

9
 30.01.2024 - 10:45

, 400m

14

I 9+: 5:02.00 /	I 9+: 7:38.00 /	II 9+: 5:43.00 /	
II 9+: 8:49.00 /	III 9+: 6:27.00 /	III 9+: 10:00.00 /	
10+: 4:44.00 /	12+: 4:29.00		

: FINA 2023

100m 200m 300m 400m

(14-15)

1.		09	"	"	4:32.69 651	1:04.77	1:09.54	1:10.27	1:08.11
	50m:	31.04 31.04	150m:	1:39.50 34.73	250m:	2:49.44 35.13	350m:	3:58.73 34.15	
	100m:	1:04.77 33.73	200m:	2:14.31 34.81	300m:	3:24.58 35.14	400m:	4:32.69 33.96	
2.		09	"	"	4:42.33 587	1:08.13	1:12.21	1:12.47	1:09.52
	50m:	32.92 32.92	150m:	1:44.00 35.87	250m:	2:56.67 36.33	350m:	4:09.19 36.38	
	100m:	1:08.13 35.21	200m:	2:20.34 36.34	300m:	3:32.81 36.14	400m:	4:42.33 33.14	
3.		09	"	"	4:44.36 574 I	1:08.89	1:12.66	1:13.10	1:09.71
	50m:	33.10 33.10	150m:	1:45.23 36.34	250m:	2:58.08 36.53	350m:	4:11.00 36.35	
	100m:	1:08.89 35.79	200m:	2:21.55 36.32	300m:	3:34.65 36.57	400m:	4:44.36 33.36	
4.		09	"	"	4:49.04 547 I	1:08.66	1:13.52	1:14.24	1:12.62
	50m:	32.40 32.40	150m:	1:45.13 36.47	250m:	2:58.99 36.81	350m:	4:13.11 36.69	
	100m:	1:08.66 36.26	200m:	2:22.18 37.05	300m:	3:36.42 37.43	400m:	4:49.04 35.93	
5.		10	"	"	4:52.09 530 I	1:08.97	1:14.14	1:15.59	1:13.39
	50m:	33.24 33.24	150m:	1:46.10 37.13	250m:	3:00.85 37.74	350m:	4:16.92 38.22	
	100m:	1:08.97 35.73	200m:	2:23.11 37.01	300m:	3:38.70 37.85	400m:	4:52.09 35.17	
6.		10	"	"	4:52.57 527 I	1:09.11	1:14.29	1:14.88	1:14.29
	50m:	33.08 33.08	150m:	1:45.78 36.67	250m:	3:00.45 37.05	350m:	4:15.52 37.24	
	100m:	1:09.11 36.03	200m:	2:23.40 37.62	300m:	3:38.28 37.83	400m:	4:52.57 37.05	
7.		10	"	"	4:55.00 514 I	1:11.15	1:15.46	1:16.04	1:12.35
	50m:	33.95 33.95	150m:	1:48.82 37.67	250m:	3:04.56 37.95	350m:	4:20.22 37.57	
	100m:	1:11.15 37.20	200m:	2:26.61 37.79	300m:	3:42.65 38.09	400m:	4:55.00 34.78	
8.		10	"	"	4:55.70 510 I	1:09.59	1:14.82	1:16.52	1:14.77
	50m:	33.46 33.46	150m:	1:46.72 37.13	250m:	3:02.90 38.49	350m:	4:19.21 38.28	
	100m:	1:09.59 36.13	200m:	2:24.41 37.69	300m:	3:40.93 38.03	400m:	4:55.70 36.49	
9.		10	"	"	4:57.72 500 I	1:12.36	1:16.22	1:16.13	1:13.01
	50m:	35.21 35.21	150m:	1:50.06 37.70	250m:	3:06.52 37.94	350m:	4:21.55 36.84	
