

							%	PB
								105
							-	
800m		, 2013 (12 ),	83.	11:18.66	295	11:00.00	95%	
100m			42.	1:29.69	190	1:20.00	80%	
200m			158.	3:09.77	216	3:00.00	90%	
100m		, 2013 (12 ),	48.	1:08.49	320	1:06.00	93%	1
800m			18.	10:18.93	389	9:50.00	91%	
100m			25.	1:21.17	226	1:18.00	92%	
200m			45.	<b>2:48.01</b>	312	2:55.00	108%	
100m		, 2014 (11 ),	121.	1:17.91	292	1:14.00	90%	-
800m			115.	11:48.47	320	11:20.00	92%	
100m			21.	1:23.75	290	1:23.00	98%	
200m			82.	2:56.10	367	2:56.00	100%	
100m		, 2013 (12 ),	70.	<b>1:10.36</b>	295	1:14.00	111%	3
800m			40.	<b>10:39.34</b>	353	11:00.00	107%	
100m			17.	1:18.09	288	1:17.00	97%	
200m			38.	<b>2:46.57</b>	320	2:50.00	104%	
100m		, 2014 (11 ),	135.	1:16.83	226	1:16.00	98%	1
800m			90.	11:23.61	289	11:20.00	99%	
200m			144.	<b>3:06.19</b>	229	3:10.00	104%	
100m		, 2012 (13 ),	41.	<b>1:07.59</b>	333	1:08.00	101%	3
800m			45.	<b>10:48.43</b>	338	11:00.00	104%	
200m			65.	<b>2:52.10</b>	290	3:00.00	109%	
100m		, 2013 (12 ),	74.	1:12.31	365	1:11.00	96%	-
800m			95.	11:36.24	337	11:30.00	98%	
200m			114.	3:02.98	327	3:00.00	97%	
800m		, 2013 (12 ),	61.	11:00.15	321	10:50.00	97%	-
100m			28.	1:44.22	162	1:28.00	71%	
200m			132.	3:03.80	238	2:59.00	95%	
100m		, 2013 (12 ),	23.	1:05.84	360	1:05.00	97%	1
800m			11.	10:10.72	405	10:00.00	97%	
100m			11.	1:13.42	305	1:12.00	96%	
200m			16.	<b>2:39.56</b>	364	2:40.00	101%	
100m		, 2014 (11 ),	85.	1:13.51	348	1:12.00	96%	2
800m			89.	<b>11:30.45</b>	346	11:40.00	103%	
100m			50.	<b>1:25.15</b>	305	1:30.00	112%	
200m			109.	3:01.42	335	3:00.00	98%	
100m		, 2013 (12 ),	53.	1:08.88	314	1:07.00	95%	1
800m			27.	<b>10:28.03</b>	373	10:30.00	101%	
100m			31.	1:22.85	241	1:20.00	93%	
200m			51.	2:49.88	302	2:45.00	94%	
100m		, 2012 (13 ),	11.	1:04.29	387	1:03.00	96%	-
800m			DNF	-	-	9:50.00	-	
100m			10.	1:12.79	313	1:12.00	98%	
200m			17.	2:40.22	360	2:38.00	97%	
100m		, 2014 (11 ),	133.	1:16.70	228	1:15.00	96%	2
800m			136.	<b>11:52.58</b>	255	12:10.00	105%	
200m			149.	<b>3:07.65</b>	224	3:08.00	100%	
100m		, 2013 (12 ),	26.	1:07.75	444	1:07.00	98%	-
800m			33.	10:49.10	416	10:30.00	94%	
100m			14.	1:27.70	391	1:26.00	96%	
200m			36.	2:47.84	424	2:42.00	93%	
800m		, 2014 (11 ),	107.	<b>11:40.85</b>	330	12:30.00	115%	1
100m			23.	1:27.24	257	1:23.00	91%	
200m			145.	3:08.26	300	3:00.00	91%	
100m		, 2014 (11 ),	126.	<b>1:15.73</b>	236	1:16.00	101%	2
800m			165.	<b>12:18.89</b>	229	12:30.00	103%	
200m			174.	3:18.48	189	3:15.00	97%	



, 11. - 13.2.2025

100m	25.	1:20.36	363	1:17.00	92%	
200m	26.	<b>2:45.94</b>	439	2:48.00	102%	
, 2012 (13 ),						
100m	59.	1:09.50	306	1:08.00	96%	
800m	31.	10:30.77	368	10:10.00	94%	
100m	20.	1:18.38	251	1:14.00	89%	
200m	66.	2:52.12	290	2:48.00	95%	
, 2013 (12 ),						
100m	14.	1:06.57	468	1:06.00	98%	
800m	13.	10:25.31	465	10:17.00	97%	
100m	3.	1:12.13	455	1:12.00	100%	
200m	29.	2:46.23	436	2:45.00	99%	
, 2012 (13 ),						
100m	99.	1:15.46	321	1:15.00	99%	1
800m	71.	<b>11:17.04</b>	367	11:50.00	110%	
100m	65.	1:28.47	272	1:26.00	94%	
200m	115.	3:03.32	325	3:00.00	96%	
, 2013 (12 ),						
100m	25.	<b>1:07.40</b>	451	1:08.58	104%	2
800m	35.	10:49.69	415	10:25.00	93%	
100m	15.	<b>1:18.54</b>	352	1:20.00	104%	
200m	38.	2:48.39	420	2:48.00	100%	
, 2012 (13 ),						
100m	56.	1:10.62	392	1:08.40	94%	
800m	20.	10:37.73	439	10:10.00	91%	
100m	36.	1:21.90	342	1:18.00	91%	
200m	47.	2:50.86	402	2:45.00	93%	
, 2012 (13 ),						
100m	12.	<b>1:04.37</b>	385	1:05.00	102%	3
800m	64.	<b>11:00.79</b>	320	11:10.00	103%	
200m	53.	<b>2:50.27</b>	300	2:55.00	106%	
, 2012 (13 ),						
100m	10.	<b>1:05.86</b>	484	1:07.50	105%	2
800m	22.	10:40.38	433	10:20.00	94%	
100m	6.	<b>1:14.83</b>	407	1:15.00	100%	
200m	10.	2:41.98	472	2:41.90	100%	
, 2013 (12 ),						
100m	77.	1:10.80	289	1:09.00	95%	
100m	30.	1:27.93	177	1:23.00	89%	
, 2014 (11 ),						
100m	69.	<b>1:10.35</b>	295	1:11.00	102%	3
800m	102.	<b>11:30.31</b>	280	12:10.00	112%	
100m	38.	1:25.46	220	1:23.00	94%	
200m	139.	<b>3:05.17</b>	233	3:06.00	101%	
, 2014 (11 ),						
800m	115.	<b>11:34.21</b>	276	12:15.00	112%	1
200m	109.	2:58.35	261	2:58.00	100%	
, 2012 (13 ),						
100m	51.	1:08.75	316	1:07.00	95%	1
800m	28.	10:29.34	370	10:20.00	97%	
100m	17.	1:16.91	265	1:13.00	90%	
200m	32.	<b>2:44.78</b>	331	2:45.00	100%	
, 2013 (12 ),						
100m	34.	<b>1:08.78</b>	424	1:09.50	102%	1
800m	18.	10:32.99	449	10:25.00	97%	
100m	31.	1:21.40	349	1:21.00	99%	
200m	64.	2:53.60	383	2:52.00	98%	
, 2012 (13 ),						
800m	68.	11:05.89	313	11:00.00	98%	1
200m	117.	<b>3:00.08</b>	253	3:10.00	111%	
, 2013 (12 ),						
100m	106.	1:16.37	310	1:14.00	94%	
800m	103.	11:39.46	332	11:00.00	89%	
100m	61.	1:27.45	281	1:22.00	88%	
200m	143.	3:07.73	303	3:00.00	92%	
, 2014 (11 ),						
100m	76.	1:12.39	364	1:12.00	99%	
800m	55.	11:08.73	380	11:00.00	97%	
100m	32.	1:34.02	317	1:33.00	98%	
200m	63.	2:53.48	384	2:53.00	99%	
, 2012 (13 ),						
100m	11.	1:27.88	271	1:24.00	91%	
, 2012 (13 ),						
100m	124.	<b>1:15.56</b>	238	1:18.00	107%	1
800m	146.	12:00.90	246	12:00.00	100%	



