

						%	PB				
						-	-				
						-	-				
100m	, , 2011 (14) ,					12.	1:31.82	218	1:30.00	96%	
200m						10.	3:15.74	231	3:10.00	94%	
"	"										386
1500m	, , 2013 (12) ,					12.	20:01.43	350	20:50.00	108%	3
200m						12.	2:44.62	264	2:50.00	107%	
100m						21.	1:25.50	174	1:26.00	101%	
200m						33.	2:52.22	257	2:50.00	97%	
800m	, , 2013 (12) ,					4.	9:23.89	476	9:30.00	102%	3
1500m						2.	17:51.73	493	18:00.00	102%	
100m						7.	1:10.98	315	1:13.00	106%	
100m						18.	1:14.57	288	1:13.00	96%	
50m	, , 2011 (14) ,					3.	27.27	594	27.41	101%	2
50m						5.	32.29	478	32.00	98%	
50m						5.	30.23	524	29.83	97%	
100m						4.	1:08.40	563	1:08.70	101%	
100m	, , 2014 (11) ,					9.	1:25.12	393	1:30.00	112%	4
50m						5.	32.68	415	34.00	108%	
100m						16.	1:16.50	403	1:17.00	101%	
200m						12.	2:42.01	425	2:47.00	106%	
400m	, , 2014 (11) ,					19.	5:30.69	342	5:20.00	94%	-
800m						26.	11:31.65	328	10:55.00	90%	
50m						12.	35.06	336	33.00	89%	
100m						34.	1:21.94	328	1:21.00	98%	
1500m	, , 2011 (14) ,					6.	18:56.00	414	18:06.00	91%	3
50m						4.	31.67	340	33.00	109%	
100m						10.	1:08.61	349	1:10.00	104%	
200m						8.	2:27.34	368	2:31.00	105%	
100m	, , 2013 (12) ,					93.	1:17.02	197	1:13.00	90%	-
800m						75.	12:51.33	186	12:24.00	93%	
100m						31.	1:29.59	156	1:21.00	82%	
200m						21.	3:09.16	174	2:56.00	87%	
50m	, , 2014 (11) ,					18.	36.71	325	37.00	102%	1
100m						17.	1:20.21	320	1:20.00	99%	
200m						7.	2:51.87	331	2:50.00	98%	
200m						39.	3:03.05	295	2:52.00	88%	
100m	, , 2008 (17) ,					9.	53.58	586	54.00	102%	3
200m						4.	1:54.90	646	1:54.00	98%	
200m						1.	2:05.19	600	2:07.00	103%	
200m						2.	2:06.64	648	2:10.00	105%	
800m	, , 2013 (12) ,					9.	9:48.86	418	10:00.00	104%	4
100m						9.	1:11.73	305	1:12.00	101%	
200m						5.	2:32.24	334	2:34.00	102%	
200m						15.	2:38.23	332	2:40.00	102%	
100m	, , 2009 (16) ,					19.	55.78	519	56.00	101%	3
100m						6.	1:03.76	435	1:04.00	101%	
100m						5.	1:01.90	504	1:02.00	100%	
200m						6.	2:15.44	530	2:15.00	99%	
800m	, , 2014 (11) ,					25.	10:31.63	339	11:00.00	109%	1
100m	, , 2009 (16) ,					23.	56.14	509	1:00.00	114%	1
100m						3.	1:06.52	573	1:06.00	98%	
200m						3.	2:25.05	568	2:24.00	99%	
50m	, , 2013 (12) ,					13.	31.60	382	31.00	96%	2
100m						20.	1:07.94	404	1:08.00	100%	
200m						18.	2:29.34	403	2:30.00	101%	

2

	, 2014 (11),						2
100m		76.	1:11.59	245	1:11.00	98%	
200m		37.	2:32.73	275	2:30.00	96%	
800m		40.	10:53.29	306	11:20.00	108%	
100m		42.	1:20.74	227	1:21.00	101%	
	, 2013 (12),						2
800m		11.	10:19.31	458	10:20.00	100%	
100m		5.	1:20.65	462	1:20.00	98%	
200m		5.	2:52.90	471	2:53.00	100%	
200m		10.	2:40.70	436	2:38.00	97%	
	, 2014 (11),						4
1500m		9.	20:11.50	421	20:30.00	103%	
200m		3.	2:51.31	340	2:55.00	104%	
200m		19.	2:46.76	390	2:50.00	104%	
400m		10.	5:49.48	406	5:50.00	100%	
	, 2011 (14),						2
100m		9.	1:06.02	440	1:08.00	106%	
200m		5.	2:21.95	469	2:24.00	103%	
400m		3.	5:00.51	455	5:00.00	100%	
800m		2.	10:23.30	449	10:15.00	97%	
	, 2013 (12),						3
50m		29.	36.82	164	35.00	90%	
100m		108.	1:23.03	157	1:23.10	100%	
200m		56.	2:57.89	174	3:04.20	107%	
100m		64.	1:31.90	154	1:34.00	105%	
	, 2014 (11),						-
50m		23.	34.00	208	34.00	100%	
100m		83.	1:14.84	215	1:13.00	95%	
50m		24.	50.70	119	47.00	86%	
100m		61.	1:28.03	175	1:27.00	98%	
	, 2012 (13),						4
50m		1.	26.04	464	26.63	105%	
800m		1.	8:53.44	562	9:06.00	105%	
100m		1.	1:03.17	474	1:06.00	109%	
400m		1.	4:50.76	526	4:55.00	103%	
	, 2012 (13),						-
100m		82.	1:14.56	217	1:14.00	99%	
200m		48.	2:43.23	225	2:43.00	100%	
400m		26.	5:39.33	244	5:30.00	95%	
800m		59.	11:44.72	244	11:00.00	88%	
	, 2011 (14),						3
50m		12.	26.77	427	27.50	106%	
100m		27.	1:01.10	395	1:01.90	103%	
800m		20.	10:11.84	373	11:00.00	116%	
100m		20.	1:09.16	361	1:09.00	100%	
	, 2013 (12),						3
100m		37.	1:06.33	308	1:07.00	102%	
50m		4.	36.85	310	37.00	101%	
100m		7.	1:22.54	300	1:26.00	109%	
200m		7.	3:01.16	291	2:59.00	98%	
	, 2014 (11),						3
100m		84.	1:15.24	211	1:18.00	107%	
200m		45.	2:39.77	240	2:43.00	104%	
800m		45.	11:10.09	284	11:00.00	97%	
200m		15.	2:53.07	227	2:55.00	102%	
	, 2013 (12),						2
400m		17.	5:24.44	362	5:05.00	88%	
1500m		10.	20:27.31	405	21:30.00	110%	
100m		24.	1:19.19	363	1:20.00	102%	
	, 2013 (12),						1
100m		13.	1:27.25	365	1:28.00	102%	
200m		16.	3:18.44	311	3:18.00	100%	
100m		29.	1:21.20	337	1:20.00	97%	
200m		40.	3:03.54	292	3:00.00	96%	
	, 2010 (15),						3
800m		7.	9:12.33	507	9:35.00	108%	
50m		3.	30.07	397	30.95	106%	
100m		7.	1:05.65	398	1:05.00	98%	
200m		6.	2:19.62	433	2:24.00	106%	
	, 2012 (13),						3
800m		6.	9:38.08	442	9:35.00	99%	
50m		2.	33.97	396	34.27	102%	
100m		3.	1:14.67	405	1:15.50	102%	
200m		3.	2:43.97	393	2:44.00	100%	
	, 2014 (11),						3
800m		72.	12:18.24	212	12:24.00	102%	
50m		22.	41.51	151	47.00	128%	
50m		21.	38.33	182	40.00	109%	

100m		62.	1:30.47	161	1:29.00	97%	
	, , 2010 (15),						4
50m		2.	24.82	535	26.00	110%	
100m		5.	55.65	523	58.00	109%	
50m		4.	27.35	502	29.00	112%	
100m		4.	1:04.70	441	1:05.00	101%	
	, , 2013 (12),						1
100m		4.	1:01.91	534	1:02.00	100%	
100m		3.	1:18.10	509	1:16.50	96%	
200m		2.	2:48.37	510	2:45.00	96%	
200m		6.	2:32.19	513	2:31.00	98%	
	, , 2012 (13),						4
200m		11.	2:19.51	361	2:20.00	101%	
400m		8.	4:51.41	386	4:53.00	101%	
1500m		7.	18:46.73	424	19:20.00	106%	
200m		11.	2:36.96	340	2:39.00	103%	
	, , 2014 (11),						-
100m		72.	1:10.83	253	1:09.00	95%	
200m		39.	2:34.49	266	2:33.00	98%	
800m		54.	11:23.11	268	10:55.00	92%	
100m		49.	1:23.59	204	1:20.00	92%	
	, , 2012 (13),						2
1500m		1.	17:33.53	519	17:30.00	99%	
100m		1.	1:03.71	421	1:02.00	95%	
100m		2.	1:04.06	455	1:05.00	103%	
200m		1.	2:19.20	488	2:21.00	103%	
	, , 2014 (11),						1
50m		23.	35.79	262	34.00	90%	
100m		26.	1:26.49	255	1:27.00	101%	
200m		10.	3:05.39	264	3:00.00	94%	
200m		42.	3:06.21	280	3:05.00	99%	
	, , 2013 (12),						3
50m		20.	32.17	246	33.00	105%	
100m		78.	1:12.96	232	1:10.00	92%	
800m		55.	11:27.13	263	11:45.00	105%	
100m		52.	1:23.97	202	1:25.00	102%	
	, , 2014 (11),						4
100m		29.	1:05.71	317	1:08.00	107%	
200m		19.	2:22.29	340	2:30.00	111%	
800m		14.	10:14.36	368	11:00.00	115%	
100m		25.	1:16.10	271	1:20.00	111%	
	, , 2012 (13),						-
50m		9.	29.38	323	29.00	97%	
100m		32.	1:05.87	315	1:04.00	94%	
100m		29.	1:17.12	260	1:17.00	100%	
	, , 2014 (11),						2
100m		18.	1:04.07	342	1:04.00	100%	
1500m		8.	19:11.82	397	20:00.00	109%	
200m		6.	2:33.24	327	2:33.00	100%	
200m		10.	2:36.55	343	2:38.00	102%	
	, , 2014 (11),						3
400m		18.	5:18.39	296	6:30.00	150%	
800m		41.	10:56.24	302	11:50.00	117%	
100m		16.	1:21.56	208	1:21.00	99%	
400m		5.	5:59.68	278	6:00.00	100%	
	, , 2013 (12),						3
100m		45.	1:07.31	295	1:08.00	102%	
800m		18.	10:22.11	354	10:45.00	107%	
200m		6.	2:59.33	300	3:00.00	101%	
	, , 2014 (11),						4
400m		22.	5:54.53	277	6:00.00	103%	
100m		18.	1:34.82	284	1:35.00	100%	
200m		20.	3:22.60	293	3:23.00	100%	
100m		43.	1:26.92	274	1:32.00	112%	
	, , 2009 (16),						-
100m		1.	1:00.66	568	59.00	95%	
200m		2.	2:11.89	585	2:07.00	93%	
100m		5.	1:10.19	521	1:07.00	91%	
200m		2.	2:31.54	519	2:28.00	95%	
	, , 2014 (11),						4
1500m		4.	19:03.27	501	19:45.00	107%	
100m		2.	1:13.82	392	1:17.00	109%	
200m		2.	2:36.81	443	2:40.00	104%	
400m		8.	5:41.28	436	6:20.00	124%	
	, , 2012 (13),						-
200m		5.	2:11.33	433	2:08.00	95%	
1500m		3.	18:15.70	461	18:00.00	97%	
100m		1.	1:14.14	414	1:13.00	97%	

