

10  
30.01.2024 - 11:36

, 400m

14

I	9 +: 4:34.00 /	I	9 +: 6:46.00 /	II	9 +: 5:09.00 /
II	9 +: 7:42.00 /	III	9 +: 5:50.00 /	III	9 +: 8:38.00 /
	10 +: 4:17.50 /		12 +: 4:05.00		

: FINA 2023

						100m	200m	300m	400m			
(14-15 )												
1.		09	"	"	<b>4:17.35</b> 625	1:00.16	1:05.81	1:07.50	1:03.88			
	50m:	28.40	28.40	150m:	1:32.73	32.57	250m:	2:39.56	33.59	350m:	3:46.04	32.57
	100m:	1:00.16	31.76	200m:	2:05.97	33.24	300m:	3:13.47	33.91	400m:	4:17.35	31.31
2.		09	"	"	<b>4:17.46</b> 624	1:01.80	1:05.95	1:05.85	1:03.86			
	50m:	28.97	28.97	150m:	1:34.23	32.43	250m:	2:40.04	32.29	350m:	3:46.52	32.92
	100m:	1:01.80	32.83	200m:	2:07.75	33.52	300m:	3:13.60	33.56	400m:	4:17.46	30.94
3.		09	"	"	<b>4:19.17</b> 612 I	1:00.90	1:05.94	1:06.94	1:05.39			
	50m:	28.92	28.92	150m:	1:33.60	32.70	250m:	2:40.18	33.34	350m:	3:47.61	33.83
	100m:	1:00.90	31.98	200m:	2:06.84	33.24	300m:	3:13.78	33.60	400m:	4:19.17	31.56
4.		10	"	"	<b>4:31.21</b> 534 I	1:04.59	1:09.26	1:10.41	1:06.95			
	50m:	30.67	30.67	150m:	1:39.15	34.56	250m:	2:49.20	35.35	350m:	3:59.19	34.93
	100m:	1:04.59	33.92	200m:	2:13.85	34.70	300m:	3:24.26	35.06	400m:	4:31.21	32.02
5.		09	"	"	<b>4:33.50</b> 520 I	1:00.74	1:09.79	1:12.44	1:10.53			
	50m:	28.09	28.09	150m:	1:35.35	34.61	250m:	2:46.77	36.24	350m:	3:59.10	36.13
	100m:	1:00.74	32.65	200m:	2:10.53	35.18	300m:	3:22.97	36.20	400m:	4:33.50	34.40
6.		10	"	"	<b>4:34.56</b> 514 II	1:05.20	1:11.63	1:09.77	1:07.96			
	50m:	30.40	30.40	150m:	1:40.99	35.79	250m:	2:51.78	34.95	350m:	4:00.94	34.34
	100m:	1:05.20	34.80	200m:	2:16.83	35.84	300m:	3:26.60	34.82	400m:	4:34.56	33.62
7.		09	"	"	<b>4:35.65</b> 508 II	1:03.87	1:11.09	1:11.45	1:09.24			
	50m:	29.94	29.94	150m:	1:38.80	34.93	250m:	2:49.94	34.98	350m:	4:01.73	35.32
	100m:	1:03.87	33.93	200m:	2:14.96	36.16	300m:	3:26.41	36.47	400m:	4:35.65	33.92
8.		09	"	"	<b>4:35.79</b> 508 II	1:03.20	1:10.46	1:11.69	1:10.44			
	50m:	30.00	30.00	150m:	1:37.91	34.71	250m:	2:49.35	35.69	350m:	4:01.45	36.10
	100m:	1:03.20	33.20	200m:	2:13.66	35.75	300m:	3:25.35	36.00	400m:	4:35.79	34.34
9.		10	"	"	<b>4:37.37</b> 499 II	1:06.13	1:12.49	1:10.33	1:08.42			
	50m:	30.96	30.96	150m:	1:42.34	36.21	250m:	2:53.49	34.87	350m:	4:03.87	34.92
	100m:	1:06.13	35.17	200m:	2:18.62	36.28	300m:	3:28.95	35.46	400m:	4:37.37	33.50
10.		09	"	"	<b>4:39.36</b> 488 II	1:07.35	1:12.54	1:10.99	1:08.48			
	50m:	31.76	31.76	150m:	1:43.50	36.15	250m:	2:54.88	34.99	350m:	4:06.15	35.27
	100m:	1:07.35	35.59	200m:	2:19.89	36.39	300m:	3:30.88	36.00	400m:	4:39.36	33.21
11.		10	"	"	<b>4:39.44</b> 488 II	1:06.79	1:10.89	1:12.37	1:09.39			
	50m:	31.91	31.91	150m:	1:41.96	35.17	250m:	2:53.61	35.93	350m:	4:05.31	35.26
	100m:	1:06.79	34.88	200m:	2:17.68	35.72	300m:	3:30.05	36.44	400m:	4:39.44	34.13
12.		09	"	"	<b>4:40.71</b> 481 II	1:07.44	1:12.42	1:12.81	1:08.04			
	50m:	31.61	31.61	150m:	1:43.49	36.05	250m:	2:56.01	36.15	350m:	4:07.36	34.69
	100m:	1:07.44	35.83	200m:	2:19.86	36.37	300m:	3:32.67	36.66	400m:	4:40.71	33.35
13.		09	"	"	<b>4:40.82</b> 481 II	1:04.98	1:11.85	1:12.95	1:11.04			
	50m:	30.41	30.41	150m:	1:41.01	36.03	250m:	2:53.63	36.80	350m:	4:05.54	35.76
	100m:	1:04.98	34.57	200m:	2:16.83	35.82	300m:	3:29.78	36.15	400m:	4:40.82	35.28
14.		10	"	"	<b>4:41.24</b> 479 II	1:05.27	1:11.09	1:12.94	1:11.94			
	50m:	30.63	30.63	150m:	1:40.62	35.35	250m:	2:52.91	36.55	350m:	4:05.75	36.45
	100m:	1:05.27	34.64	200m:	2:16.36	35.74	300m:	3:29.30	36.39	400m:	4:41.24	35.49
15.		10	"	"	<b>4:43.91</b> 465 II	1:06.35	1:13.48	1:12.89	1:11.19			
	50m:	30.82	30.82	150m:	1:43.10	36.75	250m:	2:56.05	36.22	350m:	4:08.72	36.00
