

22, , 400m				(11-13)									
17.													WA 389
	50m:			150m:		250m:		350m:					
	100m:			200m:		300m:		400m:	5:16.71				
18.				03.12.2014		"	"			5:16.71			
	50m:			150m:		250m:		350m:					
	100m:			200m:		300m:		400m:	5:17.65				386
19.				14.08.2013		"	"						
	50m:			150m:		250m:		350m:					
	100m:			200m:		300m:		400m:	5:18.50				382
20.				18.06.2014		"	"						
	50m:			150m:		250m:		350m:					
	100m:			200m:		300m:		400m:	5:19.58				379
21.				16.11.2013		"	"						
	50m:			150m:		250m:		350m:					
	100m:			200m:		300m:		400m:	5:19.58				
21.				30.10.2012			1			5:24.31			362
	50m:	33.81	33.81	150m:	1:53.81	40.45	250m:	3:18.46	42.59	350m:	4:41.59	40.67	
	100m:	1:13.36	39.55	200m:	2:35.87	42.06	300m:	4:00.92	42.46	400m:	5:24.31	42.72	
22.				30.06.2013		"	"			5:26.05			357
	50m:	35.44	35.44	150m:	1:56.67	41.37	250m:	3:19.49	41.15	350m:	4:44.70	42.44	
	100m:	1:15.30	39.86	200m:	2:38.34	41.67	300m:	4:02.26	42.77	400m:	5:26.05	41.35	
23.				12.10.2012		"	"			5:27.09			353
	50m:	33.58	33.58	150m:	1:53.86	41.13	250m:	3:19.50	43.23	350m:	4:44.56	42.02	
	100m:	1:12.73	39.15	200m:	2:36.27	42.41	300m:	4:02.54	43.04	400m:	5:27.09	42.53	
24.				10.05.2012		"	"			5:30.03			344
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:	5:30.03		
25.				10.02.2014		"	"			5:32.09			337
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:	5:32.09		
26.				31.01.2014		"	"			5:35.38			328
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:	5:35.38		
27.				21.08.2014		"	"			5:36.13			325
	50m:	37.75	37.75	150m:	2:03.80	43.47	250m:	3:30.63	43.93	350m:	4:57.66	44.32	
	100m:	1:20.33	42.58	200m:	2:46.70	42.90	300m:	4:13.34	42.71	400m:	5:36.13	38.47	
28.				01.05.2014		"	"			5:37.25			322
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:	5:37.25		
29.				31.07.2014		"	"			5:40.48			313
	50m:	37.79	37.79	150m:	2:03.52	43.42	250m:	3:30.75	43.65	350m:	4:57.03	42.49	
	100m:	1:20.10	42.31	200m:	2:47.10	43.58	300m:	4:14.54	43.79	400m:	5:40.48	43.45	
30.				21.07.2013		"	"			5:50.45			287
	50m:	36.36	36.36	150m:	2:04.62	44.80	250m:	3:35.62	45.74	350m:	5:06.28	45.62	
	100m:	1:19.82	43.46	200m:	2:49.88	45.26	300m:	4:20.66	45.04	400m:	5:50.45	44.17	
31.				15.10.2013			1			6:08.84			246
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:	6:08.84		
32.				11.06.2014		"	"			6:10.49			243
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:	6:10.49		
33.				14.12.2014		"	"			6:11.50			241
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:	6:11.50		