, 11. - 13.2.2025

200m		190.	3:26.26	228	3:15.00	89%	2
100m	, 2013 (12 ),	79.	1:12.60	361	1:11.00	96%	
800m		73.	<b>11:18.12</b>	365	11:30.00	104%	
200m		73.	<b>2:54.95</b>	374	3:00.00	106%	
100m	, 2012 (13 ),	22.	<b>1:05.75</b>	362	1:08.00	107%	3
800m		66.	<b>11:04.80</b>	314	11:30.00	108%	
200m		43.	<b>2:47.27</b>	316	2:56.00	111%	
100m	, 2013 (12 ),	60.	<b>1:09.53</b>	306	1:11.00	104%	1
800m		34.	10:31.58	366	10:30.00	100%	
100m		29.	1:21.35	255	1:18.00	92%	
200m		68.	2:52.39	289	2:50.00	97%	
100m	, 2012 (13 ),	89.	1:13.65	346	1:12.00	96%	-
800m		37.	10:50.44	414	10:40.00	97%	
100m		62.	1:27.61	280	1:22.00	88%	
200m		105.	3:01.04	338	2:53.00	91%	
800m	, 2014 (11 ),	114.	<b>11:48.00</b>	321	12:30.00	112%	1
200m		135.	3:06.28	310	3:06.00	100%	
100m	, 2013 (12 ),	3.	<b>1:04.29</b>	520	1:05.00	102%	2
800m		2.	<b>10:00.50</b>	526	10:10.00	103%	
200m		2.	2:37.51	513	2:36.00	98%	
100m	, 2012 (13 ),	104.	<b>1:13.63</b>	257	1:15.00	104%	2
800m		102.	<b>11:30.31</b>	280	11:50.00	106%	
100m	, 2012 (13 ),	16.	<b>1:04.73</b>	379	1:06.00	104%	3
800m		10.	<b>10:07.55</b>	412	10:30.00	108%	
100m		5.	1:13.36	347	1:13.00	99%	
200m		14.	<b>2:38.68</b>	370	2:43.00	106%	
100m	, 2013 (12 ),	27.	1:06.04	357	1:06.00	100%	1
800m		78.	<b>11:14.24</b>	301	11:20.00	102%	
200m		98.	2:56.92	267	2:50.00	92%	
100m	, 2012 (13 ),	32.	1:06.71	346	1:06.00	98%	1
800m		14.	10:13.11	401	10:05.00	97%	
100m		13.	1:17.18	298	1:16.00	97%	
200m		19.	<b>2:40.70</b>	356	2:43.00	103%	
100m	, 2012 (13 ),	4.	1:04.69	510	1:02.00	92%	-
800m		5.	10:15.81	487	9:50.00	92%	
100m		10.	1:15.20	401	1:11.00	89%	
200m		9.	2:41.73	474	2:38.00	95%	
100m	, 2014 (11 ),	80.	1:12.65	360	1:11.00	96%	-
800m		72.	11:17.34	366	11:10.00	98%	
200m		128.	3:05.29	315	3:00.00	94%	
"	"						82
100m	, 2013 (12 ),	66.	1:09.92	301	1:08.00	95%	-
800m		96.	11:25.69	286	11:25.00	100%	
200m		71.	2:53.32	284	2:47.00	93%	
100m	, 2012 (13 ),	119.	1:17.66	295	1:15.00	93%	2
800m		184.	<b>13:26.71</b>	217	14:00.00	108%	
200m		169.	<b>3:16.16</b>	265	3:25.00	109%	
100m	, 2014 (11 ),	108.	1:14.04	253	1:10.10	90%	-
800m		157.	12:07.84	239	12:00.00	98%	
200m		142.	3:05.44	232	3:00.00	94%	
800m	, 2012 (13 ),	55.	<b>10:57.77</b>	324	11:26.00	109%	2
100m		23.	1:19.75	238	1:18.00	96%	
200m		83.	<b>2:54.84</b>	277	2:55.00	100%	
100m	, 2013 (12 ),	80.	1:11.19	285	1:10.00	97%	1
800m		89.	11:23.51	289	11:05.00	95%	
200m		84.	<b>2:54.88</b>	277	2:55.00	100%	

	, 2012 (13 ),						1
100m		32.	1:23.09	239	1:19.00	90%	
200m		127.	<b>3:02.88</b>	242	3:06.00	103%	
	, 2012 (13 ),						2
100m		22.	<b>1:07.24</b>	454	1:09.00	105%	
800m		67.	11:12.73	374	11:10.00	99%	
200m		100.	<b>2:59.95</b>	344	3:00.00	100%	
	, 2013 (12 ),						1
800m		196.	14:06.15	188	13:00.00	85%	
100m		49.	<b>1:43.10</b>	240	1:47.00	108%	
200m		186.	3:22.85	240	3:20.16	97%	
	, 2012 (13 ),						1
800m		48.	11:04.42	388	10:30.00	90%	
100m		4.	1:13.28	433	1:13.00	99%	
200m		24.	<b>2:45.74</b>	440	2:48.00	103%	
	, 2012 (13 ),						-
100m		47.	1:08.47	320	1:06.50	94%	
800m		121.	11:39.12	270	10:52.00	87%	
200m		52.	2:50.18	300	2:50.00	100%	
	, 2013 (12 ),						-
100m		52.	1:45.46	224	1:41.00	92%	
	, 2014 (11 ),						1
800m		149.	<b>12:27.20</b>	273	12:32.00	101%	
100m		52.	1:25.74	298	1:22.00	91%	
200m		151.	3:10.99	287	3:09.00	98%	
	, 2014 (11 ),						3
100m		112.	<b>1:16.69</b>	306	1:18.00	103%	
800m		143.	<b>12:23.67</b>	277	13:00.00	110%	
200m		137.	<b>3:06.79</b>	307	3:10.00	103%	
	, 2012 (13 ),						2
800m		83.	11:28.35	349	11:15.00	96%	
100m		6.	<b>1:15.37</b>	440	1:18.00	107%	
200m		41.	<b>2:49.16</b>	414	2:55.00	107%	
	, 2012 (13 ),						-
800m		77.	11:13.97	301	11:06.00	98%	
100m		12.	1:15.36	282	1:14.50	98%	
	, 2012 (13 ),						1
100m		103.	1:13.55	258	1:11.00	93%	
800m		160.	<b>12:10.42</b>	237	12:19.00	102%	
200m		126.	3:02.72	242	3:02.00	99%	
	, 2013 (12 ),						2
800m		128.	<b>12:05.81</b>	297	12:24.00	105%	
100m		55.	1:26.03	295	1:23.00	93%	
200m		130.	<b>3:05.44</b>	314	3:07.00	102%	
	, 2014 (11 ),						2
800m		49.	<b>11:05.62</b>	386	11:20.00	104%	
100m		34.	1:21.60	346	1:20.00	96%	
100m		23.	1:31.80	340	1:30.00	96%	
200m		61.	<b>2:53.31</b>	385	2:55.00	102%	
	, 2012 (13 ),						-
100m		53.	1:10.11	401	1:10.00	100%	
800m		117.	11:50.53	317	11:45.00	98%	
200m		90.	2:58.13	354	2:58.00	100%	
	, 2012 (13 ),						2
100m		68.	1:10.07	299	1:07.70	93%	
800m		67.	<b>11:05.48</b>	313	11:35.00	109%	
200m		81.	<b>2:54.34</b>	279	2:55.00	101%	
	, 2012 (13 ),						1
100m		24.	<b>1:07.31</b>	453	1:09.00	105%	
800m		105.	11:40.25	331	11:10.00	92%	
200m		58.	2:52.65	389	2:50.00	97%	
	, 2013 (12 ),						1
800m		54.	<b>11:08.71</b>	381	11:20.00	103%	
100m		21.	1:31.56	343	1:30.00	97%	
200m		70.	2:54.23	379	2:50.00	95%	
	, 2012 (13 ),						-
100m		18.	1:18.49	389	1:16.00	94%	
	, 2013 (12 ),						-
100m		140.	1:17.80	218	1:16.00	95%	
800m		164.	12:18.62	229	12:00.00	95%	
200m		146.	3:07.02	226	3:02.00	95%	
	, 2012 (13 ),						3
100m		15.	<b>1:04.55</b>	382	1:07.00	108%	
800m		13.	<b>10:12.03</b>	403	10:25.00	104%	
200m		15.	<b>2:39.05</b>	368	2:40.00	101%	