200m		2.	2:40.33	420	2:38.00	97%	
, , 2010 (15)							4
800m		14.	10:01.25	393	11:10.00	124%	
50m		11.	31.84	318	32.00	101%	
100m		11.	1:08.98	332	1:12.00	109%	
200m		5.	2:31.61	350	2:41.00	113%	
, , 2009 (16)							2
50m		17.	25.62	487	25.79	101%	
50m		5.	28.70	457	29.36	105%	
100m		4.	1:02.78	456	1:02.50	99%	
, , 2013 (12)							2
100m		74.	1:10.89	253	1:20.00	127%	
200m		46.	2:40.10	239	2:38.00	97%	
800m		62.	12:01.01	227	12:24.00	106%	
, , 2010 (15)							3
50m		14.	30.72	415	31.00	102%	
50m		11.	34.35	397	34.50	101%	
100m		9.	1:13.36	418	1:15.00	105%	
200m		3.	2:37.99	426	2:34.44	96%	
, , 2014 (11)							3
200m		26.	2:34.50	363	2:38.00	105%	
800m		19.	10:51.69	393	11:35.00	114%	
200m		32.	2:58.52	318	3:00.00	102%	
, , 2014 (11)							2
800m		6.	9:57.50	510	10:00.00	101%	
100m		3.	1:11.25	498	1:11.00	99%	
200m		4.	2:30.51	530	2:30.00	99%	
400m		4.	5:22.33	518	5:25.00	102%	
, , 2011 (14)							3
100m		2.	53.83	577	55.00	104%	
800m		2.	8:43.21	596	8:46.25	101%	
100m		1.	1:00.10	520	1:00.50	101%	
200m		1.	2:11.19	521	2:10.45	99%	
, , 2013 (12)							-
200m		47.	2:43.20	225	2:30.00	84%	
50m		21.	39.35	177	37.00	88%	
, , 2012 (13)							-
100m		38.	1:06.45	307	1:06.00	99%	
200m		15.	2:20.46	354	2:19.00	98%	
400m		5.	4:45.37	411	4:40.00	96%	
800m		7.	9:42.10	433	9:40.00	99%	
, , 2010 (15)							3
100m		11.	57.11	484	59.50	109%	
200m		5.	2:05.04	501	2:10.00	108%	
100m		9.	1:06.19	412	1:08.00	106%	
, , 2011 (14)							2
100m		44.	1:06.19	310	1:08.00	106%	
800m		25.	10:26.32	347	10:40.00	104%	
100m		39.	1:20.34	230	1:18.00	94%	
, , 2011 (14)							4
50m		10.	36.36	323	55.50	233%	
100m		10.	1:19.39	337	1:20.00	102%	
200m		8.	2:52.08	340	2:55.00	103%	
200m		11.	2:41.76	311	2:45.00	104%	
, , 2013 (12)							2
400m		3.	4:44.89	535	4:43.00	99%	
1500m		2.	18:42.68	529	19:30.00	109%	
50m		3.	32.13	436	32.00	99%	
200m		1.	2:33.81	470	2:34.00	100%	
, , 2014 (11)							4
50m		17.	32.69	345	34.00	108%	
100m		14.	1:18.81	337	1:20.00	103%	
200m		5.	2:45.59	370	2:55.00	112%	
200m		10.	3:08.72	362	3:15.00	107%	
, , 2012 (13)							1
200m		29.	2:38.04	340	2:30.00	90%	
400m		21.	5:35.90	326	5:25.00	94%	
800m		29.	11:48.57	305	11:00.00	87%	
100m		41.	1:25.73	286	1:26.00	101%	
, , 2014 (11)							3
50m		9.	31.34	391	30.00	92%	
50m		3.	39.80	362	40.00	101%	
100m		14.	1:27.55	361	1:30.00	106%	
100m		20.	1:18.46	373	1:19.00	101%	
, , 2013 (12)							3
100m		8.	1:03.67	491	1:04.11	101%	
400m		6.	4:54.45	484	4:55.00	100%	
1500m		5.	19:05.42	498	19:15.00	102%	

100m		10.	1:14.63	434	1:13.00	96%	
50m	, , 2012 (13),	8.	30.21	437	30.00	99%	3
400m		2.	4:44.17	539	4:50.00	104%	
800m		3.	9:44.74	544	9:50.00	102%	
1500m		1.	18:35.87	539	19:00.00	104%	
800m	, , 2014 (11),	69.	12:13.95	216	12:00.00	96%	2
1500m		14.	22:25.19	249	23:00.00	105%	
50m		22.	40.51	154	41.00	102%	
100m		24.	1:35.32	125	1:30.00	89%	
200m	, , 2013 (12),	5.	2:17.62	514	2:19.00	102%	3
800m		4.	9:44.98	543	9:52.00	102%	
50m		2.	32.10	438	32.80	104%	
50m	, , 2014 (11),	12.	30.06	301	30.80	105%	4
50m		11.	34.79	256	35.00	101%	
100m		7.	1:10.72	308	1:11.00	101%	
200m		8.	2:35.26	352	2:38.00	104%	
50m	, , 2012 (13),	2.	26.52	439	26.80	102%	3
100m		3.	57.55	472	57.50	100%	
200m		4.	2:09.98	446	2:12.00	103%	
400m		1.	4:34.23	463	4:50.00	112%	
800m	, , 2013 (12),	46.	11:10.15	283	11:15.00	101%	4
50m		19.	38.94	183	41.00	111%	
50m		11.	41.94	210	46.00	120%	
100m		48.	1:23.34	206	1:25.00	104%	
100m	, , 2012 (13),	6.	1:03.54	494	1:02.90	98%	3
200m		4.	2:16.83	523	2:17.00	100%	
400m		5.	4:52.46	494	4:55.00	102%	
400m		6.	5:26.27	499	5:35.00	105%	
800m	, , 2014 (11),	33.	10:41.66	323	11:00.00	106%	4
50m		5.	37.03	305	37.70	104%	
100m		6.	1:21.07	317	1:21.50	101%	
200m		4.	2:53.82	330	2:57.00	104%	
100m	, , 2013 (12),	8.	1:01.58	386	1:04.00	108%	3
200m		13.	2:19.81	359	2:20.00	100%	
800m		8.	9:45.75	425	9:40.00	98%	
50m		5.	30.21	373	31.50	109%	
100m	, , 2008 (17),	2.	51.85	646	53.10	105%	3
200m		2.	1:52.20	694	1:54.00	103%	
200m		1.	2:05.23	670	2:08.00	104%	
100m	, , 2011 (14),	1.	57.51	667	57.50	100%	-
50m	, , 2014 (11),	13.	30.16	298	30.50	102%	3
100m		34.	1:06.27	309	1:07.00	102%	
800m		22.	10:25.22	349	10:50.00	108%	
50m	, , 2010 (15),	7.	25.61	487	25.50	99%	2
100m		3.	54.45	558	55.00	102%	
50m		3.	27.34	503	27.50	101%	
100m		3.	59.51	517	59.00	98%	
100m	, , 2010 (15),	5.	1:20.43	466	1:18.00	94%	-
100m		6.	1:09.82	530	1:09.00	98%	
200m		2.	2:31.29	522	2:29.00	97%	
50m	, , 2010 (15),	3.	24.84	534	25.00	101%	4
100m		1.	53.44	590	53.50	100%	
100m		1.	57.32	579	58.00	102%	
100m		1.	1:00.79	532	1:01.00	101%	
100m	, , 2014 (11),	68.	1:10.17	260	1:10.00	100%	3
50m		9.	40.51	233	41.00	102%	
200m		10.	3:07.53	263	3:15.00	108%	
200m		27.	2:46.77	284	2:55.00	110%	
100m	, , 2013 (12),	14.	1:06.18	437	1:08.00	106%	3
400m		11.	5:00.33	456	4:53.00	95%	
1500m		7.	19:24.46	474	19:30.00	101%	

100m		10.	1:14.41	401	1:16.00	104%	
	, , 2012 (13),						2
100m		48.	1:07.88	288	1:09.00	103%	
200m		27.	2:27.77	304	2:30.00	103%	
800m		34.	10:42.23	322	10:40.00	99%	
50m		15.	34.34	254	33.00	92%	
	, , 2014 (11),						3
50m		24.	36.78	242	40.00	118%	
50m		5.	42.58	295	40.00	88%	
100m		17.	1:33.07	300	1:40.00	115%	
200m		19.	3:21.50	297	3:38.00	117%	
	, , 2013 (12),						1
50m		18.	32.85	340	32.00	95%	
100m		28.	1:11.09	353	1:09.00	94%	
1500m		12.	20:42.34	390	20:30.00	98%	
200m		28.	2:54.68	339	3:00.00	106%	
	, , 2014 (11),						4
800m		15.	10:35.85	423	10:45.00	103%	
100m		7.	1:24.41	403	1:32.00	119%	
100m		12.	1:15.48	419	1:18.00	107%	
200m		11.	2:41.56	429	2:45.00	104%	
	, , 2011 (14),						4
200m		16.	2:13.76	410	2:20.00	110%	
400m		9.	4:40.33	434	4:55.00	111%	
1500m		5.	18:36.51	436	19:00.00	104%	
200m		8.	2:30.92	383	2:40.00	112%	
	, , 2011 (14),						2
50m		7.	33.37	433	33.00	98%	
100m		6.	1:12.29	437	1:13.50	103%	
200m		2.	2:33.18	468	2:42.00	112%	
200m		3.	2:41.12	432	2:40.00	99%	
	, , 2011 (14),						3
800m		11.	9:38.38	441	9:30.00	97%	
100m		8.	1:07.33	369	1:09.00	105%	
200m		7.	2:21.55	415	2:27.00	108%	
400m		2.	5:07.67	444	5:18.00	107%	
	, , 2014 (11),						-
50m		10.	29.51	318	29.00	97%	
100m		28.	1:05.58	319	1:05.00	98%	
400m		12.	5:02.15	346	4:57.00	97%	
100m		16.	1:14.16	267	1:11.00	92%	
	, , 2011 (14),						3
100m		32.	1:01.63	385	1:02.00	101%	
200m		15.	2:13.71	410	2:20.00	110%	
800m		15.	10:05.12	385	9:50.00	95%	
100m		25.	1:10.80	337	1:12.00	103%	
	, , 2014 (11),						4
100m		35.	1:06.28	309	1:08.00	105%	
200m		21.	2:23.24	333	2:24.00	101%	
400m		15.	5:06.77	331	5:10.00	102%	
800m		27.	10:34.95	333	10:45.00	103%	
	, , 2011 (14),						3
1500m		2.	18:27.66	551	19:00.00	106%	
50m		3.	36.52	468	36.50	100%	
100m		4.	1:17.66	517	1:17.70	100%	
200m		2.	2:46.42	528	2:49.00	103%	
	, , 2012 (13),						1
100m		14.	1:20.47	216	1:20.00	99%	
200m		13.	2:46.85	253	2:50.00	104%	
	, , 2011 (14),						1
100m		43.	1:06.00	313	1:10.00	112%	
400m		14.	5:09.09	323	5:00.00	94%	
800m		22.	10:17.30	363	10:10.00	98%	
100m		14.	1:14.64	271	1:13.00	96%	
	, , 2012 (13),						3
100m		43.	1:07.20	297	1:12.00	115%	
200m		18.	2:21.96	342	2:28.00	109%	
800m		11.	9:54.98	405	11:00.00	123%	
	, , 2007 (18),						-
50m		6.	29.86	405	28.50	91%	
	, , 2009 (16),						1
100m		20.	56.00	513	58.00	107%	
400m		3.	4:23.12	524	4:17.00	95%	
800m		2.	9:00.55	541	8:50.00	96%	
100m		8.	1:06.73	379	1:04.00	92%	