	100m:	1:12.36 37.15	200m:	2:28.58 38.52	300m:	3:44.71 38.19	400m:	4:57.72 36.17	
10.		10	"	"	4:57.86 499 I	1:08.42	1:16.31	1:17.43	1:15.70
	50m:	32.62 32.62	150m:	1:46.65 38.23	250m:	3:03.51 38.78	350m:	4:21.28 39.12	
	100m:	1:08.42 35.80	200m:	2:24.73 38.08	300m:	3:42.16 38.65	400m:	4:57.86 36.58	
11.		10	"	"	5:01.71 481 I	1:13.68	1:17.07	1:17.03	1:13.93
	50m:	35.85 35.85	150m:	1:52.13 38.45	250m:	3:09.46 38.71	350m:	4:26.11 38.33	
	100m:	1:13.68 37.83	200m:	2:30.75 38.62	300m:	3:47.78 38.32	400m:	5:01.71 35.60	
12.		09	"	"	5:03.95 470 II	1:12.54	1:16.82	1:18.33	1:16.26
	50m:	34.43 34.43	150m:	1:50.45 37.91	250m:	3:07.75 38.39	350m:	4:26.20 38.51	
	100m:	1:12.54 38.11	200m:	2:29.36 38.91	300m:	3:47.69 39.94	400m:	5:03.95 37.75	
13.		09	"	"	5:07.15 455 II	1:12.06	1:18.54	1:19.72	1:16.83
	50m:	34.45 34.45	150m:	1:50.80 38.74	250m:	3:10.01 39.41	350m:	4:29.91 39.59	
	100m:	1:12.06 37.61	200m:	2:30.60 39.80	300m:	3:50.32 40.31	400m:	5:07.15 37.24	
14.		09	"	"	5:08.41 450 II	1:13.50	1:19.29	1:19.93	1:15.69
	50m:	34.82 34.82	150m:	1:52.93 39.43	250m:	3:12.08 39.29	350m:	4:31.23 38.51	
	100m:	1:13.50 38.68	200m:	2:32.79 39.86	300m:	3:52.72 40.64	400m:	5:08.41 37.18	
15.		10	"	"	5:10.09 443 II	1:14.57	1:19.20	1:19.18	1:17.14
	50m:	35.47 35.47	150m:	1:54.21 39.64	250m:	3:12.79 39.02	350m:	4:32.47 39.52	
	100m:	1:14.57 39.10	200m:	2:33.77 39.56	300m:	3:52.95 40.16	400m:	5:10.09 37.62	
16.		09	"	"	5:10.10 443 II	1:11.70	1:19.29	1:20.69	1:18.42
	50m:	34.22 34.22	150m:	1:50.79 39.09	250m:	3:11.32 40.33	350m:	4:31.87 40.19	
	100m:	1:11.70 37.48	200m:	2:30.99 40.20	300m:	3:51.68 40.36	400m:	5:10.10 38.23	
17.		09	"	"	5:13.04 430 II	1:11.63	1:20.85	1:22.62	1:17.94
	50m:	34.16 34.16	150m:	1:51.02 39.39	250m:	3:14.20 41.72	350m:	4:36.03 40.93	
	100m:	1:11.63 37.47	200m:	2:32.48 41.46	300m:	3:55.10 40.90	400m:	5:13.04 37.01	
18.		09	"	"	5:14.49 424 II	1:12.51	1:19.66	1:21.83	1:20.49
	50m:	33.88 33.88	150m:	1:52.42 39.91	250m:	3:13.24 41.07	350m:	4:35.17 41.17	
	100m:	1:12.51 38.63	200m:	2:32.17 39.75	300m:	3:54.00 40.76	400m:	5:14.49 39.32	

