-	3:15.00		99%		
	, 2016 (10),								-
100m		12.	1:50.11	-	1:50.00		100%		
100m		20.	1:38.28	-	1:35.00		93%		
	, 2015 (11),								-
100m		39.	1:36.16	-	1:30.00		88%		
	, 2016 (10),								1
100m		57.	1:48.80	-	1:50.00		102%		
100m		56.	1:55.02	-	1:55.00		100%		
	, 2015 (11),								2
100m		13.	1:18.95	-	1:24.00		113%		
200m		8.	3:14.08	-	3:30.00		117%		
	, 2015 (11),								2
800m		15.	11:41.83	-	11:20.00		94%		
100m		1.	1:26.73	-	1:27.00		101%		
200m		2.	3:07.84	-	3:10.00		102%		
	, 2015 (11),								2
100m		9.	1:14.83	-	1:20.00		114%		
100m		15.	1:30.50	-	1:30.00		99%		
200m		12.	3:19.48	-	3:30.00		111%		
	, 2016 (10),								2
100m		6.	1:12.96	-	1:15.00		106%		
200m		5.	2:36.22	-	2:50.00		118%		
100m		8.	1:26.86	-	1:26.00		98%		
	, 2016 (10),								2
100m		11.	1:17.55	-	1:17.00		99%		
200m		4.	3:13.16	-	3:20.00		107%		
200m		6.	2:57.30	-	3:00.00		103%		

	, 2015 (11),							2
100m		26.	1:26.33	-	1:28.00		104%	
100m		8.	1:31.56	-	1:35.00		108%	
	, 2016 (10),							2
100m		22.	1:19.76	-	1:26.00		116%	
100m		11.	1:28.03	-	1:30.00		105%	
	, 2015 (11),							3
400m		3.	5:22.64	-	5:25.00		101%	
200m		3.	2:41.40	-	2:45.00		105%	
100m		2.	1:14.70	-	1:15.00		101%	
	, 2016 (10),							3
100m		9.	1:32.82	-	1:35.00		105%	
200m		9.	3:20.31	-	3:25.00		105%	
100m		19.	1:37.86	-	1:40.00		104%	
	, 2015 (11),							1
100m		4.	1:24.88	-	1:27.00		105%	
	, 2015 (11),							-
400m		10.	6:16.27	-	6:15.00		99%	
800m		32.	12:52.97	-	12:40.00		97%	
100m		16.	1:45.32	-	1:43.00		96%	
	, 2015 (11),							3
100m		2.	1:08.50	-	1:10.00		104%	
400m		1.	5:11.14	-	5:20.00		106%	
800m		3.	10:40.40	-	11:10.00		109%	
	, 2015 (11),							2
100m		16.	1:17.61	-	1:23.00		114%	
400m		7.	6:01.35	-	6:20.00		111%	
	, 2016 (10),							1
800m		11.	11:24.70	-	11:00.00		93%	
100m		3.	1:13.59	-	1:15.00		104%	
100m		3.	1:16.83	-	1:15.00		95%	
	, 2015 (11),							3
100m		5.	1:12.81	-	1:13.00		101%	
100m		2.	1:19.19	-	1:20.00		102%	
200m		3.	2:51.53	-	2:55.00		104%	
	, 2016 (10),							-
100m		22.	1:59.45	-	1:58.00		98%	
100m		41.	1:57.89	-	1:52.00		90%	
	, 2015 (11),							2
200m		9.	2:56.20	-	3:05.00		110%	
200m		11.	3:14.21	-	3:10.00		96%	
100m		16.	1:31.33	-	1:32.00		101%	