	, 2010 (15),						1
50m		11.	28.67	511	28.70	100%	
100m		4.	1:02.47	520	1:01.00	95%	
100m		9.	1:13.77	449	1:10.00	90%	
	, 2013 (12),						4
200m		3.	2:06.80	481	2:08.00	102%	
200m		1.	2:15.54	473	2:17.00	102%	
200m		2.	2:19.35	486	2:21.00	102%	
400m		2.	4:51.66	521	5:03.00	108%	
	, 2013 (12),						3
100m		6.	1:11.75	447	1:11.00	98%	
100m		1.	1:10.37	517	1:12.00	105%	
200m		1.	2:28.04	557	2:29.00	101%	
400m		2.	5:10.01	582	5:20.00	107%	
	, 2012 (13),						2
50m		1.	27.58	574	28.00	103%	
100m		3.	1:01.10	556	1:01.00	100%	
200m		3.	2:15.48	539	2:17.00	102%	
	, 2010 (15),						2
100m		29.	1:01.42	389	1:02.00	102%	
800m		DNF		-	9:20.00	-	
50m		7.	34.40	381	35.50	106%	
	, 2007 (18),						-
100m		6.	52.67	617	50.00	90%	
	, 2014 (11),						2
100m		111.	1:29.84	124	1:30.00	100%	
200m		59.	3:19.17	124	3:45.00	128%	
800m		78.	14:39.49	125	14:00.00	91%	
200m		25.	3:51.45	139	3:46.00	95%	
	, 2012 (13),						4
100m		57.	1:09.08	273	1:14.00	115%	
200m		33.	2:30.67	286	2:32.00	102%	
400m		22.	5:25.93	276	5:35.00	106%	
200m		32.	2:51.99	258	3:02.00	112%	
	, 2014 (11),						4
800m		33.	12:09.96	279	12:30.00	106%	
50m		19.	36.91	320	38.00	106%	
100m		20.	1:20.71	314	1:28.00	119%	
200m		9.	2:59.71	289	3:03.00	104%	
	, 2013 (12),						1
200m		2.	2:11.78	586	2:11.00	99%	
400m		1.	4:37.28	580	4:30.00	95%	
800m		2.	9:34.06	575	9:20.00	95%	
400m		5.	5:22.34	518	5:35.00	108%	
	, 2014 (11),						3
50m		21.	32.45	239	34.56	113%	
100m		77.	1:11.99	241	1:20.70	126%	
100m		25.	1:25.91	178	1:30.00	110%	
50m		15.	44.09	181	43.05	95%	
	, 2014 (11),						-
100m		31.	1:21.65	233	1:18.00	91%	
100m		48.	1:32.09	231	1:27.00	89%	
	, 2014 (11),						3
50m		19.	33.52	320	33.00	97%	
1500m		13.	21:41.59	339	22:34.00	108%	
50m		13.	36.00	345	38.00	111%	
100m		35.	1:22.74	318	1:25.00	106%	
	, 2011 (14),						4
200m		8.	2:07.16	477	2:10.00	105%	
400m		6.	4:32.59	472	4:35.00	102%	
1500m		2.	17:57.60	485	18:00.00	100%	
200m		7.	2:28.00	406	2:29.00	101%	
	, 2010 (15),						-
200m		3.	2:17.97	511	2:15.00	96%	
	, 2014 (11),						3
100m		21.	1:04.14	341	1:06.00	106%	
400m		7.	4:51.36	386	4:50.00	99%	
800m		10.	9:50.16	415	10:10.00	107%	
100m		10.	1:12.82	292	1:13.00	100%	
	, 2011 (14),						3
50m		6.	27.57	575	28.00	103%	
100m		1.	1:12.06	648	1:11.00	97%	
200m		1.	2:37.59	622	2:39.00	102%	
100m		1.	1:06.59	611	1:08.00	104%	
	, 2011 (14),						3
100m		16.	58.61	447	58.00	98%	
100m		6.	1:04.89	413	1:05.00	100%	

200m	5.	2:17.94	449	2:18.00	100%	
200m	4.	2:20.56	474	2:25.00	106%	
, , 2008 (17),						3
50m	12.	24.85	533	26.00	109%	
100m	11.	54.01	572	56.00	108%	
200m	9.	2:00.95	554	2:05.00	107%	
800m	3.	9:15.75	497	8:50.00	91%	
, , 2011 (14),						3
200m	6.	2:27.29	420	2:20.00	90%	
400m	1.	4:51.09	501	4:53.00	101%	
800m	1.	9:54.70	517	10:02.00	102%	
50m	6.	31.81	450	32.00	101%	
, , 2011 (14),						-
200m	6.	2:26.66	417	2:21.00	92%	
400m	3.	5:18.18	401	5:10.00	95%	
, , 2012 (13),						2
50m	11.	29.77	310	29.50	98%	
100m	30.	1:05.83	316	1:06.00	101%	
800m	39.	10:51.78	308	11:10.00	106%	
50m	10.	32.33	304	32.00	98%	
, , 2014 (11),						2
100m	80.	1:14.28	219	1:14.00	99%	
50m	20.	39.28	178	40.00	104%	
100m	24.	1:25.35	181	1:27.00	104%	
, , 2012 (13),						1
800m	5.	9:50.22	529	9:54.00	101%	
1500m	3.	18:55.45	511	18:50.00	99%	
50m	2.	37.43	435	37.20	99%	
200m	4.	2:51.77	480	2:51.00	99%	
, , 2013 (12),						3
100m	65.	1:10.01	262	1:16.00	118%	
200m	34.	2:31.26	283	2:40.00	112%	
800m	31.	10:38.98	327	10:55.00	105%	
, , 2012 (13),						-
100m	15.	1:06.45	432	1:04.00	93%	
200m	9.	2:23.58	453	2:20.00	95%	
400m	12.	5:09.92	415	5:00.00	94%	
800m	13.	10:29.19	436	10:15.00	96%	
, , 2013 (12),						1
1500m	11.	20:40.45	392	21:00.00	103%	
50m	4.	40.66	339	39.80	96%	
100m	12.	1:26.70	372	1:26.00	98%	
200m	9.	3:07.61	369	3:05.00	97%	
, , 2012 (13),						3
50m	3.	35.34	351	37.00	110%	
100m	5.	1:20.03	329	1:21.00	102%	
200m	5.	2:55.23	322	2:55.00	100%	
400m	3.	5:38.10	334	5:40.00	101%	
, , 2014 (11),						1
100m	29.	1:15.01	300	1:15.00	100%	
800m	21.	10:56.24	385	11:00.00	101%	
100m	22.	1:21.32	307	1:21.00	99%	
200m	35.	3:00.63	307	2:57.00	96%	
, , 2012 (13),						2
100m	5.	1:00.78	401	1:01.50	102%	
400m	9.	4:56.42	367	4:55.00	99%	
100m	6.	1:10.69	319	1:11.00	101%	
, , 2012 (13),						3
100m	1.	56.38	503	55.99	99%	
200m	1.	2:01.37	548	2:02.84	102%	
50m	1.	28.72	456	30.00	109%	
200m	1.	2:35.33	462	2:40.00	106%	
, , 2013 (12),						-
50m	32.	41.91	111	38.00	82%	
50m	26.	42.70	138	40.00	88%	
100m	35.	1:32.51	142	1:22.00	79%	
, , 2011 (14),						-
50m	6.	33.17	441	32.20	94%	
100m	4.	1:07.68	533	1:07.25	99%	
200m	1.	2:27.31	526	2:25.70	98%	
100m	13.	1:17.48	387	1:12.50	88%	
, , 2013 (12),						1
100m	19.	1:07.73	408	1:06.00	95%	
200m	7.	2:20.34	485	2:20.00	100%	
400m	4.	4:47.20	522	4:51.00	103%	
800m	7.	10:02.00	498	10:00.00	99%	

	, 2010 (15),					2
50m		9.	28.48	521	29.00	104%
100m		5.	1:03.18	503	1:03.00	99%
200m		2.	2:15.79	536	2:16.00	100%
	, 2010 (15),					-
50m		14.	27.09	412	26.70	97%
100m		22.	1:09.24	360	1:08.00	96%
	, 2014 (11),					-
400m		32.	6:11.55	186	5:30.00	79%
50m		18.	44.51	176	43.00	93%
100m		16.	1:38.07	179	1:34.00	92%
100m		59.	1:26.11	187	1:25.00	97%
	, 2012 (13),					1
100m		7.	1:01.41	389	1:01.00	99%
200m		6.	2:13.50	412	2:10.00	95%
400m		2.	4:41.73	427	4:35.00	95%
800m		2.	9:16.87	494	9:26.00	103%
	, 2010 (15),					-
50m		4.	24.92	529	24.91	100%
50m		1.	26.79	535	26.70	99%
100m		3.	59.51	517	58.70	97%
200m		2.	2:15.48	490	2:12.00	95%
	, 2014 (11),					1
800m		20.	10:23.85	351	11:00.00	112%
50m		10.	34.51	262	32.00	86%
200m		11.	2:39.28	291	2:39.00	100%
50m		6.	37.23	300	36.00	94%
	, 2010 (15),					3
100m		26.	1:00.80	401	1:03.00	107%
800m		24.	10:25.32	349	10:00.00	92%
100m		9.	1:07.77	362	1:09.00	104%
200m		9.	2:29.86	350	2:33.00	104%
	, 2013 (12),					2
100m		26.	1:05.40	322	1:06.00	102%
200m		24.	2:25.00	321	2:21.00	95%
400m		16.	5:07.87	327	5:00.00	95%
200m		21.	2:40.35	319	2:44.00	105%
	, 2014 (11),					3
400m		20.	5:35.09	328	5:40.00	103%
1500m		14.	22:36.55	300	22:00.00	95%
100m		18.	1:20.34	318	1:25.00	112%
200m		8.	2:53.43	322	2:56.00	103%
	, 2010 (15),					1
200m		12.	2:10.09	445	2:09.00	98%
400m		5.	4:32.16	474	4:25.00	95%
800m		8.	9:25.38	472	9:24.00	100%
1500m		1.	17:37.57	513	18:05.00	105%
	, 2012 (13),					1
200m		23.	2:24.98	321	2:19.00	92%
1500m		9.	19:20.49	388	21:00.00	118%
100m		32.	1:17.84	253	1:16.00	95%
200m		31.	2:48.88	273	2:40.00	90%
	, 2011 (14),					-
200m		4.	2:21.68	471	2:20.00	98%
	, 2009 (16),					-
50m		1.	39.05	383	36.50	87%
	, 2013 (12),					3
800m		16.	10:36.33	422	10:40.00	101%
100m		8.	1:24.61	400	1:28.00	108%
100m		15.	1:16.13	408	1:18.00	105%
200m		15.	2:43.69	412	2:40.00	96%
	, 2012 (13),					3
50m		13.	30.16	298	NT	-
100m		12.	1:02.63	366	1:04.00	104%
200m		28.	2:28.27	301	NT	-
50m		8.	31.48	329	32.64	108%
100m		16.	1:13.67	299	1:14.00	101%
	, 2011 (14),					2
800m		13.	9:51.30	413	9:26.00	92%
1500m		7.	19:02.53	407	18:05.00	90%
50m		9.	35.79	338	38.00	113%
100m		26.	1:10.88	336	1:13.90	109%
	, 2014 (11),					1
100m		85.	1:15.34	210	1:15.00	99%
50m		16.	44.22	179	43.00	95%
100m		51.	1:23.95	202	1:24.00	100%
200m		40.	3:01.97	218	2:58.00	96%