" -2024"
 , 29.1. - 1.2.2024

9, , 400m				(14-15)		100m	200m	300m	400m
19.	,	10	"	"	5:14.98 422 II	1:13.03	1:19.96	1:20.43	1:21.56
	50m:	34.43	34.43	150m:	1:52.35	39.80	350m:	4:34.69	41.27
	100m:	1:13.03	38.60	200m:	2:32.99	40.64	300m:	3:53.42	40.63
20.	,	09	"	"	5:15.65 420 II	1:16.04	1:20.24	1:21.43	1:17.94
	50m:	36.67	36.67	150m:	1:56.13	40.09	250m:	3:17.13	40.85
	100m:	1:16.04	39.37	200m:	2:36.28	40.15	300m:	3:57.71	40.58
21.	,	09	"	"	5:16.58 416 II	1:14.08	1:20.93	1:22.55	1:19.02
	50m:	35.52	35.52	150m:	1:54.50	40.42	250m:	3:15.40	40.39
	100m:	1:14.08	38.56	200m:	2:35.01	40.51	300m:	3:57.56	42.16
22.	,	10	"	"	5:16.91 415 II	1:13.61	1:20.97	1:21.80	1:20.53
	50m:	34.85	34.85	150m:	1:53.92	40.31	250m:	3:15.33	40.75
	100m:	1:13.61	38.76	200m:	2:34.58	40.66	300m:	3:56.38	41.05
23.	,	09	"	"	5:18.12 410 II	1:13.49	1:20.05	1:22.76	1:21.82
	50m:	34.88	34.88	150m:	1:52.96	39.47	250m:	3:14.52	40.98
	100m:	1:13.49	38.61	200m:	2:33.54	40.58	300m:	3:56.30	41.78
24.	,	10	"	"	5:18.54 408 II	1:14.45	1:22.16	1:22.29	1:19.64
	50m:	34.98	34.98	150m:	1:55.07	40.62	250m:	3:17.69	41.08
	100m:	1:14.45	39.47	200m:	2:36.61	41.54	300m:	3:58.90	41.21
25.	,	09	"	"	5:29.90 367 II	1:19.15	1:24.39	1:25.69	1:20.67
	50m:	37.60	37.60	150m:	2:01.29	42.14	250m:	3:26.25	42.71
	100m:	1:19.15	41.55	200m:	2:43.54	42.25	300m:	4:09.23	42.98
26.	,	10	"	"	5:30.16 367 II	1:18.95	1:26.26	1:26.08	1:18.87
	50m:	37.33	37.33	150m:	2:01.86	42.91	250m:	3:28.69	43.48
	100m:	1:18.95	41.62	200m:	2:45.21	43.35	300m:	4:11.29	42.60
27.	,	10	"	"	5:30.57 365 II	1:16.93	1:26.41	1:26.84	1:20.39
	50m:	36.04	36.04	150m:	2:00.14	43.21	250m:	3:26.64	43.30
	100m:	1:16.93	40.89	200m:	2:43.34	43.20	300m:	4:10.18	43.54
28.	,	10	"	"	5:31.57 362 II	1:18.65	1:26.24	1:25.98	1:20.70
	50m:	37.14	37.14	150m:	2:01.90	43.25	250m:	3:28.05	43.16
	100m:	1:18.65	41.51	200m:	2:44.89	42.99	300m:	4:10.87	42.82
29.	,	09	"	"	5:33.61 355 II	1:18.64	1:25.24	1:26.92	1:22.81
	50m:	37.03	37.03	150m:	2:01.19	42.55	250m:	3:27.35	43.47
	100m:	1:18.64	41.61	200m:	2:43.88	42.69	300m:	4:10.80	43.45
30.	,	10	"	"	5:37.63 343 II	1:16.59	1:26.67	1:27.62	1:26.75
	50m:	35.57	35.57	150m:	1:59.70	43.11	250m:	3:26.62	43.36
	100m:	1:16.59	41.02	200m:	2:43.26	43.56	300m:	4:10.88	44.26
31.	,	10	"	"	5:42.25 329 II	1:19.73	1:28.01	1:28.87	1:25.64
	50m:	37.32	37.32	150m:	2:03.68	43.95	250m:	3:32.34	44.60
	100m:	1:19.73	42.41	200m:	2:47.74	44.06	300m:	4:16.61	44.27
32.	,	10	"	"	5:48.44 312 III	1:20.81	1:28.80	1:30.36	1:28.47
	50m:	38.20	38.20	150m:	2:04.50	43.69	250m:	3:34.51	44.90
	100m:	1:20.81	42.61	200m:	2:49.61	45.11	300m:	4:19.97	45.46
33.	,	09	"	"	5:49.45 309 III	1:18.75	1:29.22	1:30.54	1:30.94
	50m:	37.18	37.18	150m:	2:03.27	44.52	250m:	3:33.44	45.47
	100m:	1:18.75	41.57	200m:	2:47.97	44.70	300m:	4:18.51	45.07
34.	,	10	"	"	5:52.06 302 III	1:20.91	1:30.66	1:31.27	1:29.22
	50m:	38.16	38.16	150m:	2:06.15	45.24	250m:	3:37.13	45.56
	100m:	1:20.91	42.75	200m:	2:51.57	45.42	300m:	4:22.84	45.71

(16-18)

1.	,	08	"	"	4:39.88 602	1:04.90	1:10.85	1:12.11	1:12.02
	50m:	31.02	31.02	150m:	1:39.87	34.97	250m:	2:51.69	35.94
	100m:	1:04.90	33.88	200m:	2:15.75	35.88	300m:	3:27.86	36.17
2.	,	08	"	"	4:40.68 597	1:06.44	1:11.98	1:11.18	1:11.08
	50m:	31.63	31.63	150m:	1:42.45	36.01	250m:	2:53.03	34.61
	100m:	1:06.44	34.81	200m:	2:18.42	35.97	300m:	3:29.60	36.57
3.	,	06	"	"	4:42.02 588				
	50m:	31.33	31.33	150m:	1:40.96		250m:	2:52.92	
	100m:			200m:			300m:		