	, 2012 (13 ),								2
100m		89.	<b>1:12.12</b>	274	1:14.00		105%		
200m		75.	<b>2:53.41</b>	284	3:00.00		108%		
	, 2013 (12 ),								2
800m		188.	<b>13:39.81</b>	206	15:00.00		121%		
100m		48.	1:41.67	250	1:41.00		99%		
200m		188.	<b>3:24.47</b>	234	3:28.00		103%		
	, 2013 (12 ),								2
100m		49.	<b>1:08.59</b>	318	1:09.00		101%		
200m		63.	<b>2:51.74</b>	292	2:56.00		105%		
	, 2013 (12 ),								2
100m		82.	<b>1:12.96</b>	356	1:13.00		100%		
800m		151.	12:28.67	271	12:20.00		98%		
200m		94.	<b>2:58.56</b>	352	3:02.00		104%		
	, 2014 (11 ),								2
100m		126.	<b>1:19.23</b>	278	1:22.00		107%		
200m		147.	<b>3:09.50</b>	294	3:16.00		107%		
	, 2013 (12 ),								1
800m		124.	<b>12:02.17</b>	302	12:19.00		105%		
100m		32.	1:21.46	348	1:21.00		99%		
	, 2012 (13 ),								-
800m		191.	13:41.16	205	13:00.00		90%		
100m		42.	1:38.33	277	1:33.00		89%		
200m		196.	3:31.68	211	3:15.00		85%		
	, 2012 (13 ),								3
100m		16.	<b>1:06.64</b>	467	1:08.00		104%		
800m		25.	<b>10:43.64</b>	427	11:05.00		107%		
200m		74.	<b>2:55.04</b>	374	3:00.00		106%		
	, 2012 (13 ),								1
800m		131.	12:09.16	293	12:05.00		99%		
100m		54.	1:25.88	297	1:21.00		89%		
200m		162.	<b>3:13.29</b>	277	3:17.00		104%		
	, 2013 (12 ),								1
100m		35.	<b>1:08.81</b>	424	1:10.80		106%		
800m		108.	11:41.17	330	11:28.00		96%		
200m		60.	2:52.89	388	2:48.00		94%		
	, 2012 (13 ),								1
100m		90.	1:12.18	273	1:12.00		100%		
800m		124.	11:40.19	269	11:40.00		100%		
100m		27.	1:40.20	182	1:35.00		90%		
200m		102.	<b>2:57.63</b>	264	2:59.00		102%		
	, 2012 (13 ),								1
100m		42.	<b>1:09.14</b>	418	1:10.00		103%		
800m		129.	12:06.50	297	12:00.00		98%		
100m		29.	1:20.78	357	1:18.00		93%		
200m		127.	3:05.06	316	2:50.00		84%		
	, 2014 (11 ),								-
100m		124.	1:18.49	285	1:10.00		80%		
800m		195.	13:57.10	194	13:00.00		87%		
200m		158.	3:12.23	282	3:10.00		98%		
	, 2013 (12 ),								2
100m		93.	<b>1:12.39</b>	271	1:13.00		102%		
800m		88.	11:22.83	290	11:12.00		97%		
200m		115.	<b>2:59.95</b>	254	3:04.30		105%		
	, 2012 (13 ),								3
100m		45.	1:08.17	324	1:07.00		97%		
800m		52.	<b>10:55.80</b>	327	11:00.00		101%		
100m		15.	<b>1:15.82</b>	277	1:16.00		100%		
200m		48.	<b>2:48.80</b>	308	2:50.00		101%		
	, 2012 (13 ),								-
800m		125.	12:02.38	302	11:42.00		94%		
200m		119.	3:03.86	322	3:02.00		98%		
	, 2014 (11 ),								2
100m		107.	<b>1:16.44</b>	309	1:18.00		104%		
800m		113.	<b>11:47.14</b>	322	12:20.00		110%		
100m		63.	1:27.99	276	1:25.00		93%		
200m		112.	3:02.38	330	3:02.00		100%		
	, 2012 (13 ),								-
800m		24.	10:23.36	381	10:20.00		99%		
100m		8.	1:11.27	334	1:11.00		99%		
200m		36.	2:45.80	325	2:38.00		91%		
	, 2012 (13 ),								-
100m		132.	1:16.69	228	1:14.00		93%		
	, 2013 (12 ),								3
800m		57.	<b>10:59.53</b>	322	11:40.00		113%		
100m		26.	<b>1:20.98</b>	258	1:24.00		108%		
200m		57.	<b>2:50.57</b>	298	2:53.00		103%		

	, 2012 (13 ),								1
800m		139.	11:55.58	252	11:45.00			97%	
100m		21.	1:32.03	236	1:29.00			94%	
200m		104.	<b>2:57.85</b>	263	2:58.00			100%	
	, 2012 (13 ),								1
800m		168.	12:23.98	224	12:01.00			94%	
100m		36.	1:24.79	225	1:22.00			94%	
200m		157.	<b>3:09.68</b>	217	3:13.00			104%	
	, 2014 (11 ),								-
800m		150.	12:01.41	246	12:00.00			100%	
100m		25.	1:35.04	214	1:31.00			92%	
200m		129.	3:02.99	241	3:00.00			97%	
	, 2013 (12 ),								3
800m		154.	<b>12:34.41</b>	265	12:37.00			101%	
100m		67.	<b>1:29.71</b>	260	1:30.50			102%	
200m		150.	<b>3:10.19</b>	291	3:22.00			113%	
	, 2013 (12 ),								-
800m		141.	12:21.86	279	12:10.00			97%	
100m		43.	1:23.54	323	1:17.00			85%	
200m		102.	3:00.23	342	2:56.00			95%	
	, 2012 (13 ),								3
100m		97.	<b>1:14.94</b>	328	1:20.00			114%	
800m		185.	<b>13:30.13</b>	214	14:00.00			108%	
200m		192.	<b>3:28.91</b>	220	3:30.00			101%	
	, 2012 (13 ),								1
100m		66.	1:11.39	380	1:11.00			99%	
800m		94.	<b>11:35.43</b>	338	11:57.00			106%	
200m		126.	3:04.78	317	3:03.00			98%	
	, 2014 (11 ),								1
100m		55.	1:09.07	312	1:08.50			98%	
800m		93.	<b>11:24.50</b>	288	11:50.00			108%	
200m		79.	2:53.79	282	2:53.00			99%	
	, 2012 (13 ),								2
100m		31.	1:06.64	347	1:06.52			100%	
800m		71.	11:06.58	312	10:58.00			97%	
100m		13.	<b>1:15.58</b>	280	1:20.00			112%	
200m		37.	<b>2:46.08</b>	323	2:48.00			102%	
	, 2013 (12 ),								-
100m		19.	1:31.32	241	1:31.00			99%	
	, 2012 (13 ),								2
100m		62.	<b>1:09.66</b>	304	1:11.00			104%	
200m		97.	<b>2:56.88</b>	267	2:57.00			100%	
	, 2012 (13 ),								-
100m		105.	1:16.36	310	1:15.00			96%	
	, 2012 (13 ),								1
800m		38.	<b>10:51.12</b>	412	11:00.00			103%	
100m		3.	1:22.58	468	1:18.00			89%	
200m		28.	2:46.21	436	2:43.00			96%	
	, 2013 (12 ),								-
100m		27.	1:21.14	257	1:18.40			93%	
	, 2014 (11 ),								1
800m		141.	<b>11:57.07</b>	250	11:58.00			100%	
100m		28.	1:23.59	207	1:18.00			87%	
	, 2012 (13 ),								-
100m		128.	1:16.17	232	1:10.00			84%	
800m		178.	13:00.15	194	12:23.00			91%	
200m		170.	3:16.49	195	3:05.00			89%	
	, 2013 (12 ),								3
100m		29.	<b>1:07.83</b>	443	1:08.00			101%	
800m		39.	<b>10:51.78</b>	411	11:25.00			110%	
100m		17.	1:17.93	398	1:16.00			95%	
200m		21.	<b>2:44.81</b>	448	2:49.00			105%	
	, 2014 (11 ),								-
100m		138.	1:24.99	225	1:23.00			95%	
200m		189.	3:24.71	233	3:24.00			99%	
	, 2012 (13 ),								1
800m		87.	<b>11:21.68</b>	291	12:00.00			112%	
	, 2013 (12 ),								-
100m		71.	1:30.20	256	1:28.00			95%	
200m		167.	3:15.70	267	3:14.05			98%	
	, 2014 (11 ),								-
100m		115.	1:14.70	246	1:11.00			90%	
800m		175.	12:42.49	208	12:00.00			89%	
200m		166.	3:12.84	206	3:05.00			92%	