						-
200m	25.	2:25.22	320	2:24.00	98%	
800m	13.	10:12.87	371	10:10.00	99%	
200m	10.	2:38.46	296	2:36.00	97%	
200m	26.	2:46.66	284	2:45.00	98%	
						1
100m	42.	1:06.87	301	1:10.00	110%	
800m	51.	11:19.63	272	10:50.00	91%	
50m	9.	31.57	327	31.00	96%	
						4
100m	9.	56.83	491	58.00	104%	
200m	4.	2:02.89	528	2:03.00	100%	
800m	5.	9:08.76	517	9:20.00	104%	
100m	5.	1:05.08	434	1:06.00	103%	
						4
50m	2.	29.26	578	29.84	104%	
100m	2.	1:04.13	598	1:04.88	102%	
200m	1.	2:26.81	540	2:35.00	111%	
400m	2.	5:07.41	597	5:09.38	101%	
						1
100m	6.	1:03.62	492	1:04.00	101%	
100m	12.	1:17.26	391	1:11.00	84%	
						2
100m	1.	58.81	623	1:00.90	107%	
400m	1.	4:58.92	650	5:10.00	108%	
						2
50m	5.	28.27	362	28.70	103%	
50m	3.	30.10	396	30.95	106%	
100m	3.	1:06.08	391	1:06.00	100%	
200m	4.	2:22.79	404	2:20.00	96%	
						4
100m	86.	1:15.37	210	1:25.00	127%	
200m	50.	2:48.22	206	2:53.00	106%	
400m	28.	5:57.70	208	6:12.00	108%	
800m	68.	12:10.07	219	12:24.00	104%	
						2
100m	110.	1:29.76	124	1:30.00	101%	
800m	79.	14:54.99	119	14:10.00	90%	
100m	36.	1:43.96	100	1:35.00	84%	
100m	68.	1:43.47	108	1:50.00	113%	
						3
100m	4.	1:00.00	417	1:02.00	107%	
100m	5.	1:08.67	348	1:09.00	101%	
50m	3.	30.06	378	31.00	106%	
						3
200m	9.	2:15.04	398	2:15.00	100%	
400m	4.	4:42.70	423	4:50.00	105%	
1500m	4.	18:19.84	456	19:00.00	107%	
200m	9.	2:35.86	348	2:38.00	103%	
						2
100m	2.	1:00.55	571	1:00.50	100%	
50m	2.	30.97	541	31.00	100%	
50m	1.	29.65	555	30.00	102%	
200m	3.	2:29.47	541	2:25.00	94%	
						2
200m	1.	2:07.59	646	2:08.00	101%	
400m	1.	4:32.01	614	4:32.00	100%	
50m	1.	28.78	607	28.50	98%	
100m	2.	1:06.33	618	1:06.50	101%	
						3
100m	92.	1:16.75	199	1:17.00	101%	
200m	44.	2:39.53	241	2:40.00	101%	
400m	24.	5:30.82	264	5:35.00	103%	
800m	53.	11:21.95	269	11:15.00	98%	
						-
50m	3.	24.05	589	23.50	95%	
100m	5.	52.55	621	52.00	98%	
50m	1.	29.47	606	29.00	97%	
200m	1.	2:17.85	662	2:16.00	97%	
						280
						1
50m	1.	31.28	525	31.50	101%	
50m	2.	29.77	549	29.14	96%	
100m	2.	1:09.92	461	1:09.00	97%	
100m	3.	1:09.52	537	1:08.12	96%	

	, 2013 (12),						2
100m		99.	1:19.48	179	1:20.00	101%	
100m		27.	1:27.40	169	1:28.00	101%	
200m		46.	3:18.15	169	3:15.00	97%	
	, 2014 (11),						-
50m		18.	30.87	278	30.50	98%	
100m		59.	1:09.17	272	1:09.00	100%	
50m		13.	33.07	284	32.50	97%	
100m		19.	1:18.23	227	1:16.00	94%	
	, 2008 (17),						-
50m		14.	25.39	500	25.00	97%	
	, 2012 (13),						2
50m		16.	30.70	283	30.00	95%	
100m		39.	1:06.51	306	1:06.00	98%	
100m		12.	1:14.87	268	1:15.00	100%	
100m		24.	1:15.75	275	1:17.00	103%	
	, 2012 (13),						-
100m		75.	1:11.03	251	1:10.00	97%	
50m		10.	41.06	224	38.00	86%	
50m		19.	35.94	221	35.00	95%	
100m		45.	1:22.92	209	1:20.00	93%	
	, 2010 (15),						-
100m		23.	59.73	423	58.00	94%	
50m		8.	28.62	438	28.20	97%	
100m		23.	1:09.76	352	1:08.50	96%	
	, 2013 (12),						4
100m		9.	1:01.84	381	1:02.50	102%	
200m		7.	2:14.55	402	2:17.00	104%	
800m		12.	10:05.69	384	10:10.00	101%	
100m		7.	1:10.74	338	1:13.00	106%	
	, 2011 (14),						2
400m		2.	4:54.82	482	4:50.00	97%	
100m		5.	1:09.03	502	1:10.50	104%	
100m		7.	1:11.38	496	1:11.50	100%	
	, 2012 (13),						3
200m		15.	2:27.12	421	2:35.00	111%	
50m		21.	36.99	318	36.00	95%	
100m		11.	1:14.99	427	1:18.00	108%	
200m		14.	2:43.65	412	2:48.00	105%	
	, 2009 (16),						-
50m		5.	24.25	574	24.16	99%	
100m		8.	52.89	609	52.56	99%	
200m		7.	1:58.82	584	1:58.59	100%	
100m		3.	1:00.30	545	1:00.00	99%	
	, 2011 (14),						2
100m		3.	1:14.91	576	1:15.90	103%	
100m		5.	1:08.41	563	1:08.30	100%	
200m		1.	2:29.41	542	2:31.00	102%	
400m		3.	5:25.76	502	5:20.00	96%	
	, 2010 (15),						1
50m		9.	25.93	469	26.00	101%	
100m		6.	56.40	502	56.00	99%	
100m		7.	1:05.24	430	1:05.00	99%	
	, 2012 (13),						-
100m		52.	1:08.43	281	1:06.00	93%	
100m		19.	1:14.70	287	1:13.00	96%	
200m		30.	2:48.77	274	2:40.00	90%	
	, 2012 (13),						2
50m		4.	29.48	470	30.00	104%	
100m		12.	1:04.86	465	1:05.00	100%	
200m		14.	2:25.92	432	2:24.00	97%	
400m		13.	5:10.30	414	5:00.00	93%	
	, 2004 (21),						1
100m		2.	51.73	651	50.50	95%	
50m		1.	27.30	531	26.50	94%	
50m		2.	29.36	613	29.50	101%	
100m		1.	55.75	629	54.00	94%	
	, 2013 (12),						3
100m		62.	1:09.51	268	1:15.00	116%	
400m		27.	5:41.97	239	6:10.00	117%	
800m		60.	11:55.84	232	12:35.00	111%	
100m		43.	1:21.65	219	1:20.00	96%	
	, 2013 (12),						2
100m		23.	1:37.16	264	1:39.28	104%	
200m		23.	3:32.93	252	3:30.22	97%	
100m		42.	1:26.82	275	1:26.87	100%	
200m		46.	3:12.77	252	3:10.50	98%	

	, 2010 (15),						-
50m		4.	27.48	580	27.30	99%	
200m		1.	2:14.18	555	2:10.00	94%	
	, 2012 (13),						1
800m		26.	10:32.53	337	10:20.00	96%	
1500m		13.	20:13.18	340	19:50.00	96%	
100m		10.	1:11.85	322	1:12.50	102%	
	, 2013 (12),						2
100m		25.	1:26.35	256	1:29.00	106%	
100m		44.	1:28.16	263	1:31.00	107%	
	, 2014 (11),						1
50m		20.	47.20	147	45.00	91%	
100m		22.	1:42.86	155	1:39.00	93%	
200m		19.	3:33.73	177	3:37.00	103%	
	, 2010 (15),						-
50m		2.	27.12	604	27.00	99%	
50m		1.	29.04	657	28.42	96%	
50m		1.	28.83	604	28.51	98%	
	, 2014 (11),						4
800m		17.	10:41.21	412	11:10.00	109%	
50m		12.	35.63	355	37.00	108%	
100m		13.	1:18.01	348	1:21.00	108%	
100m		23.	1:18.84	368	1:20.00	103%	
	, 2010 (15),						2
50m		16.	27.29	403	27.00	98%	
100m		35.	1:02.53	368	1:03.00	102%	
100m		27.	1:10.96	334	1:12.00	103%	
	, 2014 (11),						-
100m		23.	1:08.20	399	1:08.00	99%	
200m		20.	2:31.15	388	2:26.00	93%	
	, 2012 (13),						3
50m		5.	29.70	460	30.00	102%	
50m		4.	32.26	479	32.00	98%	
100m		3.	1:09.49	492	1:10.00	101%	
100m		5.	1:12.09	481	1:13.00	103%	
	, 2013 (12),						1
100m		44.	1:21.97	217	1:23.00	103%	
	, 2012 (13),						4
50m		8.	28.91	339	29.00	101%	
100m		14.	1:02.73	365	1:05.00	107%	
50m		6.	30.26	371	31.00	105%	
100m		2.	1:05.22	393	1:10.00	115%	
	, 2014 (11),						2
100m		27.	1:42.55	224	1:45.00	105%	
200m		24.	3:33.50	250	3:30.00	97%	
100m		50.	1:33.97	217	1:39.00	111%	
	, 2010 (15),						2
50m		10.	28.65	512	30.13	111%	
50m		9.	33.63	423	33.00	96%	
100m		7.	1:12.47	434	1:11.00	96%	
100m		8.	1:13.32	457	1:14.00	102%	
	, 2012 (13),						-
100m		27.	1:16.47	267	1:14.00	94%	
	, 2011 (14),						1
50m		4.	24.92	529	25.20	102%	
100m		8.	56.80	491	55.20	94%	
200m		7.	2:06.71	482	2:04.00	96%	
400m		7.	4:38.08	444	4:30.00	94%	
	, 2013 (12),						1
50m		14.	31.96	369	32.00	100%	
50m		15.	36.22	338	36.00	99%	
100m		19.	1:20.44	317	1:18.00	94%	
100m		28.	1:20.71	343	1:20.00	98%	
	, 2010 (15),						3
100m		13.	57.64	470	59.00	105%	
200m		6.	2:05.57	495	2:10.00	107%	
100m		8.	1:05.40	427	1:08.00	108%	
	, 2008 (17),						2
50m		11.	24.83	535	24.80	100%	
50m		2.	27.82	501	28.00	101%	
100m		2.	59.94	524	1:00.00	100%	
200m		4.	2:17.21	456	2:10.00	90%	
	, 2013 (12),						1
100m		91.	1:16.43	201	1:16.23	99%	
50m		13.	42.67	199	40.39	90%	
100m		46.	1:23.10	208	1:23.00	100%	
200m		43.	3:09.48	193	3:09.56	100%	

	, 2012 (13),						1
100m		50.	1:23.76	203	1:24.00	101%	
200m		38.	3:01.64	219	3:01.00	99%	
	, 2010 (15),						1
100m		7.	56.61	496	56.00	98%	
50m		1.	29.91	580	29.70	99%	
100m		1.	1:07.05	560	1:07.00	100%	
200m		1.	2:30.13	512	2:34.00	105%	
	, 2012 (13),						3
50m		15.	30.35	293	31.00	104%	
100m		53.	1:08.51	280	1:10.00	104%	
50m		16.	34.36	253	33.50	95%	
100m		41.	1:20.29	231	1:21.00	102%	
	, 2012 (13),						-
50m		10.	31.41	389	30.00	91%	
100m		20.	1:35.89	275	1:29.00	86%	
200m		21.	3:22.63	292	3:10.00	88%	
100m		27.	1:19.71	356	1:18.00	96%	
	, 2006 (19),						1
100m		1.	1:00.80	532	1:01.00	101%	
	, 2012 (13),						1
50m		7.	31.04	344	31.00	100%	
100m		6.	1:09.29	327	1:10.00	102%	
200m		4.	2:37.30	313	2:35.00	97%	
	, 2012 (13),						-
50m		7.	30.07	443	29.00	93%	
100m		9.	1:03.99	484	1:03.00	97%	
50m		9.	35.02	374	33.00	89%	
	, 2010 (15),						2
1500m		1.	18:22.94	558	18:50.00	105%	
50m		4.	30.14	529	30.20	100%	
100m		3.	1:08.31	495	1:06.00	93%	
200m		2.	2:30.14	505	2:30.00	100%	
	, 2013 (12),						1
100m		11.	1:26.09	380	1:25.00	97%	
100m		19.	1:18.00	380	1:15.00	92%	
200m		17.	2:45.23	401	2:43.00	97%	
400m		9.	5:48.06	411	5:50.00	101%	
	, 2009 (16),						1
50m		18.	25.63	486	26.00	103%	
100m		27.	58.13	458	58.00	100%	
100m		6.	1:12.26	447	1:11.00	97%	
	, 2014 (11),						1
50m		25.	38.37	284	39.00	103%	
100m		22.	1:37.11	264	1:37.00	100%	
100m		7.	1:38.18	166	1:35.00	94%	
	, 2014 (11),						2
800m		49.	11:13.63	279	11:30.00	105%	
50m		12.	35.09	250	34.00	94%	
100m		13.	1:16.13	255	1:17.00	102%	
	, 2008 (17),						-
100m		4.	1:10.10	523	1:09.50	98%	
200m		4.	2:38.07	458	2:32.00	92%	
	, 2014 (11),						2
50m		17.	38.15	194	36.00	89%	
100m		21.	1:23.24	195	1:25.00	104%	
50m		21.	47.74	142	45.00	89%	
200m		45.	3:13.56	181	3:20.00	107%	
	, 2014 (11),						1
100m		102.	1:21.18	168	1:24.00	107%	
	, 2013 (12),						3
100m		73.	1:10.84	253	1:10.00	98%	
800m		43.	11:01.96	294	11:10.00	102%	
100m		38.	1:18.64	246	1:23.00	111%	
200m		35.	2:52.92	254	3:00.00	108%	
	, 2007 (18),						-
100m		2.	58.75	537	57.00	94%	
	, 2012 (13),						-
50m		6.	28.30	361	28.19	99%	
	, 2012 (13),						3
100m		25.	1:04.96	328	1:07.00	106%	
100m		14.	1:13.40	302	1:15.00	104%	
200m		19.	2:39.67	323	2:42.00	103%	
	, 2013 (12),						-
800m		32.	12:09.04	280	11:42.00	93%	
200m		18.	3:20.57	302	3:15.00	95%	