	100m:	1:06.35	35.53	200m:	2:19.83	36.73	300m:	3:32.72	36.67	400m:	4:43.91	35.19
16.		09	"	"	<b>4:45.58</b> 457 II	1:07.59	1:13.68	1:14.09	1:10.22			
	50m:	32.18	32.18	150m:	1:44.10	36.51	250m:	2:58.23	36.96	350m:	4:11.52	36.16
	100m:	1:07.59	35.41	200m:	2:21.27	37.17	300m:	3:35.36	37.13	400m:	4:45.58	34.06
17.		09	"	"	<b>4:45.72</b> 456 II	1:05.82	1:13.71	1:14.29	1:11.90			
	50m:	30.78	30.78	150m:	1:43.07	37.25	250m:	2:56.81	37.28	350m:	4:10.78	36.96
	100m:	1:05.82	35.04	200m:	2:19.53	36.46	300m:	3:33.82	37.01	400m:	4:45.72	34.94
18.		09	"	"	<b>4:46.09</b> 455 II	1:06.37	1:12.83	1:14.85	1:12.04			
	50m:	31.11	31.11	150m:	1:42.25	35.88	250m:	2:56.67	37.47	350m:	4:10.58	36.53
	100m:	1:06.37	35.26	200m:	2:19.20	36.95	300m:	3:34.05	37.38	400m:	4:46.09	35.51

10,		, 400m				(14-15 )		100m	200m	300m	400m	
19.		10	"	"	<b>4:48.40</b>	444	II	1:06.49	1:12.96	1:14.94	1:14.01	
	50m:	31.45	31.45	150m:	1:42.60	36.11	250m:	2:56.94	37.49	350m:	4:12.16	37.77
	100m:	1:06.49	35.04	200m:	2:19.45	36.85	300m:	3:34.39	37.45	400m:	4:48.40	36.24
20.		10	"	"	<b>4:51.64</b>	429	II	1:10.41	1:15.25	1:13.94	1:12.04	
	50m:	33.86	33.86	150m:	1:48.03	37.62	250m:	3:02.66	37.00	350m:	4:16.31	36.71
	100m:	1:10.41	36.55	200m:	2:25.66	37.63	300m:	3:39.60	36.94	400m:	4:51.64	35.33
21.		09	"	"	<b>4:53.24</b>	422	II	1:08.14	1:14.81	1:16.46	1:13.83	
	50m:	31.85	31.85	150m:	1:45.18	37.04	250m:	3:01.11	38.16	350m:	4:17.11	37.70
	100m:	1:08.14	36.29	200m:	2:22.95	37.77	300m:	3:39.41	38.30	400m:	4:53.24	36.13
22.		09	"	"	<b>4:53.67</b>	420	II	1:08.33	1:15.36	1:14.88	1:15.10	
	50m:	31.67	31.67	150m:	1:45.71	37.38	250m:	3:00.50	36.81	350m:	4:16.41	37.84
	100m:	1:08.33	36.66	200m:	2:23.69	37.98	300m:	3:38.57	38.07	400m:	4:53.67	37.26
23.		09	"	"	<b>4:54.27</b>	418	II	1:08.89	1:12.72	1:16.77	1:15.89	
	50m:	33.13	33.13	150m:	1:45.22	36.33	250m:	2:59.47	37.86	350m:	4:17.03	38.65
	100m:	1:08.89	35.76	200m:	2:21.61	36.39	300m:	3:38.38	38.91	400m:	4:54.27	37.24
24.		10	"	"	<b>4:54.70</b>	416	II	1:07.46	1:15.97	1:17.81	1:13.46	
	50m:	31.77	31.77	150m:	1:45.04	37.58	250m:	3:02.12	38.69	350m:	4:18.95	37.71
	100m:	1:07.46	35.69	200m:	2:23.43	38.39	300m:	3:41.24	39.12	400m:	4:54.70	35.75
25.		10	"	"	<b>4:55.02</b>	415	II	1:06.95	1:15.07	1:17.45	1:15.55	
	50m:	31.57	31.57	150m:	1:43.91	36.96	250m:	3:00.93	38.91	350m:	4:17.94	38.47
	100m:	1:06.95	35.38	200m:	2:22.02	38.11	300m:	3:39.47	38.54	400m:	4:55.02	37.08
26.		09	"	"	<b>4:56.81</b>	407	II	1:09.48	1:16.69	1:16.34	1:14.30	
	50m:	33.08	33.08	150m:	1:47.68	38.20	250m:	3:04.66	38.49	350m:	4:20.15	37.64
	100m:	1:09.48	36.40	200m:	2:26.17	38.49	300m:	3:42.51	37.85	400m:	4:56.81	36.66
27.		10	"	"	<b>4:58.09</b>	402	II	1:08.26	1:15.67	1:16.56	1:17.60	
	50m:	32.07	32.07	150m:	1:46.05	37.79	250m:	3:01.73	37.80	350m:	4:19.84	39.35
	100m:	1:08.26	36.19	200m:	2:23.93	37.88	300m:	3:40.49	38.76	400m:	4:58.09	38.25
28.		10	"	"	<b>4:58.83</b>	399	II	1:10.99	1:15.57	1:17.11	1:15.16	
	50m:	33.89	33.89	150m:	1:48.73	37.74	250m:	3:04.87	38.31	350m:	4:21.57	37.90
	100m:	1:10.99	37.10	200m:	2:26.56	37.83	300m:	3:43.67	38.80	400m:	4:58.83	37.26
29.		09	"	"	<b>4:58.95</b>	398	II	1:09.27	1:16.10	1:16.68	1:16.90	
	50m:	32.94	32.94	150m:	1:47.22	37.95	250m:	3:03.65	38.28	350m:	4:20.90	38.85
	100m:	1:09.27	36.33	200m:	2:25.37	38.15	300m:	3:42.05	38.40	400m:	4:58.95	38.05
30.		09	"	"	<b>5:00.12</b>	394	II	1:08.20	1:16.34	1:18.98	1:16.60	
	50m:	32.63	32.63	150m:	1:45.86	37.66	250m:	3:03.59	39.05	350m:	4:22.15	38.63
	100m:	1:08.20	35.57	200m:	2:24.54	38.68	300m:	3:43.52	39.93	400m:	5:00.12	37.97
31.		10	"	"	<b>5:00.50</b>	392	II	1:08.53	1:16.91	1:18.49	1:16.57	