	, 2012 (13 ),							1
100m		99.	1:13.11	263	1:11.00		94%	
200m		105.	<b>2:57.87</b>	263	2:59.00		101%	
100m	, 2012 (13 ),	114.	1:17.34	298	1:11.00		84%	-
100m	, 2014 (11 ),	51.	1:44.80	229	1:40.00		91%	-
200m		191.	3:27.00	226	3:20.00		93%	
800m	, 2013 (12 ),	164.	12:45.27	254	11:45.00		85%	1
100m		38.	<b>1:35.85</b>	299	1:36.00		100%	
200m		117.	3:03.55	324	3:03.00		99%	
100m	, 2014 (11 ),	123.	1:18.26	288	1:16.00		94%	-
800m		136.	12:18.45	282	11:53.00		93%	
100m	, 2012 (13 ),	82.	<b>1:11.25</b>	284	1:13.00		105%	1
800m	, 2012 (13 ),	79.	11:14.94	300	11:14.00		100%	2
100m		18.	<b>1:17.64</b>	258	1:18.00		101%	
200m		72.	<b>2:53.33</b>	284	2:57.00		104%	
100m	, 2013 (12 ),	109.	1:16.50	308	1:16.00		99%	1
800m		137.	<b>12:18.87</b>	282	12:20.00		100%	
200m		163.	3:13.68	276	3:10.00		96%	
"	"							64
100m	, 2012 (13 ),	21.	1:07.15	456	1:05.00		94%	1
800m		34.	<b>10:49.18</b>	416	11:00.12		103%	
200m		37.	2:48.23	421	2:42.00		93%	
100m	, 2013 (12 ),	134.	1:24.34	230	1:23.00		97%	-
800m		155.	12:35.93	263	12:35.00		100%	
100m	, 2012 (13 ),	88.	1:11.89	276	1:07.00		87%	-
800m		105.	11:30.68	280	10:50.00		89%	
200m		111.	2:59.03	258	2:48.00		88%	
100m	, 2012 (13 ),	7.	1:05.36	495	1:03.00		93%	-
800m		7.	10:20.33	477	10:20.00		100%	
100m		4.	1:14.16	461	1:11.00		92%	
200m		8.	2:41.67	474	2:38.00		96%	
100m	, 2012 (13 ),	40.	<b>1:07.57</b>	333	1:08.00		101%	3
800m		25.	<b>10:24.71</b>	379	10:30.00		102%	
200m		67.	<b>2:52.19</b>	290	2:55.00		103%	
100m	, 2012 (13 ),	123.	<b>1:15.44</b>	239	1:16.83		104%	3
800m		152.	<b>12:02.99</b>	244	12:15.79		104%	
200m		135.	<b>3:04.38</b>	236	3:08.31		104%	
100m	, 2012 (13 ),	38.	1:07.23	338	1:04.00		91%	-
800m		19.	10:19.13	389	10:10.11		97%	
100m		5.	1:22.75	324	1:22.12		98%	
200m		9.	2:36.24	388	2:33.50		97%	
800m	, 2014 (11 ),	192.	13:43.02	204	13:10.00		92%	-
100m		78.	1:35.13	218	1:30.00		90%	
200m		195.	3:30.66	214	3:22.00		92%	
100m	, 2014 (11 ),	135.	1:24.51	229	1:19.00		87%	1
800m		171.	12:56.85	243	12:40.00		96%	
200m		174.	<b>3:17.59</b>	260	3:21.00		103%	
800m	, 2013 (12 ),	156.	<b>12:05.83</b>	241	12:25.00		105%	2
100m		40.	1:26.91	209	1:25.00		96%	
200m		141.	<b>3:05.43</b>	232	3:06.00		101%	
100m	, 2012 (13 ),	9.	1:14.88	327	1:14.00		98%	1
200m		24.	<b>2:43.39</b>	339	2:45.00		102%	
800m	, 2012 (13 ),	86.	11:29.42	347	11:12.00		95%	1
100m		2.	1:21.26	491	1:19.30		95%	
200m		15.	<b>2:43.36</b>	460	2:47.00		105%	

	, 2014 (11 ),							1
100m		137.	1:17.05	224	1:16.00		97%	
800m		143.	<b>11:59.04</b>	248	12:30.00		109%	
200m		164.	3:11.78	210	3:09.00		97%	
	, 2012 (13 ),							-
100m		100.	1:15.52	321	1:07.00		79%	
800m		161.	12:42.75	256	12:00.00		89%	
100m		56.	1:26.14	294	1:17.00		80%	
200m		161.	3:13.21	278	2:50.00		77%	
	, 2012 (13 ),							2
100m		59.	<b>1:10.80</b>	389	1:13.00		106%	
800m		53.	<b>11:08.43</b>	381	11:40.00		110%	
100m		39.	1:36.40	294	1:30.00		87%	
200m		86.	2:57.26	360	2:56.00		99%	
	, 2014 (11 ),							3
100m		113.	<b>1:16.70</b>	306	1:18.00		103%	
800m		130.	<b>12:07.24</b>	296	12:25.00		105%	
200m		159.	<b>3:12.38</b>	281	3:22.00		110%	
	, 2013 (12 ),							1
800m		144.	<b>12:26.03</b>	274	13:40.00		121%	
100m		26.	1:32.79	330	1:31.50		97%	
200m		131.	3:05.71	313	3:00.00		94%	
	, 2012 (13 ),							1
100m		46.	<b>1:08.42</b>	321	1:10.00		105%	
800m		92.	11:23.96	288	11:10.00		96%	
200m		42.	2:47.04	317	2:45.00		98%	
	, 2012 (13 ),							1
100m		119.	1:15.15	242	1:11.00		89%	
800m		162.	12:18.39	229	12:00.00		95%	
200m		112.	<b>2:59.32</b>	256	3:08.00		110%	
	, 2014 (11 ),							-
100m		97.	1:12.90	265	1:09.00		90%	
800m		95.	11:25.51	286	11:00.00		93%	
200m		140.	3:05.26	233	2:57.00		91%	
	, 2012 (13 ),							1
100m		33.	1:08.24	435	1:05.00		91%	
800m		12.	<b>10:23.95</b>	469	10:30.00		102%	
100m		12.	1:16.50	381	1:11.00		86%	
200m		6.	2:41.26	478	2:40.00		98%	
	, 2012 (13 ),							1
800m		16.	<b>10:15.05</b>	397	10:30.00		105%	
100m		1.	1:08.74	422	1:08.00		98%	
200m		18.	2:40.35	359	2:40.00		100%	
	, 2013 (12 ),							1
100m		143.	1:20.36	198	1:15.00		87%	
800m		155.	12:05.24	242	12:00.00		99%	
200m		165.	<b>3:12.62</b>	207	3:20.00		108%	
	, 2012 (13 ),							-
100m		17.	1:04.83	377	1:02.00		91%	
800m		56.	10:58.08	324	10:30.00		92%	
100m		5.	1:09.17	365	1:08.00		97%	
200m		20.	2:40.91	355	2:40.00		99%	
	, 2013 (12 ),							2
800m		152.	<b>12:28.92</b>	271	12:37.00		102%	
200m		113.	<b>3:02.48</b>	330	3:07.00		105%	
	, 2014 (11 ),							-
100m		130.	1:16.42	230	1:13.00		91%	
800m		166.	12:20.72	227	11:45.00		91%	
200m		152.	3:08.05	222	2:48.00		80%	
	, 2014 (11 ),							-
100m		130.	1:21.14	258	1:15.00		85%	
800m		160.	12:42.70	256	12:10.00		92%	
200m		165.	3:15.41	268	3:10.00		95%	
	, 2013 (12 ),							1
800m		159.	<b>12:42.18</b>	257	12:45.00		101%	
100m		42.	1:38.33	277	1:34.00		91%	
200m		171.	3:16.67	263	3:05.00		88%	
	, 2012 (13 ),							-
100m		28.	1:06.08	356	1:05.00		97%	
800m		46.	10:49.13	337	10:45.00		99%	
200m		35.	2:45.67	325	2:42.00		96%	
	, 2013 (12 ),							1
100m		65.	1:11.34	380	1:07.00		88%	
800m		102.	<b>11:39.26</b>	333	11:40.00		100%	
100m		40.	1:22.92	330	1:16.00		84%	
200m		49.	2:51.00	401	2:50.00		99%	