						1
, 2013 (12),						
50m	7.	28.89	339	28.50	97%	
100m	20.	1:04.12	341	1:03.00	97%	
100m	11.	1:11.89	322	1:12.00	100%	
, 2014 (11),						2
50m	19.	30.88	278	31.00	101%	
100m	49.	1:08.10	285	1:09.00	103%	
200m	35.	2:31.51	282	2:28.00	95%	
400m	23.	5:30.49	264	5:25.00	97%	
, 2014 (11),						1
50m	26.	39.24	266	38.50	96%	
100m	19.	1:35.37	279	1:34.00	97%	
100m	5.	1:30.56	212	1:27.00	92%	
100m	32.	1:21.84	329	1:24.00	105%	
, 2009 (16),						-
100m	2.	1:05.10	459	1:03.80	96%	
200m	3.	2:22.30	465	2:21.00	98%	
100m	8.	1:17.30	390	1:14.00	92%	
, 2012 (13),						3
100m	19.	1:04.11	342	1:04.00	100%	
50m	1.	33.43	415	34.00	103%	
100m	2.	1:14.28	412	1:17.00	107%	
100m	5.	1:10.20	345	1:11.00	102%	
, 2010 (15),						3
50m	5.	28.28	454	28.00	98%	
100m	8.	1:01.62	466	1:02.50	103%	
100m	11.	1:06.73	402	1:06.98	101%	
200m	2.	2:19.61	484	2:20.83	102%	
, 2007 (18),						2
50m	1.	23.26	651	23.00	98%	
100m	1.	50.93	682	51.00	100%	
50m	1.	26.10	607	26.00	99%	
100m	1.	58.50	597	58.60	100%	
, 2008 (17),						1
50m	1.	27.55	576	28.00	103%	
, 2011 (14),						1
100m	46.	1:08.21	284	1:08.00	99%	
800m	26.	10:53.96	305	11:10.00	105%	
50m	12.	34.71	246	34.00	96%	
100m	37.	1:15.87	274	1:15.00	98%	
, 2014 (11),						3
200m	24.	2:33.96	367	2:37.75	105%	
100m	25.	1:19.29	362	1:23.05	110%	
200m	23.	2:51.18	360	2:54.00	103%	
400m	12.	6:14.62	330	6:10.00	98%	
, 2011 (14),						2
50m	15.	31.12	400	31.00	99%	
50m	13.	35.90	347	35.00	95%	
50m	4.	41.52	319	44.00	112%	
50m	8.	34.65	348	35.00	102%	
, 2008 (17),						-
100m	15.	55.33	532	53.69	94%	
100m	3.	59.17	526	58.50	98%	
100m	2.	1:00.21	548	59.51	98%	
200m	3.	2:12.84	562	2:10.90	97%	
, 2011 (14),						-
100m	41.	1:04.66	333	1:04.00	98%	
50m	5.	32.21	323	32.00	99%	
100m	13.	1:14.14	277	1:06.00	79%	
100m	31.	1:12.00	320	1:10.00	95%	
, 2012 (13),						2
100m	25.	1:09.96	370	1:10.00	100%	
200m	27.	2:34.62	363	2:34.00	99%	
400m	18.	5:29.51	345	5:30.00	100%	
50m	16.	36.33	335	36.00	98%	
, 2013 (12),						1
50m	7.	33.86	414	34.20	102%	
50m	4.	32.24	432	32.00	99%	
100m	6.	1:12.59	471	1:10.50	94%	
200m	9.	2:39.73	444	2:39.00	99%	
, 2014 (11),						-
100m	32.	1:23.94	214	1:19.00	89%	
100m	29.	1:36.88	181	1:29.00	84%	
100m	28.	1:42.62	224	1:38.00	91%	
100m	49.	1:33.70	219	1:27.00	86%	

200m	10.	2:09.39	452	2:12.50	105%	
100m	14.	1:07.91	382	1:10.00	106%	
, , 2006 (19),						1
100m	1.	51.25	669	51.50	101%	
, , 2014 (11),						2
100m	24.	1:09.60	376	1:12.00	107%	
100m	16.	1:19.58	328	1:17.00	94%	
200m	22.	2:49.71	370	2:48.00	98%	
400m	11.	5:56.10	384	6:00.00	102%	
, , 2014 (11),						-
50m	25.	40.66	179	38.00	87%	
100m	29.	1:54.50	161	1:51.00	94%	
100m	51.	1:39.06	185	1:37.00	96%	
, , 2013 (12),						4
50m	14.	37.46	205	39.00	108%	
100m	20.	1:22.84	198	1:25.00	105%	
200m	17.	2:55.71	217	3:00.00	105%	
200m	39.	3:01.79	219	3:05.00	104%	
, , 2008 (17),						-
50m	3.	28.84	502	28.50	98%	
50m	2.	32.75	458	31.44	92%	
100m	4.	1:15.08	373	1:11.00	89%	
, , 2012 (13),						3
400m	6.	4:48.14	399	4:48.54	100%	
100m	5.	1:08.89	333	1:09.16	101%	
200m	2.	2:29.76	363	2:30.07	100%	
200m	7.	2:35.12	353	2:34.68	99%	
, , 2007 (18),						1
50m	3.	29.90	581	NT	-	
100m	2.	1:05.25	608	1:06.33	103%	
, , 2013 (12),						4
100m	66.	1:10.07	262	1:11.00	103%	
200m	38.	2:33.32	272	2:39.50	108%	
400m	20.	5:24.91	278	5:44.00	112%	
800m	47.	11:11.46	282	11:50.00	112%	
, , 2011 (14),						3
50m	6.	25.50	494	25.80	102%	
100m	19.	59.41	429	1:00.00	102%	
50m	7.	28.58	440	29.30	105%	
, , 2013 (12),						2
400m	13.	5:04.67	338	5:06.00	101%	
200m	24.	2:43.12	303	2:48.00	106%	
, , 2009 (16),						1
50m	13.	25.09	518	24.00	92%	
100m	21.	56.03	512	54.00	93%	
100m	6.	1:03.33	471	1:04.00	102%	
, , 2014 (11),						2
200m	24.	3:50.67	141	3:52.00	101%	
200m	47.	3:21.17	161	3:29.65	109%	
, , 2011 (14),						-
100m	49.	1:13.31	228	1:09.00	89%	
, , 2014 (11),						2
100m	109.	1:28.54	129	1:35.00	115%	
100m	67.	1:41.46	114	1:45.00	107%	
, , 2013 (12),						1
200m	31.	2:42.17	314	2:33.00	89%	
200m	37.	3:02.24	298	3:03.20	101%	
, , 2011 (14),						4
50m	11.	26.74	428	27.50	106%	
50m	1.	28.73	455	29.30	104%	
100m	3.	1:04.19	426	1:04.40	101%	
100m	18.	1:08.67	369	1:10.00	104%	
, , 2010 (15),						3
100m	31.	1:01.51	387	1:03.52	107%	
50m	6.	28.43	447	30.33	114%	
100m	17.	1:08.38	374	1:13.00	114%	
, , 2011 (14),						-
50m	18.	27.60	389	27.00	96%	
100m	34.	1:02.48	369	1:01.00	95%	
100m	29.	1:11.60	326	1:10.00	96%	
, , 2012 (13),						1
100m	63.	1:09.63	267	1:11.00	104%	
100m	28.	1:16.62	266	1:16.00	98%	
, , 2014 (11),						-
100m	37.	1:44.73	98	1:40.00	91%	
50m	23.	50.21	122	49.00	95%	

50m			15.	25.55	491	25.50	100%
100m			16.	55.40	530	55.00	99%
100m			8.	1:05.09	433	1:04.50	98%
50m			24.	34.06	207	32.00	88%
100m			81.	1:14.29	219	1:10.00	89%
200m			43.	2:39.12	243	2:38.00	99%
100m			58.	1:26.08	187	1:23.00	93%
100m			87.	1:15.40	210	1:16.00	102%
800m			71.	12:17.79	212	11:50.00	93%
100m			15.	1:20.65	215	1:22.00	103%
200m			18.	2:55.77	217	2:57.00	101%
50m			5.	33.34	419	34.50	107%
100m			4.	1:12.58	441	1:15.00	107%
200m			5.	2:42.72	402	2:49.00	108%
200m			9.	2:32.58	370	2:35.00	103%
100m			67.	1:10.12	261	1:10.00	100%
100m			11.	1:30.56	227	1:29.00	97%
200m			12.	3:09.61	254	3:05.00	95%
100m			47.	1:23.32	206	1:20.00	92%
50m			17.	30.80	280	31.00	101%
100m			70.	1:10.31	259	1:10.21	100%
50m			16.	38.09	195	41.18	117%
100m			37.	1:18.58	246	1:20.59	105%
200m			12.	3:10.01	355	3:13.00	103%
50m			11.	34.79	344	33.50	93%
100m			21.	1:18.63	371	1:21.50	107%
200m			26.	2:52.96	349	2:56.00	104%
100m			21.	1:35.92	274	1:40.00	109%
200m			17.	3:19.40	307	3:30.00	111%
100m			45.	1:30.71	241	1:34.00	107%
200m			48.	3:15.46	242	3:23.00	108%
100m			15.	58.29	455	58.00	99%
200m			13.	2:10.27	443	2:12.00	103%
100m			10.	1:06.34	409	1:05.50	97%
200m			5.	2:26.42	419	2:30.00	105%
100m			18.	1:07.71	408	1:11.00	110%
200m			16.	2:27.57	417	2:37.00	113%
50m			20.	36.98	318	36.75	99%
200m			29.	2:57.72	322	3:22.19	129%
200m			14.	2:12.22	424	2:07.00	92%
400m			11.	4:41.91	426	4:35.00	95%
800m			12.	9:49.33	417	9:24.00	92%
1500m			4.	18:36.20	436	18:00.00	94%
100m			22.	1:04.53	335	1:06.00	105%
200m			14.	2:20.41	354	2:25.00	107%
400m			10.	4:57.44	363	5:03.00	104%
200m			23.	2:41.98	310	2:49.00	109%
50m			13.	29.74	458	28.50	92%
100m			8.	1:05.98	441	1:02.00	88%
50m			8.	33.41	431	32.50	95%
50m			3.	27.24	405	28.00	106%
100m			6.	1:01.30	391	1:02.00	102%
50m			2.	30.02	380	29.00	93%
100m			4.	1:07.88	348	1:08.00	100%
100m			14.	57.66	470	58.30	102%
200m			9.	2:08.73	459	2:05.00	94%
800m			9.	9:26.36	470	9:20.00	98%
200m			11.	2:24.61	443	2:24.00	99%
400m			14.	5:11.57	409	5:10.00	99%
50m			3.	32.25	479	32.50	102%
200m			4.	2:33.55	464	2:32.00	98%