9,		, 400m				(16-18)		100m	200m	300m	400m	
4.	,	07	"	"	4:43.02	582	1:07.38	1:12.32	1:11.99	1:11.33		
	50m:	32.48	32.48	150m:	1:43.47	36.09	250m:	2:55.53	35.83	350m:	4:07.85	36.16
	100m:	1:07.38	34.90	200m:	2:19.70	36.23	300m:	3:31.69	36.16	400m:	4:43.02	35.17
5.	,	08	"	"	4:44.75	572 I	1:07.59	1:12.09	1:12.93	1:12.14		
	50m:	32.46	32.46	150m:	1:43.63	36.04	250m:	2:56.10	36.42	350m:	4:09.69	37.08
	100m:	1:07.59	35.13	200m:	2:19.68	36.05	300m:	3:32.61	36.51	400m:	4:44.75	35.06
6.	,	08	"	"	4:46.23	563 I	1:07.68	1:12.49	1:13.18	1:12.88		
	50m:	32.06	32.06	150m:	1:43.76	36.08	250m:	2:56.78	36.61	350m:	4:10.23	36.88
	100m:	1:07.68	35.62	200m:	2:20.17	36.41	300m:	3:33.35	36.57	400m:	4:46.23	36.00
7.	,	08	"	"	4:47.20	557 I	1:07.69	1:13.61	1:14.00	1:11.90		
	50m:	32.14	32.14	150m:	1:44.41	36.72	250m:	2:58.13	36.83	350m:	4:12.38	37.08
	100m:	1:07.69	35.55	200m:	2:21.30	36.89	300m:	3:35.30	37.17	400m:	4:47.20	34.82
8.	,	08	"	"	4:48.81	548 I	1:05.74	1:12.57	1:15.52	1:14.98		
	50m:	30.80	30.80	150m:	1:41.15	35.41	250m:	2:55.88	37.57	350m:	4:11.59	37.76
	100m:	1:05.74	34.94	200m:	2:18.31	37.16	300m:	3:33.83	37.95	400m:	4:48.81	37.22
9.	,	08	"	"	4:48.92	547 I	1:05.96	1:13.83	1:14.64	1:14.49		
	50m:	31.01	31.01	150m:	1:42.49	36.53	250m:	2:56.62	36.83	350m:	4:11.82	37.39
	100m:	1:05.96	34.95	200m:	2:19.79	37.30	300m:	3:34.43	37.81	400m:	4:48.92	37.10
10.	,	07	"	"	4:55.11	514 I	1:08.02	1:14.58	1:16.75	1:15.76		
	50m:	32.37	32.37	150m:	1:44.98	36.96	250m:	3:00.85	38.25	350m:	4:17.11	37.76
	100m:	1:08.02	35.65	200m:	2:22.60	37.62	300m:	3:39.35	38.50	400m:	4:55.11	38.00
11.	,	07	"	"	4:55.84	510 I			1:16.19	1:14.38		
	50m:	33.80	33.80	150m:	1:47.22		250m:	3:02.96	37.69	350m:	4:19.56	38.10
	100m:			200m:	2:25.27	38.05	300m:	3:41.46	38.50	400m:	4:55.84	36.28
12.	,	08	"	"	4:58.56	496 I	1:09.70	1:15.63	1:16.88	1:16.35		
	50m:	33.16	33.16	150m:	1:47.40	37.70	250m:	3:03.32	37.99	350m:	4:20.38	38.17
	100m:	1:09.70	36.54	200m:	2:25.33	37.93	300m:	3:42.21	38.89	400m:	4:58.56	38.18
13.	,	07	"	"	5:03.55	472 II	1:09.11	1:17.11	1:19.36	1:17.97		
	50m:	32.39	32.39	150m:	1:46.98	37.87	250m:	3:05.81	39.59	350m:	4:25.45	39.87
	100m:	1:09.11	36.72	200m:	2:26.22	39.24	300m:	3:45.58	39.77	400m:	5:03.55	38.10
14.	,	08	"	"	5:05.90	461 II	1:13.13	1:17.54	1:19.04	1:16.19		
	50m:	34.76	34.76	150m:	1:51.33	38.20	250m:	3:09.85	39.18	350m:	4:27.92	38.21
	100m:	1:13.13	38.37	200m:	2:30.67	39.34	300m:	3:49.71	39.86	400m:	5:05.90	37.98
15.	,	06	"	"	5:08.23	451 II	1:13.10	1:19.16	1:18.45	1:17.52		
	50m:	34.35	34.35	150m:	1:52.65	39.55	250m:	3:10.87	38.61	350m:	4:29.89	39.18
	100m:	1:13.10	38.75	200m:	2:32.26	39.61	300m:	3:50.71	39.84	400m:	5:08.23	38.34
16.	,	08	"	"	5:14.82	423 II	1:12.86	1:19.58	1:22.09	1:20.29		
	50m:	34.40	34.40	150m:	1:52.07	39.21	250m:	3:13.41	40.97	350m:	4:35.03	40.50
	100m:	1:12.86	38.46	200m:	2:32.44	40.37	300m:	3:54.53	41.12	400m:	5:14.82	39.79
(19)												
1.	,	05	"	"	4:36.51	624	1:06.17	1:10.20	1:10.48	1:09.66		
	50m:	31.81	31.81	150m:	1:41.36	35.19	250m:	2:51.58	35.21	350m:	4:02.51	35.66
	100m:	1:06.17	34.36	200m:	2:16.37	35.01	300m:	3:26.85	35.27	400m:	4:36.51	34.00