	50m:	32.00	32.00	150m:	1:46.74	38.21	250m:	3:04.82	39.38	350m:	4:23.15	39.22
	100m:	1:08.53	36.53	200m:	2:25.44	38.70	300m:	3:43.93	39.11	400m:	5:00.50	37.35
32.		09	"	"	<b>5:05.30</b>	374	II	1:09.56	1:17.52	1:20.26	1:17.96	
	50m:	32.91	32.91	150m:	1:47.91	38.35	250m:	3:07.10	40.02	350m:	4:26.79	39.45
	100m:	1:09.56	36.65	200m:	2:27.08	39.17	300m:	3:47.34	40.24	400m:	5:05.30	38.51
33.		09	"	"	<b>5:06.20</b>	371	II	1:12.27	1:19.62	1:19.09	1:15.22	
	50m:	34.01	34.01	150m:	1:52.08	39.81	250m:	3:11.21	39.32	350m:	4:29.29	38.31
	100m:	1:12.27	38.26	200m:	2:31.89	39.81	300m:	3:50.98	39.77	400m:	5:06.20	36.91
34.		09	"	"	<b>5:07.03</b>	368	II	1:12.90	1:15.21	1:21.21	1:17.71	
	50m:	33.72	33.72	150m:	1:50.57	37.67	250m:	3:07.92	39.81	350m:	4:28.92	39.60
	100m:	1:12.90	39.18	200m:	2:28.11	37.54	300m:	3:49.32	41.40	400m:	5:07.03	38.11
35.		10	"	"	<b>5:07.35</b>	367	II	1:11.45	1:19.26	1:19.91	1:16.73	
	50m:	33.23	33.23	150m:	1:51.10	39.65	250m:	3:10.71	40.00	350m:	4:31.03	40.41
	100m:	1:11.45	38.22	200m:	2:30.71	39.61	300m:	3:50.62	39.91	400m:	5:07.35	36.32
36.		09	"	"	<b>5:07.76</b>	365	II	1:09.96	1:18.08	1:20.28	1:19.44	
	50m:	32.84	32.84	150m:	1:48.60	38.64	250m:	3:07.72	39.68	350m:	4:28.49	40.17
	100m:	1:09.96	37.12	200m:	2:28.04	39.44	300m:	3:48.32	40.60	400m:	5:07.76	39.27
37.		09	"	"	<b>5:08.05</b>	364	II	1:12.18	1:19.01	1:19.28	1:17.58	
	50m:	33.79	33.79	150m:	1:51.38	39.20	250m:	3:10.65	39.46	350m:	4:29.59	39.12
	100m:	1:12.18	38.39	200m:	2:31.19	39.81	300m:	3:50.47	39.82	400m:	5:08.05	38.46
38.		10	"	"	<b>5:09.27</b>	360	III	1:12.21	1:19.57	1:20.47	1:17.02	
	50m:	33.51	33.51	150m:	1:51.89	39.68	250m:	3:12.24	40.46	350m:	4:32.51	40.26
	100m:	1:12.21	38.70	200m:	2:31.78	39.89	300m:	3:52.25	40.01	400m:	5:09.27	36.76

10,		, 400m				(14-15 )		100m	200m	300m	400m		
39.	,	09	"	"	<b>5:09.83</b>	358	III	1:12.02	1:17.16	1:22.07	1:18.58		
	50m:	33.69	33.69	150m:	1:50.42	38.40		250m:	3:09.83	40.65	350m:	4:32.64	41.39
	100m:	1:12.02	38.33	200m:	2:29.18	38.76		300m:	3:51.25	41.42	400m:	5:09.83	37.19
40.	,	10	"	"	<b>5:09.95</b>	357	III	1:10.75	1:20.73	1:19.47	1:19.00		
	50m:	33.57	33.57	150m:	1:50.10	39.35		250m:	3:10.84	39.36	350m:	4:30.78	39.83
	100m:	1:10.75	37.18	200m:	2:31.48	41.38		300m:	3:50.95	40.11	400m:	5:09.95	39.17
41.	,	10	"	"	<b>5:10.35</b>	356	III	1:13.60	1:20.46	1:21.14	1:15.15		
	50m:	34.22	34.22	150m:	1:54.14	40.54		250m:	3:15.11	41.05	350m:	4:34.56	39.36
	100m:	1:13.60	39.38	200m:	2:34.06	39.92		300m:	3:55.20	40.09	400m:	5:10.35	35.79
42.	,	09	"	"	<b>5:10.50</b>	356	III	1:09.56	1:18.88	1:22.23	1:19.83		
	50m:	32.93	32.93	150m:	1:48.87	39.31		250m:	3:08.86	40.42	350m:	4:31.80	41.13
	100m:	1:09.56	36.63	200m:	2:28.44	39.57		300m:	3:50.67	41.81	400m:	5:10.50	38.70
43.	,	10	"	"	<b>5:11.35</b>	353	III	1:11.77	1:19.24	1:21.06	1:19.28		
	50m:	33.63	33.63	150m:	1:50.79	39.02		250m:	3:11.44	40.43	350m:	4:31.85	39.78
	100m:	1:11.77	38.14	200m:	2:31.01	40.22		300m:	3:52.07	40.63	400m:	5:11.35	39.50
44.	,	10	"	"	<b>5:12.61</b>	348	III	1:13.92	1:20.27	1:20.55	1:17.87		
	50m:	34.70	34.70	150m:	1:53.70	39.78		250m:	3:13.63	39.44	350m:	4:35.17	40.43
	100m:	1:13.92	39.22	200m:	2:34.19	40.49		300m:	3:54.74	41.11	400m:	5:12.61	37.44
45.	,	10	"	"	<b>5:14.03</b>	344	III	1:10.25	1:20.03	1:22.52	1:21.23		
	50m:	32.95	32.95	150m:	1:49.46	39.21		250m:	3:11.14	40.86	350m:	4:34.85	42.05
	100m:	1:10.25	37.30	200m:	2:30.28	40.82		300m:	3:52.80	41.66	400m:	5:14.03	39.18
46.	,	10	"	"	<b>5:14.37</b>	343	III	1:13.09	1:18.93	1:20.60	1:21.75		
	50m:	34.77	34.77	150m:	1:52.48	39.39		250m:	3:12.05	40.03	350m:	4:33.61	40.99
	100m:	1:13.09	38.32	200m:	2:32.02	39.54		300m:	3:52.62	40.57	400m:	5:14.37	40.76