	, 2013 (12),						3
100m		64.	1:10.00	262	1:10.00	100%	
200m		41.	2:36.31	256	2:40.00	105%	
800m		56.	11:28.43	261	11:50.00	106%	
100m		33.	1:17.97	252	1:19.00	103%	
	, 2012 (13),						2
100m		40.	1:06.71	303	1:07.00	101%	
800m		50.	11:19.27	272	11:02.00	95%	
100m		31.	1:17.78	254	1:18.00	101%	
	, 2012 (13),						1
50m		16.	32.63	347	32.90	102%	
200m		32.	2:47.97	283	2:35.00	85%	
100m		38.	1:25.28	290	1:22.00	92%	
	, 2008 (17),						2
50m		2.	28.74	507	29.20	103%	
100m		6.	1:10.98	504	1:11.00	100%	
200m		3.	2:37.49	463	2:35.00	97%	
	, 2010 (15),						-
100m		40.	1:04.63	333	1:03.00	95%	
50m		10.	31.67	323	30.05	90%	
100m		36.	1:14.68	287	1:13.10	96%	
	, 2012 (13),						4
50m		1.	34.31	565	35.13	105%	
100m		1.	1:14.65	582	1:15.50	102%	
200m		1.	2:46.88	524	2:47.00	100%	
200m		5.	2:31.86	516	2:37.00	107%	
	, 2013 (12),						1
50m		7.	34.02	274	33.50	97%	
200m		9.	2:37.13	303	2:35.00	97%	
200m		20.	2:39.79	322	2:40.00	100%	
	, 2014 (11),						1
100m		41.	1:06.84	301	1:05.00	95%	
200m		29.	2:28.55	299	2:25.00	95%	
800m		48.	11:12.75	280	10:50.00	93%	
50m		12.	32.75	292	33.00	102%	
	, 2014 (11),						2
50m		23.	37.14	314	37.00	99%	
100m		21.	1:21.14	309	1:24.00	107%	
100m		36.	1:24.72	296	1:24.00	98%	
200m		38.	3:02.47	297	3:05.00	103%	
	, 2010 (15),						-
100m		11.	1:12.07	301	1:08.00	89%	
100m		28.	1:11.39	328	1:09.00	93%	
	, 2013 (12),						4
100m		23.	1:04.73	332	1:07.00	107%	
200m		16.	2:20.58	353	2:30.00	114%	
800m		24.	10:27.20	346	11:21.00	118%	
100m		20.	1:14.92	284	1:18.00	108%	
	, 2014 (11),						3
50m		22.	33.65	215	34.00	102%	
100m		89.	1:15.83	206	1:13.00	93%	
100m		19.	1:41.47	161	1:45.00	107%	
100m		60.	1:27.09	181	1:30.00	107%	
	, 2014 (11),						-
50m		21.	34.16	302	NT	-	
50m		27.	39.81	255	NT	-	
100m		27.	1:26.53	255	NT	-	
	, 2008 (17),						2
50m		2.	23.58	624	24.00	104%	
100m		4.	52.54	621	53.00	102%	
50m		4.	30.55	544	29.30	92%	
50m		1.	26.31	564	26.00	98%	
	, 2012 (13),						2
800m		30.	10:37.67	329	10:50.00	104%	
50m		5.	33.30	292	32.00	92%	
100m		23.	1:15.68	276	1:16.00	101%	
	, 2010 (15),						-
100m		39.	1:04.47	336	NT	-	
100m		33.	1:12.46	314	1:12.00	99%	
200m		10.	2:40.30	319	2:39.00	98%	
	, 2012 (13),						-
800m		64.	12:02.40	226	11:20.00	89%	
	, 2014 (11),						-
100m		33.	1:30.55	152	1:25.00	88%	
100m		13.	1:34.44	200	1:33.00	97%	
200m		16.	3:22.28	209	3:10.00	88%	

	, 2011 (14),						3
50m		19.	28.90	339	30.00	108%	
100m		37.	1:03.74	348	1:05.00	104%	
100m		34.	1:12.65	312	1:14.00	104%	
	, 2008 (17),						2
50m		4.	28.65	459	28.00	96%	
100m		3.	59.96	523	1:00.00	100%	
200m		3.	2:07.35	570	2:10.00	104%	
	, 2008 (17),						2
200m		1.	2:47.24	520	2:45.00	97%	
100m		1.	1:05.26	649	1:05.88	102%	
200m		1.	2:24.29	602	2:26.00	102%	
	, 2008 (17),						1
100m		1.	1:06.57	535	1:09.00	107%	
	, 2013 (12),						-
200m		10.	2:24.58	444	2:21.00	95%	
100m		8.	1:14.19	441	1:14.00	99%	
	, 2009 (16),						2
50m		8.	24.69	544	24.90	102%	
100m		18.	55.68	522	56.70	104%	
100m		5.	1:03.01	451	1:02.71	99%	
	, 2011 (14),						2
50m		21.	29.90	306	29.00	94%	
100m		47.	1:08.27	283	1:09.00	102%	
800m		30.	11:22.67	268	11:00.00	93%	
50m		9.	31.61	325	33.00	109%	
	, 2014 (11),						2
50m		16.	37.01	285	38.60	109%	
100m		4.	1:26.03	247	1:26.00	100%	
100m		40.	1:25.45	289	1:30.00	111%	
	, 2010 (15),						3
100m		21.	59.59	426	59.00	98%	
50m		2.	29.64	415	30.00	102%	
100m		4.	1:04.66	417	1:05.00	101%	
100m		12.	1:06.79	401	1:08.00	104%	
	, 2009 (16),						-
50m		6.	24.30	571	23.90	97%	
100m		14.	54.64	552	52.90	94%	
	, 2009 (16),						1
50m		9.	24.73	541	23.80	93%	
50m		3.	28.41	471	29.00	104%	
	, 2008 (17),						-
100m		24.	56.86	490	55.00	94%	
50m		2.	29.49	605	29.30	99%	
100m		1.	1:05.04	613	1:03.30	95%	
200m		2.	2:24.01	580	2:19.70	94%	
	, 2013 (12),						1
100m		37.	1:25.16	292	1:27.00	104%	
200m		43.	3:07.92	272	3:06.00	98%	
	, 2012 (13),						2
200m		12.	2:19.79	359	2:20.20	101%	
100m		6.	1:10.72	338	1:13.20	107%	
	, 2011 (14),						2
50m		8.	35.27	353	36.50	107%	
100m		9.	1:18.10	354	1:19.00	102%	
100m		30.	1:11.63	325	1:10.00	96%	
	, 2014 (11),						-
100m		95.	1:17.90	190	1:15.00	93%	
100m		28.	1:28.50	162	1:26.00	94%	
100m		17.	1:39.13	173	1:28.00	79%	
100m		53.	1:24.72	196	1:23.00	96%	
	, 2014 (11),						3
100m		51.	1:08.30	282	1:10.00	105%	
50m		13.	37.32	207	39.50	112%	
50m		18.	35.50	229	36.60	106%	
	, 2012 (13),						3
100m		17.	1:03.65	349	1:06.00	108%	
800m		16.	10:16.22	365	11:00.00	115%	
100m		17.	1:13.81	297	1:16.00	106%	
	, 2012 (13),						-
100m		26.	1:10.65	359	1:09.00	95%	
50m		14.	36.09	308	34.00	89%	
100m		30.	1:21.44	334	1:20.00	96%	
200m		36.	3:01.22	304	2:50.00	88%	

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"	"						46
	, 2013 (12),						2
100m		103.	1:21.39	167	1:22.00	102%	
200m		51.	2:50.63	197	2:45.00	94%	
100m		63.	1:30.61	160	1:32.00	103%	
	, 2011 (14),						2
100m		36.	1:02.85	363	1:02.00	97%	
200m		17.	2:19.38	362	2:18.00	98%	
400m		12.	4:57.36	363	5:05.00	105%	
800m		19.	10:10.71	375	10:20.00	103%	
	, 2013 (12),						1
100m		47.	1:07.49	293	1:06.00	96%	
200m		26.	2:26.26	313	2:25.00	98%	
800m		19.	10:23.52	352	10:50.00	109%	
50m		17.	35.49	230	34.00	92%	
	, 2014 (11),						1
400m		24.	6:22.11	221	5:45.00	82%	
50m		28.	41.39	227	39.00	89%	
100m		28.	1:29.34	231	1:31.00	104%	
200m		26.	3:51.11	197	3:29.00	82%	
	, 2014 (11),						-
50m		31.	39.23	135	38.00	94%	
50m		23.	41.73	148	40.00	92%	
100m		29.	1:28.94	160	1:26.00	93%	
200m		20.	3:08.56	175	3:06.00	97%	
	, 2011 (14),						1
100m		38.	1:03.95	344	1:04.00	100%	
	, 2013 (12),						1
100m		101.	1:20.16	175	1:19.00	97%	
200m		54.	2:52.43	191	2:45.00	92%	
400m		30.	5:59.22	206	5:50.00	95%	
800m		70.	12:14.98	215	12:24.00	102%	
	, 2006 (19),						1
50m		1.	28.75	653	28.92	101%	
	, 2012 (13),						2
50m		4.	31.29	352	31.00	98%	
100m		4.	1:06.88	377	1:07.00	100%	
100m		3.	1:08.94	365	1:10.00	103%	
200m		3.	2:30.54	386	2:30.00	99%	
	, 2009 (16),						2
50m		20.	25.74	480	25.90	101%	
100m		17.	55.54	526	55.00	98%	
200m		10.	2:01.94	541	2:05.00	105%	
400m		4.	4:25.13	513	4:18.00	95%	
	, 2012 (13),						1
200m		28.	2:35.49	357	2:32.00	96%	
100m		16.	1:31.94	312	1:32.00	100%	
200m		15.	3:15.44	326	3:12.00	97%	
100m		26.	1:19.47	359	1:15.50	90%	
	, 2010 (15),						1
50m		17.	31.44	387	32.00	104%	
50m		10.	33.97	410	33.00	94%	
100m		8.	1:13.30	419	1:11.00	94%	
200m		4.	2:40.52	406	2:36.00	94%	
	, 2014 (11),						-
100m		30.	1:16.60	282	1:14.00	93%	
100m		23.	1:23.79	281	1:21.00	93%	
100m		24.	1:39.38	247	1:35.00	91%	
200m		44.	3:09.70	265	3:03.00	93%	
	, 2008 (17),						4
50m		4.	24.16	581	25.50	111%	
100m		7.	52.75	614	53.30	102%	
200m		6.	1:56.74	616	1:59.00	104%	
50m		2.	26.97	524	27.90	107%	
	, 2013 (12),						1
800m		35.	12:18.76	269	12:26.00	102%	
100m		24.	1:25.57	263	1:24.00	96%	
50m		6.	44.77	254	42.00	88%	
100m		6.	1:33.74	191	1:29.00	90%	
	, 2008 (17),						1
100m		1.	58.52	544	59.00	102%	
100m		4.	1:01.82	506	59.90	94%	
200m		5.	2:15.16	533	2:13.00	97%	
400m		1.	4:48.21	540	4:43.00	96%	
	, 2008 (17),						3
50m		7.	24.54	554	24.80	102%	
100m		10.	53.96	573	53.80	99%	