	, 2014 (11 ),								1
100m		116.	1:17.54	296	1:17.00			99%	
800m		173.	<b>12:57.82</b>	242	13:00.00			101%	
200m		175.	3:18.35	257	3:05.00			87%	
	, 2014 (11 ),								-
800m		138.	11:55.25	252	11:38.00			95%	
100m		30.	1:22.27	246	1:20.00			95%	
200m		89.	2:55.65	273	2:51.00			95%	
	, 2012 (13 ),								2
100m		111.	<b>1:14.39</b>	249	1:18.00			110%	
800m		137.	<b>11:54.53</b>	253	12:30.00			110%	
200m		172.	3:17.30	192	3:00.00			83%	
	, 2012 (13 ),								2
800m		148.	<b>12:27.09</b>	273	12:49.66			106%	
100m		22.	1:31.63	342	1:29.00			94%	
200m		77.	<b>2:55.37</b>	371	3:09.39			117%	
	, 2012 (13 ),								-
800m		144.	12:26.03	274	12:00.00			93%	
100m		12.	1:26.75	403	1:25.00			96%	
200m		111.	3:02.19	331	3:00.00			98%	
	, 2014 (11 ),								-
100m		131.	1:21.36	256	1:20.00			97%	
800m		182.	13:23.73	219	13:05.00			95%	
200m		168.	3:16.06	266	3:15.80			100%	
	, 2013 (12 ),								3
100m		103.	<b>1:15.90</b>	316	1:17.00			103%	
800m		110.	<b>11:44.90</b>	325	13:40.00			135%	
200m		146.	<b>3:08.45</b>	299	3:21.00			114%	
	, 2013 (12 ),								-
100m		48.	1:09.50	411	1:05.00			87%	
800m		62.	11:11.83	375	11:05.00			98%	
100m		11.	1:16.51	420	1:12.00			89%	
200m		55.	2:52.15	393	2:42.00			89%	
	, 2013 (12 ),								4
100m		38.	<b>1:08.94</b>	421	1:12.00			109%	
800m		52.	<b>11:07.83</b>	382	11:11.00			101%	
100m		15.	<b>1:17.37</b>	406	1:19.80			106%	
200m		18.	<b>2:43.81</b>	456	2:48.90			106%	
	, 2013 (12 ),								1
100m		57.	1:10.72	390	1:10.00			98%	
800m		57.	11:10.03	378	11:00.00			97%	
200m		69.	<b>2:54.21</b>	379	2:55.00			101%	
	, 2013 (12 ),								3
800m		172.	<b>12:57.20</b>	242	13:50.00			114%	
100m		17.	<b>1:30.01</b>	361	1:33.00			107%	
200m		152.	<b>3:11.16</b>	287	3:19.00			108%	
	, 2012 (13 ),								2
100m		108.	1:16.48	309	1:13.00			91%	
800m		60.	<b>11:11.17</b>	376	11:54.00			113%	
100m		14.	1:17.35	407	1:14.00			92%	
200m		53.	<b>2:51.73</b>	396	2:58.00			107%	
	, 2014 (11 ),								1
800m		174.	12:42.21	208	12:00.00			89%	
100m		14.	1:28.39	266	1:26.00			95%	
200m		160.	<b>3:11.16</b>	212	3:12.00			101%	
	, 2013 (12 ),								-
100m		30.	1:06.52	349	1:05.00			95%	
800m		21.	10:19.46	388	10:15.00			99%	
100m		15.	1:17.48	295	1:16.00			96%	
200m		55.	2:50.42	299	2:48.00			97%	
	, 2014 (11 ),								2
100m		113.	1:14.50	248	1:12.00			93%	
800m		73.	<b>11:06.92</b>	311	11:10.00			101%	
200m		114.	<b>2:59.80</b>	254	3:02.00			102%	
	, 2013 (12 ),								2
100m		11.	<b>1:05.99</b>	481	1:06.00			100%	
800m		65.	<b>11:12.33</b>	374	11:15.00			101%	
200m		68.	2:54.14	379	2:50.00			95%	
	, 2013 (12 ),								1
100m		125.	<b>1:18.60</b>	284	1:20.00			104%	
800m		92.	11:31.53	344	11:20.00			97%	
200m		125.	3:04.66	318	3:03.00			98%	
	, 2012 (13 ),								-
100m		62.	1:10.86	388	1:10.00			98%	
800m		29.	10:45.95	422	10:21.00			92%	
100m		16.	1:18.95	347	1:16.00			93%	
200m		46.	2:50.40	405	2:48.00			97%	



	, 2014 (11 ),									1
800m		153.	<b>12:32.70</b>	267	13:00.00				107%	
100m		53.	1:25.85	297	1:25.00				98%	
200m		156.	3:11.74	284	3:09.00				97%	
	, 2013 (12 ),									3
100m		63.	<b>1:09.68</b>	304	1:12.00				107%	
800m		113.	<b>11:32.90</b>	277	12:15.00				113%	
200m		108.	<b>2:58.32</b>	261	3:00.00				102%	
	, 2012 (13 ),									1
100m		77.	1:12.44	363	1:08.00				88%	
800m		32.	<b>10:48.98</b>	416	10:50.00				100%	
100m		42.	1:23.39	324	1:20.00				92%	
200m		84.	2:56.57	364	2:53.00				96%	
	, 2013 (12 ),									2
800m		99.	11:26.78	285	11:10.00				95%	
100m		24.	<b>1:21.11</b>	226	1:22.00				102%	
200m		118.	<b>3:00.35</b>	252	3:10.00				111%	
	, 2012 (13 ),									1
100m		105.	1:13.64	257	1:13.00				98%	
800m		177.	12:58.98	195	12:00.00				85%	
200m		155.	<b>3:09.49</b>	217	3:15.00				106%	
	, 2013 (12 ),									1
100m		98.	1:15.36	323	1:14.00				96%	
800m		79.	11:22.29	358	11:05.00				95%	
100m		16.	1:28.16	384	1:25.00				93%	
200m		71.	<b>2:54.57</b>	377	3:05.00				112%	
	, 2013 (12 ),									3
100m		45.	<b>1:09.21</b>	417	1:10.00				102%	
800m		16.	<b>10:32.54</b>	450	10:40.00				102%	
100m		28.	<b>1:33.16</b>	326	1:40.00				115%	
200m		48.	2:50.90	401	2:50.00				99%	
	, 2014 (11 ),									-
800m		147.	12:26.92	273	12:15.00				97%	
100m		66.	1:29.67	261	1:25.00				90%	
200m		178.	3:18.81	255	3:12.00				93%	
	, 2014 (11 ),									1
800m		173.	12:40.71	209	12:09.00				92%	
100m		23.	1:33.63	224	1:30.00				92%	
200m		122.	<b>3:01.29</b>	248	3:07.00				106%	
	, 2013 (12 ),									2
100m		122.	<b>1:15.34</b>	240	1:18.10				107%	
800m		163.	12:18.49	229	12:17.20				100%	
200m		168.	<b>3:13.83</b>	203	3:14.24				100%	
	, 2012 (13 ),									-
100m		34.	1:06.87	344	1:06.00				97%	
800m		111.	11:32.71	278	11:15.00				95%	
200m		64.	2:52.07	290	2:52.00				100%	
	, 2012 (13 ),									2
100m		2.	<b>1:00.01</b>	476	1:01.00				103%	
800m		6.	9:50.75	448	9:50.00				100%	
100m		1.	1:05.47	430	1:05.00				99%	
200m		10.	<b>2:36.37</b>	387	2:38.00				102%	
	, 2014 (11 ),									3
800m		166.	<b>12:47.11</b>	252	13:20.00				109%	
100m		41.	<b>1:37.97</b>	280	1:40.00				104%	
200m		177.	<b>3:18.64</b>	255	3:20.00				101%	
	, 2013 (12 ),									1
100m		87.	1:13.56	347	1:12.00				96%	
800m		162.	12:43.48	256	12:00.00				89%	
100m		18.	1:30.82	352	1:30.00				98%	
200m		89.	<b>2:58.05</b>	355	3:10.00				114%	
	, 2012 (13 ),									-
100m		55.	1:10.55	393	1:09.00				96%	
800m		24.	10:43.42	427	10:20.00				93%	
100m		13.	1:17.19	409	1:15.00				94%	
200m		25.	2:45.76	440	2:45.00				99%	
	, 2013 (12 ),									2
100m		111.	<b>1:16.60</b>	307	1:20.00				109%	
800m		138.	<b>12:20.38</b>	280	12:30.00				103%	
200m		153.	3:11.30	286	3:09.00				98%	
	, 2012 (13 ),									1
100m		31.	1:08.18	436	1:08.00				99%	
800m		31.	<b>10:48.68</b>	417	11:10.00				107%	
100m		10.	1:16.31	424	1:14.00				94%	
200m		12.	2:42.54	467	2:41.00				98%	