47.	,	10	"	"	<b>5:15.97</b>	337	III	1:11.81	1:22.18	1:23.08	1:18.90		
	50m:	33.43	33.43	150m:	1:52.35	40.54		250m:	3:15.48	41.49	350m:	4:38.52	41.45
	100m:	1:11.81	38.38	200m:	2:33.99	41.64		300m:	3:57.07	41.59	400m:	5:15.97	37.45
48.	,	10	"	"	<b>5:16.98</b>	334	III	1:16.30	1:22.87	1:21.74	1:16.07		
	50m:	35.14	35.14	150m:	1:58.67	42.37		250m:	3:20.85	41.68	350m:	4:40.18	39.27
	100m:	1:16.30	41.16	200m:	2:39.17	40.50		300m:	4:00.91	40.06	400m:	5:16.98	36.80
49.	,	10	"	"	<b>5:16.99</b>	334	III	1:12.37	1:20.62	1:22.85	1:21.15		
	50m:	33.98	33.98	150m:	1:52.56	40.19		250m:	3:14.50	41.51	350m:	4:37.37	41.53
	100m:	1:12.37	38.39	200m:	2:32.99	40.43		300m:	3:55.84	41.34	400m:	5:16.99	39.62
50.	,	10	"	"	<b>5:17.88</b>	331	III	1:11.81	1:21.70	1:23.03	1:21.34		
	50m:	33.45	33.45	150m:	1:52.60	40.79		250m:	3:14.91	41.40	350m:	4:38.63	42.09
	100m:	1:11.81	38.36	200m:	2:33.51	40.91		300m:	3:56.54	41.63	400m:	5:17.88	39.25
51.	,	09	"	"	<b>5:18.80</b>	328	III	1:12.61	1:21.03	1:23.73	1:21.43		
	50m:	33.87	33.87	150m:	1:52.93	40.32		250m:	3:15.50	41.86	350m:	4:39.13	41.76
	100m:	1:12.61	38.74	200m:	2:33.64	40.71		300m:	3:57.37	41.87	400m:	5:18.80	39.67
52.	,	10	"	"	<b>5:19.00</b>	328	III	1:10.29	1:19.17	1:24.28	1:25.26		
	50m:	33.61	33.61	150m:	1:49.41	39.12		250m:	3:11.04	41.58	350m:	4:36.88	43.14
	100m:	1:10.29	36.68	200m:	2:29.46	40.05		300m:	3:53.74	42.70	400m:	5:19.00	42.12
53.	,	10	"	"	<b>5:19.06</b>	328	III	1:11.96	1:22.57	1:23.99	1:20.54		
	50m:	33.46	33.46	150m:	1:52.61	40.65		250m:	3:16.63	42.10	350m:	4:38.97	40.45
	100m:	1:11.96	38.50	200m:	2:34.53	41.92		300m:	3:58.52	41.89	400m:	5:19.06	40.09
54.	,	10	"	"	<b>5:19.62</b>	326	III	1:14.68	1:22.22	1:23.49	1:19.23		
	50m:	35.51	35.51	150m:	1:54.98	40.30		250m:	3:18.46	41.56	350m:	4:42.87	42.48
	100m:	1:14.68	39.17	200m:	2:36.90	41.92		300m:	4:00.39	41.93	400m:	5:19.62	36.75
55.	,	09	"	"	<b>5:22.17</b>	318	III	1:15.11	1:23.33	1:23.17	1:20.56		
	50m:	34.79	34.79	150m:	1:56.93	41.82		250m:	3:20.14	41.70	350m:	4:42.75	41.14
	100m:	1:15.11	40.32	200m:	2:38.44	41.51		300m:	4:01.61	41.47	400m:	5:22.17	39.42
56.	,	10	"	"	<b>5:22.42</b>	317	III	1:14.78	1:22.05	1:23.59	1:22.00		
	50m:	34.94	34.94	150m:	1:55.79	41.01		250m:	3:18.55	41.72	350m:	4:42.35	41.93
	100m:	1:14.78	39.84	200m:	2:36.83	41.04		300m:	4:00.42	41.87	400m:	5:22.42	40.07
57.	,	10	"	"	<b>5:22.45</b>	317	III	1:13.79	1:23.71	1:24.31	1:20.64		
	50m:	34.24	34.24	150m:	1:55.04	41.25		250m:	3:19.44	41.94	350m:	4:44.09	42.28
	100m:	1:13.79	39.55	200m:	2:37.50	42.46		300m:	4:01.81	42.37	400m:	5:22.45	38.36
58.	,	10	"	"	<b>5:22.73</b>	317	III	1:10.09	1:22.51	1:24.69	1:25.44		
	50m:	32.81	32.81	150m:	1:51.27	41.18		250m:	3:14.60	42.00	350m:	4:40.51	43.22
	100m:	1:10.09	37.28	200m:	2:32.60	41.33		300m:	3:57.29	42.69	400m:	5:22.73	42.22

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 , 29.1. - 1.2.2024

10,		, 400m				(14-15 )		100m	200m	300m	400m	
59.		10	"	"	<b>5:24.91</b>	310 III	1:16.34	1:23.43	1:26.37	1:18.77		
	50m:	35.55	35.55	150m:	1:58.33	41.99	250m:	3:23.39	43.62	350m:	4:48.82	42.68
	100m:	1:16.34	40.79	200m:	2:39.77	41.44	300m:	4:06.14	42.75	400m:	5:24.91	36.09
60.		09	"	"	<b>5:25.00</b>	310 III	1:12.37	1:23.42	1:27.23	1:21.98		
	50m:	32.29	32.29	150m:	1:52.33	39.96	250m:	3:19.38	43.59	350m:	4:43.99	40.97
	100m:	1:12.37	40.08	200m:	2:35.79	43.46	300m:	4:03.02	43.64	400m:	5:25.00	41.01
61.		10	"	"	<b>5:25.74</b>	308 III	1:15.48	1:24.85	1:24.82	1:20.59		
	50m:	35.10	35.10	150m:	1:58.77	43.29	250m:	3:22.73	42.40	350m:	4:47.44	42.29
	100m:	1:15.48	40.38	200m:	2:40.33	41.56	300m:	4:05.15	42.42	400m:	5:25.74	38.30