50m	3.	27.05	519	27.40	103%	
100m	4.	59.99	505	1:01.00	103%	
, , 2014 (11),						
100m	17.	1:21.68	207	1:18.50	92%	-
100m	9.	1:26.24	263	1:26.00	99%	
100m	30.	1:17.47	257	1:14.50	92%	
200m	34.	2:52.76	255	2:43.00	89%	
, , 2013 (12),						
50m	20.	34.04	305	36.00	112%	2
800m	30.	12:04.98	285	12:26.00	106%	
100m	10.	1:25.65	385	1:25.00	98%	
, , 2010 (15),						
100m	7.	1:16.24	381	1:14.00	94%	-
200m	7.	2:47.57	368	2:42.50	94%	
, , 2012 (13),						
50m	12.	31.45	387	30.50	94%	-
50m	8.	34.15	404	33.20	95%	
100m	7.	1:13.76	412	1:12.00	95%	
100m	14.	1:15.71	415	1:14.50	97%	
, , 2014 (11),						
800m	77.	14:17.63	135	13:00.00	83%	1
50m	22.	48.26	138	49.00	103%	
100m	66.	1:33.96	144	1:32.00	96%	
, , 2012 (13),						
200m	8.	2:21.58	472	2:20.00	98%	2
400m	7.	4:54.67	483	4:55.00	100%	
800m	10.	10:14.94	467	10:15.00	100%	
50m	6.	32.80	410	32.50	98%	
, , 2013 (12),						
100m	50.	1:08.17	284	1:09.00	102%	4
200m	30.	2:29.25	295	2:31.00	102%	
400m	17.	5:16.04	302	5:20.00	103%	
800m	32.	10:40.49	325	10:50.00	103%	
, , 2011 (14),						
800m	10.	9:30.78	459	9:15.00	95%	-
1500m	3.	18:05.81	474	17:25.00	93%	
100m	5.	1:04.88	413	1:03.00	94%	
200m	4.	2:17.07	457	2:17.00	100%	
, , 2012 (13),						
100m	15.	1:02.93	361	1:04.00	103%	2
200m	17.	2:20.91	350	2:20.00	99%	
400m	14.	5:05.06	336	5:00.00	97%	
800m	29.	10:35.91	332	11:02.00	108%	
, , 2014 (11),						
50m	25.	42.35	142	42.00	98%	1
100m	34.	1:32.11	144	1:27.00	89%	
200m	20.	3:34.06	176	3:40.00	106%	
, , 2011 (14),						
100m	33.	1:02.46	369	1:06.00	112%	2
50m	3.	32.70	444	32.70	100%	
100m	3.	1:11.78	456	1:12.00	101%	
200m	3.	2:41.37	412	2:38.00	96%	
, , 2011 (14),						
200m	1.	1:54.38	655	1:52.90	97%	-
400m	1.	4:02.37	671	4:00.00	98%	
, , 2013 (12),						
100m	96.	1:18.44	186	1:19.00	101%	3
400m	29.	5:58.81	206	6:09.00	106%	
100m	26.	1:26.75	172	1:28.30	104%	
, , 2011 (14),						
100m	45.	1:06.98	300	1:05.00	94%	1
200m	20.	2:25.13	320	2:25.00	100%	
400m	15.	5:12.21	314	4:50.00	86%	
800m	21.	10:16.55	364	10:30.00	104%	
, , 2009 (16),						
100m	26.	57.58	472	56.00	95%	-
100m	7.	1:05.76	396	1:04.00	95%	
100m	7.	1:04.68	442	1:03.50	96%	
, , 2014 (11),						
800m	58.	11:44.02	244	11:40.00	99%	1
50m	15.	37.66	202	38.00	102%	
100m	18.	1:22.23	203	1:20.00	95%	
200m	16.	2:54.39	222	2:45.00	90%	
, , 2011 (14),						
100m	28.	1:01.26	392	1:01.50	101%	2
200m	18.	2:20.52	353	2:19.00	98%	
400m	13.	4:58.51	359	4:35.00	85%	
800m	16.	10:06.02	383	10:15.00	103%	

	, 2013 (12),						1
100m		24.	1:04.93	329	1:02.00	91%	
400m		11.	4:58.37	359	4:50.00	94%	
800m		17.	10:19.07	360	10:30.00	104%	
100m		10.	1:11.16	302	1:08.00	91%	
"	"						103
	, 2010 (15),						2
50m		10.	26.17	457	26.50	103%	
100m		6.	1:05.15	432	1:12.00	122%	
	, 2013 (12),						2
100m		17.	1:06.96	422	1:04.00	91%	
200m		12.	2:24.85	441	2:25.00	100%	
50m		10.	35.13	371	38.00	117%	
200m		13.	2:42.80	419	2:42.00	99%	
	, 2010 (15),						2
50m		5.	27.49	580	27.00	96%	
100m		2.	1:07.45	588	1:07.50	100%	
400m		1.	5:06.80	601	5:15.50	106%	
	, 2010 (15),						-
400m		2.	4:16.16	568	4:10.00	95%	
100m		2.	58.80	536	58.50	99%	
	, 2009 (16),						-
100m		3.	52.41	626	51.00	95%	
200m		3.	1:54.60	651	1:51.00	94%	
200m		2.	2:05.73	592	2:03.00	96%	
	, 2012 (13),						1
100m		2.	56.88	489	56.00	97%	
200m		2.	2:05.42	497	2:05.00	99%	
800m		3.	9:19.75	487	9:20.00	100%	
200m		2.	2:18.20	446	2:18.00	100%	
	, 2006 (19),						-
100m		1.	1:00.59	570	59.50	96%	
50m		1.	30.31	520	29.50	95%	
	, 2013 (12),						4
100m		58.	1:09.10	273	1:10.00	103%	
200m		31.	2:29.68	292	2:33.00	104%	
800m		38.	10:50.58	310	11:30.00	112%	
100m		26.	1:16.40	268	1:21.00	112%	
	, 2010 (15),						-
100m		3.	1:00.49	573	NT	-	
100m		3.	1:07.57	536	NT	-	
	, 2013 (12),						3
800m		14.	10:34.40	426	11:12.69	112%	
100m		4.	1:20.09	472	1:22.36	106%	
200m		8.	2:56.81	440	2:55.58	99%	
200m		16.	2:43.76	412	2:44.51	101%	
	, 2011 (14),						1
400m		5.	5:41.03	311	5:40.00	99%	
200m		5.	2:51.69	332	2:55.00	104%	
100m		6.	1:22.59	430	1:21.00	96%	
200m		3.	2:54.98	454	2:50.00	94%	
	, 2013 (12),						-
400m		8.	4:56.16	476	4:50.00	96%	
800m		12.	10:23.28	449	9:50.00	90%	
1500m		6.	19:22.85	476	18:45.00	94%	
	, 2011 (14),						1
200m		4.	3:06.24	377	3:00.00	93%	
50m		7.	32.25	432	33.00	105%	
100m		10.	1:15.34	421	1:14.00	96%	
200m		4.	2:42.75	419	2:40.00	97%	
	, 2011 (14),						1
400m		3.	4:18.12	556	4:15.00	98%	
800m		4.	8:54.27	560	8:50.00	98%	
100m		5.	1:00.25	498	59.90	99%	
200m		3.	2:16.81	476	2:17.00	100%	
	, 2014 (11),						-
100m		18.	1:15.62	252	1:12.00	91%	
200m		5.	2:56.69	221	2:50.00	93%	
200m		37.	3:00.45	224	3:00.00	100%	
	, 2014 (11),						-
50m		28.	36.72	165	35.00	91%	
100m		106.	1:21.93	163	1:20.00	95%	
100m		25.	1:56.30	107	1:50.00	89%	
200m		26.	4:01.78	122	3:50.00	90%	

	, 2011 (14),						-
100m		48.	1:10.87	253	1:10.00	98%	
200m		21.	2:34.88	264	2:30.00	94%	
800m		29.	11:07.91	286	10:30.00	89%	
200m		9.	2:59.14	301	2:55.00	95%	
100m	, 2012 (13),	1.	1:00.88	500	1:00.00	97%	-
200m	, 2013 (12),	19.	2:30.32	395	2:35.00	106%	3
200m		13.	3:12.04	344	3:05.00	93%	
100m		13.	1:15.61	417	1:18.00	106%	
200m		25.	2:52.33	353	2:55.00	103%	
800m	, 2012 (13),	36.	10:47.94	314	10:40.00	98%	2
200m		9.	3:03.59	280	3:00.00	96%	
100m		14.	1:12.53	285	1:15.00	107%	
400m		4.	5:41.27	325	5:55.00	108%	
200m	, 2011 (14),	3.	2:02.38	535	2:00.00	96%	-
800m		3.	8:51.21	570	8:50.00	100%	
200m		2.	2:13.68	493	2:13.00	99%	
800m	, 2013 (12),	25.	11:27.00	335	10:40.00	87%	1
200m		6.	2:53.20	469	2:48.00	94%	
50m		9.	33.34	391	33.00	98%	
200m		20.	2:47.53	384	2:50.00	103%	
100m	, 2011 (14),	22.	59.64	424	57.00	91%	-
800m		DNF		-	9:00.00	-	
100m		2.	1:03.02	451	1:01.00	94%	
200m		3.	2:15.05	478	2:14.00	98%	
100m	, 2012 (13),	4.	1:10.95	463	1:10.00	97%	3
200m		3.	2:31.92	479	2:35.00	104%	
200m		8.	2:36.04	476	2:38.00	103%	
400m		7.	5:31.83	475	5:40.00	105%	
100m	, 2014 (11),	23.	1:43.73	151	1:47.80	108%	2
200m		21.	3:39.28	164	3:44.00	104%	
100m	, 2010 (15),	20.	59.48	428	57.98	95%	-
50m		2.	32.01	473	31.51	97%	
100m		2.	1:11.34	465	1:08.13	91%	
200m		2.	2:37.04	447	2:30.96	92%	
100m	, 2012 (13),	10.	1:02.26	373	59.00	90%	2
50m		2.	29.98	401	29.50	97%	
100m		2.	1:04.10	428	1:04.40	101%	
200m		3.	2:21.75	413	2:24.00	103%	
800m	, 2011 (14),	5.	9:08.76	517	9:00.00	97%	1
100m		6.	1:01.45	470	1:02.00	102%	
200m		4.	2:22.72	419	2:20.00	96%	
100m		3.	1:04.65	442	1:04.00	98%	
100m	, 2014 (11),	100.	1:19.89	176	1:20.00	100%	3
200m		55.	2:57.78	174	2:55.00	97%	
400m		31.	6:08.34	191	6:10.00	101%	
200m		42.	3:07.95	198	3:30.00	125%	
100m	, 2014 (11),	88.	1:15.66	208	1:16.00	101%	1
200m		53.	2:52.09	192	2:40.00	86%	
800m		73.	12:19.32	211	12:10.00	97%	
200m		14.	3:17.70	224	3:15.00	97%	
400m	, 2013 (12),	10.	4:59.58	460	4:55.00	97%	2
100m		2.	1:17.55	519	1:18.00	101%	
200m		3.	2:51.02	487	2:43.00	91%	
100m		4.	1:11.76	488	1:14.00	106%	
800m	, 2014 (11),	24.	11:04.00	371	11:00.00	99%	1
100m		12.	1:17.41	356	1:17.00	99%	
200m		14.	3:12.20	343	3:15.00	103%	
200m		24.	2:51.96	355	2:48.00	95%	
50m	, 2010 (15),	8.	27.68	568	28.00	102%	1
50m		1.	34.22	569	34.00	99%	
100m		2.	1:13.74	604	1:13.00	98%	