	, 2012 (13 ),								1
100m		6.	<b>1:02.66</b>	418	1:04.00			104%	
800m		9.	10:04.57	418	9:59.00			98%	
100m		7.	1:09.68	357	1:09.00			98%	
200m		6.	2:35.23	396	2:35.00			100%	
	, 2014 (11 ),								-
100m		58.	1:10.76	390	1:10.00			98%	
800m		122.	11:56.97	309	11:20.00			90%	
200m		118.	3:03.58	324	2:59.00			95%	
	, 2013 (12 ),								-
100m		120.	1:15.21	241	1:10.00			87%	
800m		159.	12:09.83	237	11:30.00			89%	
200m		103.	2:57.67	264	2:55.00			97%	
	, 2013 (12 ),								1
100m		61.	1:09.64	304	1:07.00			93%	
800m		65.	11:03.75	316	11:00.00			99%	
200m		39.	<b>2:46.75</b>	319	2:47.00			100%	
	, 2014 (11 ),								-
100m		35.	1:06.95	342	1:05.00			94%	
800m		51.	10:55.74	327	10:40.00			95%	
200m		76.	2:53.52	283	2:46.00			92%	
	, 2013 (12 ),								2
100m		37.	<b>1:07.09</b>	340	1:08.00			103%	
800m		59.	10:59.69	321	10:45.00			96%	
200m		40.	<b>2:46.82</b>	319	2:49.00			103%	
	, 2012 (13 ),								2
100m		44.	<b>1:08.16</b>	324	1:10.00			105%	
800m		26.	10:28.00	373	10:25.00			99%	
200m		124.	<b>3:01.82</b>	246	3:03.00			101%	
	, 2012 (13 ),								1
800m		43.	10:55.89	403	10:40.00			95%	
100m		5.	<b>1:15.12</b>	444	1:17.00			105%	
200m		33.	2:46.88	431	2:45.00			98%	
	, 2012 (13 ),								1
100m		43.	1:08.09	325	1:08.00			100%	
800m		134.	<b>11:51.94</b>	256	12:30.00			111%	
200m		148.	3:07.58	224	3:05.00			97%	
	, 2013 (12 ),								1
800m		128.	11:44.89	263	11:30.00			96%	
100m		19.	<b>1:17.97</b>	255	1:18.00			100%	
	, 2012 (13 ),								2
800m		145.	12:00.59	246	11:50.00			97%	
100m		34.	<b>1:24.35</b>	228	1:25.00			102%	
200m		125.	<b>3:02.45</b>	243	3:05.00			103%	
	, 2013 (12 ),								-
800m		35.	10:32.66	364	10:30.00			99%	
100m		16.	1:17.95	290	1:15.00			93%	
100m		14.	1:15.59	279	1:13.00			93%	
200m		27.	2:44.17	334	2:44.00			100%	
	, 2012 (13 ),								1
100m		43.	<b>1:09.16</b>	417	1:10.00			102%	
800m		98.	11:37.47	335	11:15.00			94%	
100m		39.	1:22.36	337	1:19.00			92%	
200m		101.	3:00.07	343	2:50.00			89%	
	, 2012 (13 ),								1
100m		61.	<b>1:10.81</b>	389	1:11.00			101%	
800m		99.	11:38.36	334	11:15.00			93%	
100m		24.	1:31.83	340	1:27.00			90%	
200m		83.	2:56.52	364	2:50.00			93%	
	, 2012 (13 ),								-
100m		2.	1:04.27	520	1:04.00			99%	
800m		6.	10:17.80	483	10:05.00			96%	
100m		5.	1:13.48	430	1:09.00			88%	
200m		17.	2:43.73	457	2:38.00			93%	
	, 2012 (13 ),								1
800m		80.	<b>11:24.46</b>	355	11:30.00			102%	
100m		44.	1:23.64	322	1:23.00			98%	
100m		36.	1:35.47	303	1:31.00			91%	
200m		75.	2:55.14	373	2:53.00			98%	
	, 2012 (13 ),								1
100m		73.	1:10.53	293	1:10.00			99%	
800m		81.	<b>11:16.13</b>	298	11:30.00			104%	
200m		60.	2:50.96	296	2:49.00			98%	
	, 2012 (13 ),								1
100m		46.	1:09.38	414	1:07.00			93%	
800m		85.	<b>11:29.19</b>	348	11:30.00			100%	
100m		24.	1:20.19	365	1:19.00			97%	

, 11. - 13.2.2025

200m		107.	3:01.28	336	2:49.00	87%	3
100m	, 2014 (11 )	49.	<b>1:24.99</b>	306	1:30.50	113%	
100m		19.	<b>1:30.87</b>	351	1:33.50	106%	
200m		95.	<b>2:58.63</b>	351	3:15.00	119%	
100m	, 2013 (12 )	26.	<b>1:21.18</b>	226	1:24.00	107%	1
800m	, 2012 (13 )	90.	11:30.65	345	11:00.00	91%	
100m		16.	1:17.76	400	1:15.00	93%	
100m		7.	1:24.66	434	1:22.00	94%	
200m		34.	2:47.21	429	2:45.00	97%	
100m	, 2012 (13 )	20.	1:05.21	371	1:03.00	93%	1
800m		17.	<b>10:17.90</b>	391	10:20.00	101%	
100m		21.	1:18.51	249	1:12.00	84%	
200m		22.	2:41.23	353	2:40.00	98%	
100m	, 2013 (12 )	81.	<b>1:12.67</b>	360	1:13.00	101%	1
800m		97.	11:37.34	335	11:15.00	94%	
100m		51.	1:25.66	299	1:23.00	94%	
200m		116.	3:03.40	325	3:00.00	96%	
100m	, 2012 (13 )	88.	1:13.58	347	1:11.00	93%	-
800m		116.	11:49.88	318	11:15.00	90%	
100m		6.	1:24.39	438	1:22.00	94%	
200m		52.	2:51.72	396	2:47.00	95%	
100m	, 2013 (12 )	68.	1:11.55	377	1:10.00	96%	-
800m		96.	11:36.33	337	11:30.00	98%	
200m		110.	3:01.76	334	3:00.00	98%	
100m	, 2014 (11 )	102.	1:15.76	317	1:15.00	98%	2
800m		84.	<b>11:29.15</b>	348	11:30.00	100%	
100m		68.	<b>1:29.86</b>	259	1:30.00	100%	
200m		157.	3:11.77	284	3:08.00	96%	
800m	, 2013 (12 )	118.	<b>11:35.99</b>	274	11:45.00	103%	1
100m		7.	1:24.01	310	1:23.00	98%	
200m		93.	2:56.16	271	2:52.00	95%	
100m	, 2013 (12 )	17.	1:06.74	465	1:06.00	98%	2
800m		14.	<b>10:26.35</b>	463	10:30.00	101%	
100m		12.	1:17.00	412	1:17.00	100%	
200m		11.	<b>2:42.18</b>	470	2:46.00	105%	
800m	, 2012 (13 )	179.	13:00.17	194	13:00.00	100%	1
100m		20.	1:31.75	238	1:30.00	96%	
200m		161.	<b>3:11.40</b>	211	3:15.00	104%	
100m	, 2013 (12 )	108.	1:14.04	253	1:11.00	92%	1
800m		132.	11:50.47	257	11:40.00	97%	
200m		106.	<b>2:58.15</b>	262	3:55.00	174%	
100m	, 2012 (13 )	52.	1:09.81	406	1:09.00	98%	1
800m		87.	11:29.93	346	11:00.00	92%	
100m		25.	<b>1:32.39</b>	334	1:45.00	129%	
200m		45.	2:49.99	408	2:45.00	94%	
100m	, 2012 (13 )	30.	1:07.98	440	1:04.00	89%	-
800m		9.	10:22.23	472	10:05.00	95%	
100m		9.	1:15.15	402	1:12.00	92%	
200m		14.	2:43.31	460	2:40.00	96%	
100m	, 2012 (13 )	10.	<b>1:03.80</b>	396	1:04.00	101%	1
800m		38.	10:35.98	359	10:30.00	98%	
100m		20.	1:19.46	273	1:12.00	82%	
200m		31.	2:44.73	331	2:41.00	96%	
100m	, 2013 (12 )	56.	1:09.08	312	1:07.00	94%	-
800m		42.	10:45.49	343	10:25.00	94%	
100m		21.	1:19.51	273	1:17.00	94%	
200m		49.	2:48.81	307	2:45.00	96%	
100m	, 2013 (12 )	75.	1:12.35	365	1:10.00	94%	1
800m		50.	11:06.81	384	10:50.00	95%	
100m		22.	1:25.29	275	1:19.00	86%	
200m		78.	<b>2:55.53</b>	370	3:00.00	105%	