62.		10	"	"	<b>5:26.41</b>	306 III	1:12.29	1:22.77	1:26.89	1:24.46		
	50m:	33.72	33.72	150m:	1:52.64	40.35	250m:	3:18.89	43.83	350m:	4:45.91	43.96
	100m:	1:12.29	38.57	200m:	2:35.06	42.42	300m:	4:01.95	43.06	400m:	5:26.41	40.50
63.		10	"	"	<b>5:27.51</b>	303 III	1:15.47	1:24.14	1:25.59	1:22.31		
	50m:	35.31	35.31	150m:	1:57.42	41.95	250m:	3:22.28	42.67	350m:	4:48.53	43.33
	100m:	1:15.47	40.16	200m:	2:39.61	42.19	300m:	4:05.20	42.92	400m:	5:27.51	38.98
64.		10	"	"	<b>5:27.91</b>	302 III	1:15.44	1:23.87	1:25.64	1:22.96		
	50m:	35.45	35.45	150m:	1:57.17	41.73	250m:	3:22.33	43.02	350m:	4:47.50	42.55
	100m:	1:15.44	39.99	200m:	2:39.31	42.14	300m:	4:04.95	42.62	400m:	5:27.91	40.41
65.		10	"	"	<b>5:29.00</b>	299 III	1:15.03	1:25.27	1:25.48	1:23.22		
	50m:	34.98	34.98	150m:	1:57.50	42.47	250m:	3:22.89	42.59	350m:	4:48.33	42.55
	100m:	1:15.03	40.05	200m:	2:40.30	42.80	300m:	4:05.78	42.89	400m:	5:29.00	40.67
66.		10	"	"	<b>5:29.61</b>	297 III	1:14.49	1:25.24	1:26.59	1:23.29		
	50m:			150m:	1:56.96	42.47	250m:	3:23.11	43.38	350m:	4:49.40	43.08
	100m:	1:14.49		200m:	2:39.73	42.77	300m:	4:06.32	43.21	400m:	5:29.61	40.21
67.		10	"	"	<b>5:33.31</b>	287 III			1:29.76	1:23.30		
	50m:	34.70	34.70	150m:	1:57.00		250m:	3:24.73	44.48	350m:	4:53.16	43.15
	100m:			200m:	2:40.25	43.25	300m:	4:10.01	45.28	400m:	5:33.31	40.15
68.		10	"	"	<b>5:39.04</b>	273 III	1:16.60	1:27.72	1:29.41	1:25.31		
	50m:	35.92	35.92	150m:	2:01.29	44.69	250m:	3:29.22	44.90	350m:	4:58.37	44.64
	100m:	1:16.60	40.68	200m:	2:44.32	43.03	300m:	4:13.73	44.51	400m:	5:39.04	40.67
69.		10	"	"	<b>5:39.20</b>	273 III	1:17.71	1:28.65				
	50m:	35.60	35.60	150m:	2:01.72	44.01	250m:	3:30.12	43.76	350m:	4:58.36	
	100m:	1:17.71	42.11	200m:	2:46.36	44.64	300m:			400m:	5:39.20	40.84
70.		10	"	"	<b>5:39.35</b>	272 III	1:18.40	1:24.81	1:29.22	1:26.92		
	50m:	36.27	36.27	150m:	2:00.39	41.99	250m:	3:27.42	44.21	350m:	4:56.73	44.30
	100m:	1:18.40	42.13	200m:	2:43.21	42.82	300m:	4:12.43	45.01	400m:	5:39.35	42.62
71.		10	"	"	<b>5:39.40</b>	272 III	1:19.47	1:27.86	1:27.87	1:24.20		
	50m:	36.99	36.99	150m:	2:02.94	43.47	250m:	3:30.95	43.62	350m:	4:58.35	43.15
	100m:	1:19.47	42.48	200m:	2:47.33	44.39	300m:	4:15.20	44.25	400m:	5:39.40	41.05
72.		10	"	"	<b>5:39.86</b>	271 III	1:16.35	1:26.34	1:30.57	1:26.60		
	50m:	35.13	35.13	150m:	1:58.98	42.63	250m:	3:27.67	44.98	350m:	4:57.80	44.54
	100m:	1:16.35	41.22	200m:	2:42.69	43.71	300m:	4:13.26	45.59	400m:	5:39.86	42.06
73.		10	"	"	<b>5:39.87</b>	271 III			45.42	350m:	4:57.55	
	50m:	35.58	35.58	150m:	1:58.96		250m:	3:28.58		400m:	5:39.87	42.32
	100m:			200m:	2:43.16	44.20	300m:					
74.		09	"	"	<b>5:43.54</b>	262 III	1:15.50	1:29.90	1:31.73	1:26.41		
	50m:	34.92	34.92	150m:	1:59.92	44.42	250m:	3:31.10	45.70	350m:	5:01.92	44.79
	100m:	1:15.50	40.58	200m:	2:45.40	45.48	300m:	4:17.13	46.03	400m:	5:43.54	41.62
75.		10	"	"	<b>5:44.01</b>	261 III	1:16.36	1:27.74	1:31.80	1:28.11		
	50m:	36.09	36.09	150m:	1:59.87	43.51	250m:	3:30.16	46.06	350m:	5:01.52	45.62
	100m:	1:16.36	40.27	200m:	2:44.10	44.23	300m:	4:15.90	45.74	400m:	5:44.01	42.49
76.		10	"	"	<b>5:46.13</b>	257 III	1:17.67	1:29.43	1:31.03	1:28.00		
	50m:	35.71	35.71	150m:	2:02.53	44.86	250m:	3:32.14	45.04	350m:	5:03.52	45.39
	100m:	1:17.67	41.96	200m:	2:47.10	44.57	300m:	4:18.13	45.99	400m:	5:46.13	42.61
77.		10	"	"	<b>5:51.45</b>	245 I	1:21.45	1:29.57	1:31.72	1:28.71		
	50m:	38.01	38.01	150m:	2:05.83	44.38	250m:	3:36.26	45.24	350m:	5:07.69	44.95
	100m:	1:21.45	43.44	200m:	2:51.02	45.19	300m:	4:22.74	46.48	400m:	5:51.45	43.76
78.		10	"	"	<b>5:52.44</b>	243 I			1:05.20	1:58.95		
	50m:	35.83	35.83	150m:	2:03.09		250m:	3:35.58	47.29	350m:	5:07.91	1:14.42