50m	, , 2014 (11),	23.	41.82	140	41.00	96%	-
200m	, , 2014 (11),	30.	2:41.40	319	2:50.00	111%	3
800m		31.	12:09.00	280	14:00.00	133%	
200m		45.	3:11.97	255	3:20.00	109%	
200m	, , 2012 (13),	13.	2:25.50	435	2:25.00	99%	1
200m		7.	2:55.71	449	2:50.00	94%	
100m		1.	1:12.58	412	1:13.00	101%	
100m		7.	1:13.22	459	1:13.00	99%	
100m	, , 2014 (11),	26.	1:40.87	236	1:47.00	113%	2
200m		25.	3:38.43	233	3:44.00	105%	
50m	, , 2013 (12),	2.	28.69	510	29.00	102%	2
100m		5.	1:03.32	499	1:05.00	105%	
50m		6.	33.71	420	32.00	90%	
100m		9.	1:14.13	405	1:12.00	94%	
100m	, , 2012 (13),	36.	1:06.29	309	1:08.00	105%	3
200m		8.	3:03.40	281	3:20.00	119%	
200m		22.	2:41.08	315	2:50.00	111%	
50m	, , 2013 (12),	8.	34.10	272	33.00	94%	3
100m		9.	1:10.88	306	1:13.00	106%	
100m		12.	1:12.09	319	1:14.00	105%	
200m		6.	2:34.70	355	2:39.00	106%	
100m	, , 2014 (11),	21.	1:42.47	157	1:45.00	105%	1
100m	, , 2014 (11),	13.	1:02.65	366	1:05.00	108%	3
200m		10.	2:19.23	363	2:20.00	101%	
50m		4.	30.09	377	30.50	103%	
100m		21.	1:15.03	283	1:13.00	95%	
100m	, , 2013 (12),	104.	1:21.50	166	1:24.50	107%	3
100m		14.	1:35.29	195	1:41.50	113%	
200m		17.	3:23.21	206	3:43.20	121%	
100m	, , 2013 (12),	15.	1:13.60	273	1:11.60	95%	1
100m		22.	1:15.55	277	1:15.50	100%	
200m		25.	2:46.58	285	2:48.60	102%	
100m	, , 2013 (12),	61.	1:09.48	268	1:08.00	96%	1
800m		37.	10:49.63	311	11:00.00	103%	
100m		11.	1:11.62	296	1:11.00	98%	
200m	, , 2012 (13),	23.	2:31.72	384	2:20.00	85%	1
400m		15.	5:17.78	385	4:55.00	86%	
800m		23.	11:01.08	376	10:10.00	85%	
50m		7.	32.83	409	33.00	101%	
100m	, , 2013 (12),	8.	1:10.76	307	1:11.00	101%	4
200m		3.	2:37.00	315	2:50.00	117%	
100m		13.	1:13.07	306	1:15.00	105%	
200m		12.	2:37.15	339	2:42.00	106%	
100m	, , 2014 (11),	97.	1:19.00	182	1:20.00	103%	3
800m		74.	12:24.78	206	12:40.00	104%	
100m		22.	1:23.73	192	1:28.00	110%	
200m		19.	3:03.17	191	3:00.00	97%	
100m	, , 2014 (11),	24.	1:45.84	142	1:47.65	103%	2
200m		23.	3:40.90	160	3:43.10	102%	
100m	, , 2010 (15),	29.	1:01.42	389	1:01.00	99%	1
100m		15.	1:07.95	381	1:08.00	100%	
200m	, , 2014 (11),	21.	2:31.25	387	2:30.00	98%	1
800m		9.	10:13.16	472	10:50.00	112%	
100m		15.	1:29.23	341	1:24.00	89%	
200m		11.	3:09.25	359	3:00.00	90%	
100m	, , 2012 (13),	7.	1:03.55	494	1:06.00	108%	2
200m		6.	2:17.70	514	2:20.00	103%	
400m		9.	4:59.40	461	4:50.00	94%	

50m		5.	32.44	471	32.00	97%	
100m	, , 2014 (11),	55.	1:08.74	277	1:09.00	101%	2
800m		35.	10:43.83	320	10:40.00	99%	
100m		20.	1:20.23	211	1:17.00	92%	
100m		36.	1:18.40	248	1:19.00	102%	
400m	, , 2013 (12),	16.	5:23.57	365	5:15.00	95%	1
800m		27.	11:35.72	323	11:00.00	90%	
50m		22.	37.04	316	35.00	89%	
100m		15.	1:19.10	334	1:20.00	102%	
100m	, , 2009 (16),	1.	57.46	595	57.00	98%	-
200m		1.	2:05.81	612	2:05.00	99%	
50m	, , 2014 (11),	26.	35.21	187	35.00	99%	-
100m		90.	1:16.34	202	1:15.00	97%	
100m		19.	1:22.62	200	1:22.00	99%	
100m	, , 2014 (11),	94.	1:17.74	191	1:20.00	106%	3
800m		63.	12:01.89	227	12:30.00	108%	
200m		15.	3:20.28	215	3:20.00	100%	
100m		23.	1:30.95	144	1:35.00	109%	
50m	, , 2013 (12),	30.	36.99	161	35.00	90%	2
50m		19.	44.82	172	43.00	92%	
100m		18.	1:39.42	171	1:40.00	101%	
200m		18.	3:30.79	185	3:34.00	103%	
200m	, , 2014 (11),	25.	2:34.47	364	2:35.00	101%	3
800m		18.	10:48.75	398	11:00.00	103%	
200m		22.	3:28.61	268	3:30.00	101%	
200m		34.	3:00.60	307	2:55.00	94%	
50m	, , 2013 (12),	27.	35.93	176	35.00	95%	1
50m		17.	44.43	177	42.00	89%	
100m		20.	1:41.58	161	1:39.00	95%	
200m		22.	3:40.49	161	3:50.00	109%	
200m	, , 2009 (16),	1.	1:48.82	761	1:48.00	98%	-
200m		2.	2:08.78	571	2:05.00	94%	
100m	, , 2012 (13),	10.	1:04.24	478	1:02.50	95%	-
100m		5.	1:11.02	461	1:10.00	97%	
100m		2.	1:10.88	506	1:10.00	98%	
200m		7.	2:33.75	497	2:31.50	97%	
200m	, , 2013 (12),	1.	2:11.60	588	2:11.00	99%	2
200m		1.	2:24.42	558	2:23.00	98%	
200m		2.	2:28.66	550	2:29.00	100%	
400m		3.	5:15.98	550	5:50.00	123%	
800m	, , 2011 (14),	1.	8:36.12	621	8:40.00	102%	2
200m		1.	2:15.03	495	2:18.00	104%	
50m	, , 2010 (15),	2.	29.75	611	30.00	102%	1
100m		2.	1:05.48	589	1:05.00	99%	
100m		1.	1:03.84	606	1:03.00	97%	
100m		3.	1:08.20	568	1:07.00	97%	
100m	, , 2011 (14),	12.	57.53	473	57.50	100%	-
100m		9.	1:01.88	460	1:00.50	96%	
100m		2.	1:04.25	451	1:03.00	96%	
200m		3.	2:20.15	478	2:17.00	96%	
100m	, , 2012 (13),	2.	1:08.17	522	1:09.00	102%	2
200m		2.	2:26.93	530	2:30.00	104%	
1500m	, , 2013 (12),	10.	19:31.18	378	19:30.00	100%	2
100m		11.	1:13.64	282	1:11.00	93%	
100m		15.	1:13.54	300	1:15.00	104%	
200m		16.	2:38.27	332	2:39.00	101%	
100m	, , 2013 (12),	22.	1:08.15	400	1:07.00	97%	2
50m		11.	35.21	368	36.50	107%	
100m		8.	1:13.96	408	1:15.00	103%	
200m		21.	2:48.14	380	2:45.00	96%	

						1
, 2011 (14),						
50m	17.	27.33	401	27.00	98%	
100m	24.	1:00.14	414	58.00	93%	
100m	10.	1:07.42	355	1:08.00	102%	
100m	19.	1:08.82	367	1:06.00	92%	
, 2013 (12),						1
400m	3.	4:42.34	424	4:50.00	105%	
100m	4.	1:18.54	348	1:17.00	96%	
100m	9.	1:11.33	329	1:10.00	96%	
200m	4.	2:30.72	384	2:30.00	99%	
, 2011 (14),						1
800m	17.	10:06.73	382	9:50.00	95%	
100m	8.	1:16.51	377	1:17.00	101%	
200m	4.	2:42.38	405	2:40.00	97%	
100m	24.	1:10.25	345	1:10.00	99%	
, 2010 (15),						1
200m	2.	1:56.55	619	1:58.00	103%	
400m	8.	4:39.69	437	4:10.00	80%	
, 2012 (13),						-
800m	1.	9:22.78	610	9:15.00	97%	
50m	1.	30.24	582	29.15	93%	
100m	1.	1:04.68	611	1:02.00	92%	
, 2011 (14),						-
100m	WDR		-	NT	-	
200m	WDR		-	NT	-	
400m	WDR		-	NT	-	
1						44
, 2012 (13),						2
100m	60.	1:09.47	268	1:10.60	103%	
200m	42.	2:36.45	256	2:34.52	98%	
400m	25.	5:34.48	255	5:37.47	102%	
800m	57.	11:32.70	257	11:20.00	96%	
, 2014 (11),						4
400m	19.	5:20.51	290	5:21.06	100%	
800m	23.	10:25.59	349	11:00.00	111%	
1500m	11.	19:57.62	353	20:30.00	105%	
200m	29.	2:48.71	274	3:04.79	120%	
, 2011 (14),						2
800m	28.	11:03.31	292	11:15.00	104%	
100m	11.	1:21.79	308	1:24.70	107%	
100m	38.	1:16.93	262	1:16.63	99%	
, 2011 (14),						3
50m	4.	32.80	440	33.01	101%	
100m	5.	1:13.58	424	1:16.01	107%	
200m	6.	2:46.47	376	2:54.70	110%	
, 2012 (13),						4
50m	17.	36.66	326	37.81	106%	
100m	11.	1:16.91	363	1:18.10	103%	
200m	6.	2:46.78	362	2:49.76	104%	
200m	30.	2:57.73	322	3:02.06	105%	
, 2014 (11),						3
800m	66.	12:10.00	219	12:00.00	97%	
200m	14.	2:51.25	234	2:59.00	109%	
50m	20.	36.73	207	39.42	115%	
200m	41.	3:07.56	199	3:10.00	103%	
, 2011 (14),						-
100m	42.	1:04.91	329	1:03.80	97%	
200m	19.	2:24.33	326	2:20.62	95%	
, 2014 (11),						3
100m	107.	1:22.95	157	1:21.41	96%	
200m	57.	3:01.56	163	3:03.22	102%	
50m	24.	42.28	143	42.48	101%	
100m	32.	1:30.01	154	1:33.00	107%	
, 2012 (13),						2
50m	15.	32.44	353	35.00	116%	
100m	27.	1:10.75	358	1:19.13	125%	
100m	38.	1:25.28	290	1:25.15	100%	
200m	41.	3:05.36	284	3:02.84	97%	
, 2012 (13),						4
200m	40.	2:34.97	263	2:37.68	104%	
800m	44.	11:05.13	290	11:20.00	105%	
200m	36.	2:54.48	248	2:58.33	104%	
400m	6.	6:03.76	268	6:10.00	103%	
, 2014 (11),						2
400m	33.	6:12.42	185	6:00.00	93%	
100m	30.	1:29.07	159	1:30.00	102%	

100m	65.	1:32.23	152	1:31.77	99%	
200m	44.	3:11.18	188	3:15.91	105%	
, , 2012 (13),						3
50m	4.	27.76	383	27.94	101%	
100m	11.	1:02.57	368	1:02.48	100%	
100m	4.	1:09.37	358	1:12.63	110%	
200m	14.	2:37.39	337	2:56.99	126%	
, , 2012 (13),						4
100m	30.	1:05.83	316	1:08.49	108%	
50m	6.	33.37	290	34.95	110%	
100m	8.	1:11.72	306	1:12.61	102%	
200m	8.	2:36.45	307	2:38.92	103%	
, , 2011 (14),						1
50m	20.	29.46	320	30.03	104%	
400m	16.	5:17.20	299	5:17.00	100%	
800m	27.	10:56.58	301	10:47.73	97%	
50m	13.	35.06	238	34.53	97%	
, , 2013 (12),						4
200m	33.	2:51.08	268	2:58.93	109%	
400m	23.	6:01.57	261	6:08.84	104%	
800m	34.	12:11.04	278	12:20.00	102%	
100m	47.	1:31.80	233	1:32.90	102%	
, , 2012 (13),						3
50m	6.	30.02	445	29.97	100%	
100m	16.	1:06.47	432	1:06.68	101%	
200m	17.	2:27.90	414	2:29.52	102%	
800m	22.	10:59.94	378	11:05.00	102%	
, , 2010 (15),						-
100m	12.	1:13.97	278	1:12.50	96%	
200m	10.	2:39.55	290	2:38.00	98%	
100m	35.	1:13.62	299	1:13.11	99%	