	, 2013 (12 ),								1
100m		78.	1:12.52	362	1:11.00			96%	
800m		75.	11:20.05	362	11:20.00			100%	
200m		96.	<b>2:58.87</b>	350	3:10.20			113%	
	, 2013 (12 ),								1
100m		63.	1:11.03	385	1:10.09			97%	
800m		112.	11:46.88	322	11:15.20			91%	
100m		22.	1:19.84	370	1:18.19			96%	
200m		51.	<b>2:51.68</b>	396	2:54.50			103%	
	, - , 2013 (12 ),								2
100m		71.	1:12.21	367	1:12.00			99%	
800m		66.	<b>11:12.61</b>	374	11:15.00			101%	
100m		27.	1:20.73	358	1:10.00			75%	
200m		57.	<b>2:52.55</b>	390	2:54.00			102%	
	, 2013 (12 ),								2
800m		112.	11:32.77	277	11:25.00			98%	
100m		17.	<b>1:29.41</b>	257	1:30.00			101%	
200m		94.	<b>2:56.20</b>	270	3:10.00			116%	
	, 2014 (11 ),								-
100m		84.	1:13.28	351	1:12.00			97%	
800m		68.	11:12.75	374	11:00.00			96%	
100m		47.	1:41.26	254	1:31.00			81%	
200m		87.	2:57.41	359	2:54.00			96%	
	, 2014 (11 ),								1
100m		139.	1:17.66	219	1:16.00			96%	
800m		158.	12:09.15	238	11:45.00			93%	
200m		169.	<b>3:13.84</b>	203	3:15.00			101%	
	, 2014 (11 ),								-
100m		133.	1:23.72	235	1:18.00			87%	
800m		167.	12:48.43	251	12:00.00			88%	
200m		185.	3:22.26	242	3:15.00			93%	
	, 2014 (11 ),								3
100m		114.	<b>1:14.64</b>	247	1:15.00			101%	
800m		97.	<b>11:25.92</b>	286	12:15.00			115%	
200m		159.	<b>3:10.76</b>	213	3:18.00			108%	
	, 2013 (12 ),								3
100m		84.	<b>1:11.43</b>	282	1:13.00			104%	
800m		70.	11:06.30	312	10:40.00			92%	
100m		24.	<b>1:34.66</b>	216	1:37.00			105%	
200m		101.	<b>2:57.50</b>	264	3:00.00			103%	
	, 2013 (12 ),								1
100m		128.	1:19.91	270	1:16.00			90%	
800m		127.	12:04.85	299	11:30.00			91%	
200m		136.	<b>3:06.68</b>	308	3:20.00			115%	
	, 2013 (12 ),								3
100m		87.	1:11.62	280	1:11.00			98%	
800m		48.	<b>10:50.90</b>	335	11:00.00			103%	
100m		22.	<b>1:19.69</b>	271	1:20.00			101%	
200m		95.	<b>2:56.22</b>	270	3:00.00			104%	
	, 2012 (13 ),								2
100m		94.	<b>1:14.79</b>	330	1:15.00			101%	
800m		118.	11:50.70	317	11:50.00			100%	
200m		129.	<b>3:05.30</b>	315	3:20.00			116%	
	, 2012 (13 ),								4
100m		72.	<b>1:12.24</b>	366	1:13.00			102%	
800m		64.	<b>11:12.10</b>	375	11:16.00			101%	
100m		8.	<b>1:24.84</b>	431	1:26.00			103%	
200m		56.	<b>2:52.27</b>	392	2:54.00			102%	
	, 2014 (11 ),								1
100m		122.	1:18.22	288	1:17.90			99%	
800m		109.	11:41.98	329	11:20.00			94%	
100m		33.	1:34.27	314	1:30.00			91%	
200m		106.	<b>3:01.20</b>	337	3:03.00			102%	
	, 2012 (13 ),								3
800m		28.	<b>10:45.91</b>	422	10:47.00			100%	
100m		26.	1:20.53	360	1:16.00			89%	
100m		18.	<b>1:19.71</b>	337	1:22.00			106%	
200m		42.	<b>2:49.36</b>	412	2:52.00			103%	
	, 2014 (11 ),								1
100m		110.	1:14.19	251	1:13.00			97%	
800m		131.	11:48.25	260	11:30.00			95%	
200m		151.	<b>3:07.98</b>	223	3:14.00			107%	
	, 2014 (11 ),								-
100m		118.	1:17.61	295	1:14.00			91%	
800m		132.	12:09.69	293	11:50.00			95%	
100m		24.	1:29.15	241	1:27.00			95%	
200m		139.	3:06.84	307	3:06.00			99%	

	, 2013 (12 ),						1
100m		95.	<b>1:12.63</b>	268	1:15.00	107%	
800m		58.	10:59.68	321	10:55.00	99%	
100m		37.	1:24.87	224	1:23.00	96%	
200m		116.	3:00.07	253	3:00.00	100%	
	, 2014 (11 ),						-
100m		12.	1:06.18	477	1:06.00	99%	
800m		21.	10:39.95	434	10:23.00	95%	
100m		3.	1:13.13	481	1:10.00	92%	
200m		22.	2:44.94	447	2:40.00	94%	
	, 2014 (11 ),						-
800m		169.	12:55.02	244	11:54.00	85%	
100m		64.	1:28.00	276	1:20.00	83%	
200m		138.	3:06.83	307	2:57.00	90%	
	, 2014 (11 ),						-
100m		120.	1:17.75	294	1:14.00	91%	
800m		140.	12:21.63	279	11:30.00	87%	
200m		144.	3:08.03	301	3:00.00	92%	
	, 2013 (12 ),						2
800m		134.	<b>12:13.53</b>	288	12:26.34	104%	
100m		45.	1:38.69	274	1:35.74	94%	
200m		140.	<b>3:07.58</b>	303	3:08.23	101%	
	, 2013 (12 ),						2
100m		138.	<b>1:17.08</b>	224	1:23.87	118%	
800m		122.	<b>11:40.15</b>	269	11:43.28	101%	
	, 2014 (11 ),						1
100m		81.	1:11.24	284	1:10.00	97%	
800m		120.	11:38.20	271	11:15.00	93%	
200m		85.	<b>2:54.94</b>	276	2:55.00	100%	
	, 2013 (12 ),						1
800m		117.	<b>11:35.93</b>	274	12:01.00	107%	
100m		39.	1:26.14	214	1:25.10	98%	
200m		137.	3:04.79	234	3:02.00	97%	
	, 2013 (12 ),						-
100m		131.	1:16.59	229	1:12.00	88%	
800m		116.	11:34.30	276	11:30.00	99%	
200m		145.	3:06.23	229	3:00.00	93%	
	, 2013 (12 ),						2
800m		88.	<b>11:30.02</b>	346	11:33.94	101%	
200m		61.	<b>2:53.31</b>	385	2:53.68	100%	
	, 2013 (12 ),						1
100m		65.	1:09.86	301	1:09.00	98%	
800m		43.	10:45.64	343	10:37.00	97%	
100m		25.	1:20.80	260	1:19.00	96%	
200m		56.	<b>2:50.55</b>	298	2:55.00	105%	
	, 2012 (13 ),						1
100m		29.	<b>1:06.44</b>	350	1:06.81	101%	
800m		49.	10:51.20	334	10:30.00	94%	
100m		28.	1:21.15	257	1:17.00	90%	
200m		47.	2:48.30	310	2:48.22	100%	
"	"						65
	, 2012 (13 ),						-
800m		144.	11:59.27	248	11:45.07	96%	
100m		1.	1:21.76	336	1:20.20	96%	
	, 2014 (11 ),						-
100m		121.	1:15.29	241	1:10.00	86%	
800m		125.	11:40.88	268	11:00.00	89%	
200m		163.	3:11.48	211	3:10.00	98%	
	, 2013 (12 ),						1
800m		165.	<b>12:46.36</b>	253	12:50.00	101%	
100m		53.	1:47.12	214	1:45.00	96%	
	, 2013 (12 ),						1
800m		193.	13:49.57	199	13:27.00	95%	
100m		50.	1:43.97	234	1:40.00	93%	
200m		183.	<b>3:21.32</b>	245	3:25.00	104%	
	, 2012 (13 ),						1
800m		50.	10:53.69	330	10:25.00	91%	
100m		4.	<b>1:08.33</b>	379	1:11.20	109%	
200m		28.	2:44.28	334	2:31.50	85%	
	, 2012 (13 ),						-
100m		129.	1:16.38	230	1:15.00	96%	
800m		171.	12:35.15	214	12:00.00	91%	
200m		121.	3:01.17	249	3:00.00	99%	



, 11. - 13.2.2025

200m		172.	3:16.79	263	3:15.00	98%	2
100m	, 2014 (11 ),	18.	1:05.09	373	1:04.00	97%	
800m		37.	<b>10:33.07</b>	364	10:35.00	101%	
100m		22.	1:18.82	246	1:18.00	98%	
200m		33.	<b>2:45.34</b>	327	2:47.00	102%	2
100m	, 2013 (12 ),	5.	1:05.05	502	1:04.00	97%	
800m		91.	11:30.67	345	10:50.00	89%	
100m		1.	<b>1:09.59</b>	506	1:11.00	104%	
200m		19.	<b>2:43.98</b>	454	2:50.50	108%	1
800m	, 2013 (12 ),	10.	<b>10:23.12</b>	470	10:25.00	101%	
100m		10.	1:26.02	414	1:22.70	92%	
100m		7.	1:14.84	407	1:13.50	96%	
200m		4.	2:40.27	487	2:35.00	94%	
100m	, 2014 (11 ),	46.	1:40.26	261	1:35.00	90%	-
200m		194.	3:30.61	214	3:18.00	88%	
800m	, 2012 (13 ),	179.	13:16.60	225	13:00.00	96%	-
100m		75.	1:32.71	236	1:27.70	89%	
200m		170.	3:16.34	265	3:15.50	99%	
100m	, 2013 (12 ),	127.	1:19.28	277	1:16.00	92%	-
800m		197.	14:10.96	184	13:00.00	84%	
200m		173.	3:16.89	262	3:15.00	98%	
100m	, 2012 (13 ),	92.	1:12.34	271	1:10.00	94%	-
800m		114.	11:34.00	276	11:00.00	90%	
200m		119.	3:00.70	251	2:50.00	89%	
800m	, 2012 (13 ),	101.	11:29.88	281	11:00.00	92%	-
100m		18.	1:19.10	277	1:15.00	90%	
200m		120.	3:00.96	250	2:53.00	91%	
800m	, 2013 (12 ),	199.	14:21.64	178	13:25.00	87%	-
100m		54.	1:50.01	198	1:43.00	88%	
200m		199.	3:35.83	199	3:35.00	99%	
800m	, 2012 (13 ),	74.	11:08.96	308	10:35.00	90%	-
100m		11.	1:16.44	307	1:14.00	94%	
200m		69.	2:52.41	289	2:40.00	86%	
800m	, 2012 (13 ),	142.	11:57.70	249	10:50.00	82%	-
100m		12.	1:28.19	268	1:25.00	93%	
200m		80.	2:54.21	280	2:50.00	95%	
100m	, 2013 (12 ),	83.	<b>1:11.26</b>	284	1:12.00	102%	2
800m		39.	10:38.41	355	10:33.00	98%	
100m		27.	<b>1:21.34</b>	224	1:22.00	102%	
200m		88.	2:55.56	273	2:50.00	94%	
100m	, 2013 (12 ),	93.	<b>1:14.71</b>	331	1:18.00	109%	3
800m		135.	<b>12:15.81</b>	285	12:30.00	104%	
200m		99.	<b>2:59.84</b>	344	3:10.00	112%	
800m	, 2012 (13 ),	167.	<b>12:21.70</b>	226	12:30.00	102%	1
100m		26.	1:36.03	207	1:28.00	84%	
200m		128.	3:02.95	241	2:57.00	94%	
100m	, 2012 (13 ),	19.	<b>1:06.92</b>	461	1:07.43	102%	4
800m		47.	<b>11:01.90</b>	392	11:39.25	112%	
100m		21.	<b>1:19.32</b>	377	1:25.43	116%	
200m		72.	<b>2:54.87</b>	375	3:10.91	119%	
100m	, 2014 (11 ),	72.	<b>1:10.51</b>	293	1:18.00	122%	1
800m		169.	12:30.52	218	12:30.00	100%	
800m	, 2013 (12 ),	202.	15:31.53	140	13:50.00	79%	-
100m		DNF	-	-	1:40.00	-	
200m		DNF	-	-	3:35.00	-	
100m	, 2013 (12 ),	36.	<b>1:08.90</b>	422	1:09.00	100%	2
800m		51.	<b>11:07.06</b>	383	11:30.00	107%	
100m		20.	1:19.12	380	1:13.00	85%	
200m		76.	2:55.36	372	2:43.00	86%	