	100m:			200m:	2:48.29	45.20	300m:	3:53.49	17.91	400m:	5:52.44	44.53

" -2024"  
 , 29.1. - 1.2.2024

10,		, 400m				(14-15 )		100m	200m	300m	400m		
79.	,	09	"	"	<b>5:53.20</b>	241 I	.	1:16.34	1:29.46	1:34.87	1:32.53		
	50m:	35.95	35.95	150m:	2:00.19	43.85		250m:	3:33.43	47.63	350m:	5:08.71	48.04
	100m:	1:16.34	40.39	200m:	2:45.80	45.61		300m:	4:20.67	47.24	400m:	5:53.20	44.49
80.	,	10	"	"	<b>5:54.43</b>	239 I	.	1:20.73	1:31.08	1:31.66	1:30.96		
	50m:	37.17	37.17	150m:	2:06.16	45.43		250m:	3:38.05	46.24	350m:	5:10.14	46.67
	100m:	1:20.73	43.56	200m:	2:51.81	45.65		300m:	4:23.47	45.42	400m:	5:54.43	44.29
81.	,	10	"	"	<b>5:57.49</b>	233 I	.	1:18.07	1:34.14	1:36.61	1:28.67		
	50m:	35.80	35.80	150m:	2:04.88	46.81		250m:	3:40.22	48.01	350m:	5:14.53	45.71
	100m:	1:18.07	42.27	200m:	2:52.21	47.33		300m:	4:28.82	48.60	400m:	5:57.49	42.96
82.	,	10	"	"	<b>6:02.43</b>	223 I	.	1:25.74	1:33.12	1:33.21	1:30.36		
	50m:	39.75	39.75	150m:	2:11.78	46.04		250m:	3:45.44	46.58	350m:	5:17.74	45.67
	100m:	1:25.74	45.99	200m:	2:58.86	47.08		300m:	4:32.07	46.63	400m:	6:02.43	44.69
83.	,	10	"	"	<b>6:04.03</b>	220 I	.	1:20.19	1:34.84	1:36.60	1:32.40		
	50m:	36.32	36.32	150m:	2:06.94	46.75		250m:	3:43.42	48.39	350m:	5:19.43	47.80
	100m:	1:20.19	43.87	200m:	2:55.03	48.09		300m:	4:31.63	48.21	400m:	6:04.03	44.60
84.	,	10	"	"	<b>6:12.11</b>	206 I	.	1:21.94	1:37.11	1:39.81	1:33.25		
	50m:	37.08	37.08	150m:	2:09.70	47.76		250m:	3:46.98	47.93	350m:	5:28.37	49.51
	100m:	1:21.94	44.86	200m:	2:59.05	49.35		300m:	4:38.86	51.88	400m:	6:12.11	43.74
85.	,	10	"	"	<b>6:14.45</b>	203 I	.	1:22.35	1:35.49	1:42.40	1:34.21		
	50m:	38.04	38.04	150m:	2:08.28	45.93		250m:	3:48.75	50.91	350m:	5:28.93	48.69
	100m:	1:22.35	44.31	200m:	2:57.84	49.56		300m:	4:40.24	51.49	400m:	6:14.45	45.52
86.	,	10	"	"	<b>6:17.01</b>	198 I	.	1:21.05	1:35.12	1:36.33	1:44.51		
	50m:	37.34	37.34	150m:	2:08.01	46.96		250m:	3:44.25	48.08	350m:	5:24.82	52.32
	100m:	1:21.05	43.71	200m:	2:56.17	48.16		300m:	4:32.50	48.25	400m:	6:17.01	52.19
DSQ	,	09	"	"	<b>5:03.55</b>	II	.	1:09.88	1:18.90	1:20.50	1:14.27		
	50m:	32.15	32.15	150m:	1:48.95	39.07		250m:	3:08.69	39.91	350m:	4:28.17	38.89
	100m:	1:09.88	37.73	200m:	2:28.78	39.83		300m:	3:49.28	40.59	400m:	5:03.55	35.38
(16-18 )													
1.	,	07	"	"	<b>4:12.49</b>	662	.	1:01.07	1:04.49	1:04.02	1:02.91		
	50m:	29.06	29.06	150m:	1:33.04	31.97		250m:	2:37.56	32.00	350m:	3:41.64	32.06
	100m:	1:01.07	32.01	200m:	2:05.56	32.52		300m:	3:09.58	32.02	400m:	4:12.49	30.85
2.	,	08	"	"	<b>4:15.17</b>	641	.	1:02.28	1:05.01	1:05.34	1:02.54		
	50m:	30.17	30.17	150m:	1:34.67	32.39		250m:	2:39.88	32.59	350m:	3:44.98	32.35
	100m:	1:02.28	32.11	200m:	2:07.29	32.62		300m:	3:12.63	32.75	400m:	4:15.17	30.19
3.	,	08	"	"	<b>4:15.46</b>	639	.	1:01.21	1:04.88	1:05.39	1:03.98		
	50m:	29.00	29.00	150m:	1:33.56	32.35		250m:	2:38.61	32.52	350m:	3:44.46	32.98
	100m:	1:01.21	32.21	200m:	2:06.09	32.53		300m:	3:11.48	32.87	400m:	4:15.46	31.00
4.	,	06	"	"	<b>4:16.76</b>	629	.	1:01.12	1:05.80	1:06.10	1:03.74		
	50m:	28.89	28.89	150m:	1:33.68	32.56		250m:	2:39.93	33.01	350m:	3:46.12	33.10
	100m:	1:01.12	32.23	200m:	2:06.92	33.24		300m:	3:13.02	33.09	400m:	4:16.76	30.64
5.	,	08	"	"	<b>4:19.42</b>	610 I	.	1:01.01	1:06.48	1:06.45	1:05.48		
	50m:	29.16	29.16	150m:	1:34.02	33.01		250m:	2:40.57	33.08	350m:	3:46.80	32.86
	100m:	1:01.01	31.85	200m:	2:07.49	33.47		300m:	3:13.94	33.37	400m:	4:19.42	32.62
6.	,	08	"	"	<b>4:22.55</b>	588 I	.	1:01.93	1:07.10	1:07.51	1:06.01		
	50m:	29.15	29.15	150m:	1:35.24	33.31		250m:	2:42.63	33.60	350m:	3:49.93	33.39