800m		76.	11:13.63	302	10:45.00			92%		
100m		22.	1:33.29	226	1:32.00			97%		
200m		96.	2:56.65	268	2:55.00			98%		
100m		39.	1:09.00	420	1:08.00			97%		
800m		82.	11:27.86	350	11:00.00			92%		
100m		9.	1:16.18	426	1:14.00			94%		
200m		44.	2:49.86	409	2:45.00			94%		
100m		132.	<b>1:21.69</b>	253	1:25.00			108%		3
800m		189.	<b>13:40.21</b>	206	14:40.00			115%		
200m		180.	<b>3:20.84</b>	247	3:40.00			120%		
100m		136.	1:24.73	227	1:19.00			87%		
200m		198.	3:35.51	200	3:20.00			86%		
800m		200.	14:43.30	165	11:54.00			65%		
200m		166.	3:15.63	267	3:05.00			89%		
100m		94.	1:14.79	330	1:11.00			90%		
800m		101.	11:38.77	333	11:35.00			99%		
100m		30.	1:33.67	320	1:32.00			96%		
200m		91.	2:58.31	353	2:52.00			93%		
800m		59.	11:10.59	377	10:45.00			93%		
100m		19.	1:21.50	315	1:21.00			99%		
200m		85.	2:56.86	362	2:55.00			98%		
800m		147.	12:01.16	246	11:52.00			97%		2
100m		15.	<b>1:29.08</b>	260	1:34.20			112%		
200m		100.	<b>2:57.44</b>	265	3:05.00			109%		
100m		48.	1:09.50	411	1:08.00			96%		3
800m		61.	<b>11:11.39</b>	376	11:30.00			106%		
100m		37.	<b>1:21.95</b>	342	1:25.00			108%		
200m		59.	<b>2:52.85</b>	388	2:55.00			103%		
800m		58.	<b>11:10.17</b>	378	11:30.00			106%		3
100m		20.	<b>1:22.08</b>	308	1:25.00			107%		
200m		66.	<b>2:53.99</b>	380	3:00.00			107%		
800m		181.	<b>13:18.47</b>	223	13:20.00			100%		3
100m		34.	<b>1:34.53</b>	312	1:39.89			112%		
200m		155.	<b>3:11.65</b>	284	3:30.69			121%		
100m		100.	<b>1:13.28</b>	261	1:18.00			113%		1
800m		129.	11:45.38	263	11:00.00			88%		
100m		50.	<b>1:09.53</b>	411	1:10.00			101%		1
800m		78.	11:21.59	359	11:00.00			94%		
100m		27.	1:32.83	329	1:28.00			90%		
200m		40.	2:49.15	414	2:49.00			100%		
100m		141.	1:18.69	211	1:15.00			91%		
800m		170.	12:31.79	217	12:28.00			99%		
200m		167.	3:13.53	204	3:10.00			96%		
100m		94.	1:12.48	270	1:08.00			88%		
100m		144.	1:20.97	193	1:15.00			86%		
800m		180.	13:41.10	166	11:54.28			76%		
200m		175.	3:21.99	179	3:04.41			83%		
100m		85.	1:13.51	348	1:12.00			96%		1
800m		63.	<b>11:12.02</b>	375	12:15.00			120%		
100m		30.	1:20.92	355	1:19.00			95%		
200m		124.	3:04.57	319	2:59.00			94%		
100m		95.	1:12.63	268	1:09.99			93%		
800m		140.	11:56.09	251	11:21.07			90%		
200m		131.	3:03.48	239	2:55.61			92%		
100m		69.	<b>1:11.59</b>	376	1:12.00			101%		2
800m		81.	<b>11:26.90</b>	351	11:50.00			107%		
100m		20.	1:31.26	347	1:31.00			99%		
200m		93.	2:58.53	352	2:55.00			96%		

800m	, 2012 (13 ),	190.	13:40.93	205	12:20.00	81%	-
100m		44.	1:38.58	275	1:35.00	93%	
800m	, 2013 (12 ),	108.	<b>11:31.29</b>	279	11:47.00	105%	1
100m		8.	1:14.32	334	1:14.00	99%	
200m		61.	2:51.61	293	2:45.00	92%	
100m	, 2012 (13 ),	117.	<b>1:17.56</b>	296	1:18.84	103%	3
800m		133.	<b>12:10.83</b>	291	12:17.54	102%	
100m		35.	1:34.90	308	1:33.41	97%	
200m		148.	<b>3:09.59</b>	294	3:16.10	107%	
800m	, 2012 (13 ),	98.	11:25.94	286	10:47.00	89%	-
100m		24.	1:20.65	261	1:17.00	91%	
200m		58.	2:50.85	297	2:50.00	99%	
100m	, 2012 (13 ),	57.	1:09.17	310	1:06.00	91%	1
800m		82.	11:17.79	296	11:14.00	99%	
200m		50.	<b>2:48.83</b>	307	2:52.00	104%	
800m	, 2012 (13 ),	183.	13:24.56	218	13:00.00	94%	-
100m		73.	1:31.33	247	1:28.00	93%	
200m		179.	3:19.12	254	3:13.00	94%	
100m	, 2012 (13 ),	74.	1:10.65	291	1:08.00	93%	-
800m		109.	11:31.41	279	11:14.00	95%	
200m		110.	2:58.88	258	2:53.00	94%	
100m	, 2012 (13 ),	23.	<b>1:07.29</b>	453	1:12.00	114%	3
800m		44.	<b>10:56.74</b>	402	11:00.00	101%	
100m		2.	<b>1:11.45</b>	468	1:18.00	119%	
200m		35.	2:47.60	426	2:46.00	98%	
"	"						5
100m	, 2012 (13 ),	42.	<b>1:07.87</b>	329	1:09.10	104%	2
200m		41.	<b>2:46.96</b>	318	2:51.12	105%	
100m	, 2012 (13 ),	13.	<b>1:04.48</b>	383	1:08.11	112%	2
200m		86.	<b>2:55.13</b>	275	3:00.46	106%	
100m	, 2012 (13 ),	7.	<b>1:15.80</b>	432	1:16.00	101%	1
-							2
100m	, 2013 (12 ),	118.	1:14.93	244	1:13.26	96%	1
800m		104.	<b>11:30.45</b>	280	11:50.40	106%	
200m		156.	3:09.63	217	3:05.18	95%	
800m	, 2012 (13 ),	63.	11:00.76	320	10:30.18	91%	-
100m		2.	1:22.10	332	1:18.27	91%	
200m		29.	2:44.35	333	2:35.10	89%	
100m	, 2013 (12 ),	67.	1:11.53	377	1:08.60	92%	1
800m		100.	11:38.44	334	11:03.72	90%	
100m		38.	<b>1:22.14</b>	340	1:22.18	100%	
200m		97.	2:59.50	346	2:41.54	81%	