	100m:	1:01.93	32.78	200m:	2:09.03	33.79		300m:	3:16.54	33.91	400m:	4:22.55	32.62
7.	,	07	"	"	<b>4:23.92</b>	579 I	.	1:02.13	1:06.69	1:07.75	1:07.35		
	50m:	29.66	29.66	150m:	1:35.43	33.30		250m:	2:42.66	33.84	350m:	3:50.89	34.32
	100m:	1:02.13	32.47	200m:	2:08.82	33.39		300m:	3:16.57	33.91	400m:	4:23.92	33.03
8.	,	08	"	"	<b>4:29.25</b>	546 I	.	1:03.48	1:07.68	1:09.05	1:09.04		
	50m:	29.93	29.93	150m:	1:37.38	33.90		250m:	2:45.62	34.46	350m:	3:54.91	34.70
	100m:	1:03.48	33.55	200m:	2:11.16	33.78		300m:	3:20.21	34.59	400m:	4:29.25	34.34
9.	,	08	"	"	<b>4:32.69</b>	525 I	.	1:04.65	1:10.56	1:10.43	1:07.05		
	50m:	29.99	29.99	150m:	1:39.94	35.29		250m:	2:50.27	35.06	350m:	4:01.08	35.44
	100m:	1:04.65	34.66	200m:	2:15.21	35.27		300m:	3:25.64	35.37	400m:	4:32.69	31.61
10.	,	06	"	"	<b>4:33.87</b>	518 I	.	1:00.75	1:08.80	1:12.16	1:12.16		
	50m:	28.59	28.59	150m:	1:34.58	33.83		250m:	2:45.30	35.75	350m:	3:58.58	36.87
	100m:	1:00.75	32.16	200m:	2:09.55	34.97		300m:	3:21.71	36.41	400m:	4:33.87	35.29

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10,		, 400m				(16-18 )		100m	200m	300m	400m
11.		08	"	"	<b>4:35.33</b>	510 II	1:03.55	1:10.59	1:11.82	1:09.37	
	50m: 30.00	30.00	150m: 1:38.14	34.59	250m: 2:49.66	35.52	350m: 4:01.52	35.56			
	100m: 1:03.55	33.55	200m: 2:14.14	36.00	300m: 3:25.96	36.30	400m: 4:35.33	33.81			
12.		08	"	"	<b>4:35.34</b>	510 II	1:04.58	1:11.73	1:12.55	1:06.48	
	50m: 29.48	29.48	150m: 1:40.14	35.56	250m: 2:52.66	36.35	350m: 4:01.41	32.55			
	100m: 1:04.58	35.10	200m: 2:16.31	36.17	300m: 3:28.86	36.20	400m: 4:35.34	33.93			
13.		06	"	"	<b>4:36.78</b>	502 II	1:04.83	1:09.41	1:10.79	1:11.75	
	50m: 30.77	30.77	150m: 1:39.22	34.39	250m: 2:49.48	35.24	350m: 4:01.44	36.41			
	100m: 1:04.83	34.06	200m: 2:14.24	35.02	300m: 3:25.03	35.55	400m: 4:36.78	35.34			
14.		08	"	"	<b>4:36.81</b>	502 II	1:05.62	1:10.96	1:11.14	1:09.09	
	50m: 30.97	30.97	150m: 1:41.29	35.67	250m: 2:52.24	35.66	350m: 4:02.61	34.89			
	100m: 1:05.62	34.65	200m: 2:16.58	35.29	300m: 3:27.72	35.48	400m: 4:36.81	34.20			
15.		06	"	"	<b>4:37.01</b>	501 II	1:04.14	1:10.24	1:12.14	1:10.49	
	50m: 30.37	30.37	150m: 1:38.95	34.81	250m: 2:50.30	35.92	350m: 4:01.84	35.32			
	100m: 1:04.14	33.77	200m: 2:14.38	35.43	300m: 3:26.52	36.22	400m: 4:37.01	35.17			
16.		08	"	"	<b>4:37.46</b>	498 II	1:05.93	1:11.62	1:11.17	1:08.74	
	50m: 30.94	30.94	150m: 1:41.86	35.93	250m: 2:53.06	35.51	350m: 4:04.01	35.29			
	100m: 1:05.93	34.99	200m: 2:17.55	35.69	300m: 3:28.72	35.66	400m: 4:37.46	33.45			
17.		07	"	"	<b>4:37.79</b>	497 II	1:04.57	1:10.99	1:12.46	1:09.77	
	50m: 30.44	30.44	150m: 1:39.82	35.25	250m: 2:51.32	35.76	350m: 4:04.79	36.77			
	100m: 1:04.57	34.13	200m: 2:15.56	35.74	300m: 3:28.02	36.70	400m: 4:37.79	33.00			
18.		07	"	"	<b>4:38.49</b>	493 II	1:04.16	1:11.28	1:13.38	1:09.67	
	50m: 30.17	30.17	150m: 1:39.57	35.41	250m: 2:51.85	36.41	350m: 4:04.75	35.93			
	100m: 1:04.16	33.99	200m: 2:15.44	35.87	300m: 3:28.82	36.97	400m: 4:38.49	33.74			
19.		06	"	"	<b>4:39.48</b>	488 II	1:06.36	1:11.49	1:11.60	1:10.03	
	50m: 31.12	31.12	150m: 1:41.84	35.48	250m: 2:53.80	35.95	350m: 4:05.12	35.67			
	100m: 1:06.36	35.24	200m: 2:17.85	36.01	300m: 3:29.45	35.65	400m: 4:39.48	34.36			
20.		08	"	"	<b>4:42.66</b>	471 II	1:06.40	1:12.80	1:13.41	1:10.05	
	50m: 31.01	31.01	150m: 1:42.55	36.15	250m: 2:55.90	36.70	350m: 4:08.16	35.55			
	100m: 1:06.40	35.39	200m: 2:19.20	36.65	300m: 3:32.61	36.71	400m: 4:42.66	34.50			
21.		08	"	"	<b>4:47.38</b>	449 II	1:07.09	1:14.36	1:14.35	1:11.58	
	50m: 31.50	31.50	150m: 1:43.63	36.54	250m: 2:58.50	37.05	350m: 4:12.55	36.75			
	100m: 1:07.09	35.59	200m: 2:21.45	37.82	300m: 3:35.80	37.30	400m: 4:47.38	34.83			
22.		08	"	"	<b>4:49.66</b>	438 II	1:07.16	1:14.32	1:15.89	1:12.29	
	50m: 31.52	31.52	150m: 1:43.90	36.74	250m: 2:59.28	37.80	350m: 4:15.19	37.82			
	100m: 1:07.16	35.64	200m: 2:21.48	37.58	300m: 3:37.37	38.09	400m: 4:49.66	34.47			
23.		08	"	"	<b>4:51.92</b>	428 II	1:08.06	1:15.32	1:16.86	1:11.68	
	50m: 31.97	31.97	150m: 1:45.99	37.93	250m: 3:01.59	38.21	350m: 4:17.55	37.31			
	100m: 1:08.06	36.09	200m: 2:23.38	37.39	300m: 3:40.24	38.65	400m: 4:51.92	34.37			
24.		08	"	"	<b>4:52.64</b>	425 II	1:08.88	1:14.61	1:15.48	1:13.67	
	50m: 32.90	32.90	150m: 1:45.73	36.85	250m: 3:01.02	37.53	350m: 4:16.76	37.79			
	100m: 1:08.88	35.98	200m: 2:23.49	37.76	300m: 3:38.97	37.95	400m: 4:52.64	35.88			
25.		08	"	"	<b>4:53.58</b>	421 II	1:04.58	1:13.32	1:18.04	1:17.64	
	50m: 30.91	30.91	150m: 1:40.36	35.78	250m: 2:56.92	39.02	350m: 4:16.01	40.07			
	100m: 1:04.58	33.67	200m: 2:17.90	37.54	300m: 3:35.94	39.02	400m: 4:53.58	37.57			
26.		07	"	"	<b>4:54.40</b>	417 II	1:04.94	1:12.30	1:17.00	1:20.16	
	50m: 30.87	30.87	150m: 1:40.82	35.88	250m: 2:55.26	38.02	350m: 4:14.19	39.95			
	100m: 1:04.94	34.07	200m: 2:17.24	36.42	300m: 3:34.24	38.98	400m: 4:54.40	40.21			
27.		08	"	"	<b>4:56.25</b>	409 II	1:05.62	1:14.14	1:18.16	1:18.33	
	50m: 30.62	30.62	150m: 1:42.50	36.88	250m: 2:58.55	38.79	350m: 4:16.55	38.63			
	100m: 1:05.62	35.00	200m: 2:19.76	37.26	300m: 3:37.92	39.37	400m: 4:56.25	39.70			
28.		08	"	"	<b>4:58.82</b>	399 II	1:11.82	1:17.58	1:18.68	1:10.74	
	50m: 33.91	33.91	150m: 1:50.70	38.88	250m: 3:08.75	39.35	350m: 4:25.36	37.28			
	100m: 1:11.82	37.91	200m: 2:29.40	38.70	300m: 3:48.08	39.33	400m: 4:58.82	33.46			
29.		08	"	"	<b>5:00.51</b>	392 II	1:07.72	1:16.27	1:18.74	1:17.78	
	50m: 31.92	31.92	150m: 1:45.51	37.79	250m: 3:03.62	39.63	350m: 4:22.21	39.48			
	100m: 1:07.72	35.80	200m: 2:23.99	38.48	300m: 3:42.73	39.11	400m: 5:00.51	38.30			
30.		08	"	"	<b>5:18.09</b>	331 III	1:13.82	1:21.97	1:22.58	1:19.72	
	50m: 35.45	35.45	150m: 1:54.80	40.98	250m: 3:17.76	41.97	350m: 4:40.19	41.82			
	100m: 1:13.82	38.37	200m: 2:35.79	40.99	300m: 3:58.37	40.61	400m: 5:18.09	37.90			

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10,		, 400m				(16-18 )		100m	200m	300m	400m	
31.	,	08	"	"	<b>5:21.93</b>	319	III	1:15.26	1:23.31	1:23.34	1:20.02	
	50m:	34.93	34.93	150m:	1:57.12	41.86	250m:	3:20.65	42.08	350m:	4:42.44	40.53
	100m:	1:15.26	40.33	200m:	2:38.57	41.45	300m:	4:01.91	41.26	400m:	5:21.93	39.49
32.	,	08	"	"	<b>5:26.85</b>	305	III	1:11.08	1:21.97	1:26.74	1:27.06	
	50m:	32.53	32.53	150m:	1:51.28	40.20	250m:	3:16.19	43.14	350m:	4:44.00	44.21
	100m:	1:11.08	38.55	200m:	2:33.05	41.77	300m:	3:59.79	43.60	400m:	5:26.85	42.85
33.	,	08	"	"	<b>5:38.53</b>	274	III	1:11.37	1:27.27	1:31.11	1:28.78	
	50m:	32.62	32.62	150m:	1:53.93	42.56	250m:	3:24.26	45.62	350m:	4:55.55	45.80
	100m:	1:11.37	38.75	200m:	2:38.64	44.71	300m:	4:09.75	45.49	400m:	5:38.53	42.98
34.	,	08	"	"	<b>5:39.07</b>	273	III	1:13.62	1:26.12	1:30.70	1:28.63	
	50m:	33.81	33.81	150m:	1:55.40	41.78	250m:	3:24.66	44.92	350m:	4:55.96	45.52
	100m:	1:13.62	39.81	200m:	2:39.74	44.34	300m:	4:10.44	45.78	400m:	5:39.07	43.11
(19 )												
1.	,	03	"	"	<b>4:23.54</b>	582	I	1:01.02	1:06.03	1:06.07	1:10.42	
	50m:	28.79	28.79	150m:	1:33.59	32.57	250m:	2:39.45	32.40	350m:	3:48.46	35.34
	100m:	1:01.02	32.23	200m:	2:07.05	33.46	300m:	3:13.12	33.67	400m:	4:23.54	35.08
2.	,	05	"	"	<b>5:15.73</b>	338	III	1:08.46	1:21.56	1:24.39	1:21.32	
	50m:	31.06	31.06	150m:	1:48.74	40.28	250m:	3:12.03	42.01	350m:	4:37.01	42.60
	100m:	1:08.46	37.40	200m:	2:30.02	41.28	300m:	3:54.41	42.38	400m:	5:15.73	38.72