

						%	PB
-							
							-
							-
							-
400m			1.	4:23.54	582	4:10.00	90%
100m			4.	1:01.41	593	1:00.00	95%
200m			4.	2:15.03	569	2:08.00	90%
200m			1.	2:14.28	611	2:10.00	94%
							-
50m			9.	38.17	452	36.90	93%
100m			9.	1:24.56	436	1:18.00	85%
200m			5.	2:59.45	464	2:48.96	89%
50m			20.	36.08	310	33.10	84%
200m			18.	2:50.77	402	2:42.00	90%
							63
							3
400m			2.	<b>4:15.17</b>	641	4:22.00	105%
800m			2.	<b>8:51.77</b>	614	9:02.00	104%
200m			12.	<b>2:17.63</b>	537	2:18.00	101%
100m			16.	1:02.52	494	1:01.00	95%
							-
50m			30.	28.22	406	27.80	97%
100m			41.	1:02.62	419	1:00.00	92%
50m			20.	36.75	352	36.50	99%
50m			24.	31.11	366	31.00	99%
200m			19.	2:39.56	364	2:35.00	94%
							1
100m			94.	1:06.90	343	1:06.50	99%
200m			50.	2:30.98	308	2:27.80	96%
50m			32.	34.67	319	34.00	96%
50m			25.	<b>31.16</b>	365	32.00	105%
200m			37.	2:51.20	295	2:48.00	96%
							-
800m			18.	10:13.56	400	10:00.00	96%
50m			6.	33.86	450	33.50	98%
100m			2.	1:12.79	477	1:11.50	96%
200m			1.	2:35.76	528	2:32.00	95%
							1
100m			27.	<b>57.91</b>	529	58.00	100%
400m			8.	4:29.25	546	4:23.00	95%
800m			6.	9:27.28	506	9:10.00	94%
1500m			9.	18:08.82	511	17:45.00	96%
							3
50m			42.	<b>28.94</b>	377	29.00	100%
50m			27.	<b>31.30</b>	360	32.00	105%
100m			19.	<b>1:11.64</b>	328	1:12.00	101%
200m			24.	2:46.00	323	2:42.00	95%
							-
100m			1.	1:00.34	629	1:00.00	99%
200m			1.	2:10.70	645	2:10.00	99%
400m			1.	4:36.51	624	4:32.00	97%
100m			1.	1:08.92	579	1:07.00	95%
							1
50m			14.	29.42	520	29.00	97%
50m			9.	32.19	588	31.50	96%
100m			3.	<b>1:07.84</b>	607	1:08.00	100%
50m			4.	31.23	478	31.00	99%
							-
50m			48.	27.17	455	25.80	90%
100m			31.	58.11	524	56.00	93%
200m			13.	2:07.44	512	2:02.00	92%
400m			11.	4:35.33	510	4:19.00	88%
50m			16.	33.50	464	32.80	96%
50m			44.	29.60	425	27.40	86%
							-
50m			15.	26.87	471	26.20	95%
100m			16.	58.91	503	57.50	95%
200m			7.	2:07.46	512	2:07.00	99%
400m			8.	4:35.79	508	4:29.00	95%
800m			2.	9:21.84	521	9:20.00	99%
1500m			7.	18:10.25	509	17:55.00	97%
							-
100m			9.	55.96	587	54.00	93%
50m			10.	27.49	531	26.50	93%



" -2024"  
, 29.1. - 1.2.2024

	, , 14.02.2010										
50m		45.	33.08	366	31.00			88%			
100m		44.	1:10.78	389	1:06.50			88%			
1500m		3.	20:45.04	404	20:30.00			98%			
50m		19.	37.32	377	34.50			85%			
100m		20.	1:16.92	416	1:15.00			95%			
200m		10.	2:40.75	451	2:38.50			97%			
	, , 28.07.2009										
800m		31.	10:34.56	361	10:00.00			89%			
50m		26.	34.24	332	33.00			93%			
100m		26.	1:14.31	334	1:12.00			94%			
200m		23.	2:39.40	346	2:33.00			92%			
	, , 17.05.2009										5
50m		2.	28.34	582	28.20			99%			
100m		2.	<b>1:00.48</b>	625	1:00.80			101%			
200m		1.	<b>2:11.65</b>	632	2:13.00			102%			
50m		2.	<b>30.34</b>	703	30.90			104%			
100m		1.	<b>1:04.50</b>	706	1:05.85			104%			
50m		4.	<b>29.73</b>	554	30.30			104%			
	, , 25.06.2010										1
100m		97.	1:06.99	342	1:06.00			97%			
400m		48.	5:16.98	334	5:00.00			90%			
50m		31.	<b>34.63</b>	320	35.00			102%			
100m		34.	1:16.28	309	1:13.00			92%			
200m		28.	2:42.60	326	2:36.00			92%			
	, , 17.05.2010										3
50m		56.	<b>29.41</b>	359	31.00			111%			
100m		64.	<b>1:04.66</b>	380	1:07.00			107%			
200m		35.	<b>2:20.85</b>	379	2:25.00			106%			
50m		54.	33.67	289	32.00			90%			
	, , 30.11.2005										
50m		8.	25.35	561	24.00			90%			
100m		6.	55.02	617	54.00			96%			
50m		8.	26.79	574	26.50			98%			
	, , 17.03.2010										1
50m		49.	33.68	347	31.00			85%			
50m		25.	45.21	272	43.00			90%			
100m		22.	<b>1:36.62</b>	292	1:38.00			103%			
	, , 14.04.2008										1
100m		21.	56.55	568	56.00			98%			
200m		5.	2:03.13	568	2:02.00			98%			
400m		6.	4:22.55	588	4:12.00			92%			
50m		25.	<b>28.29</b>	487	28.50			101%			
	, , 19.07.2010										
100m		33.	1:01.44	443	1:00.00			95%			
800m		14.	10:07.65	411	9:45.50			93%			
100m		7.	1:17.13	401	1:15.50			96%			
200m		3.	2:42.38	466	2:38.50			95%			
200m		11.	2:33.03	413	2:30.00			96%			
	, , 29.10.2010										
400m		22.	5:16.91	415	5:02.00			91%			
800m		10.	10:47.88	418	10:26.00			93%			
50m		19.	41.67	347	39.00			88%			
100m		20.	1:33.98	317	1:22.00			76%			
200m		32.	2:53.74	382	2:42.00			87%			
	, , 28.07.2010										2
100m		22.	59.88	479	59.00			97%			
200m		14.	<b>2:09.70</b>	486	2:10.00			100%			
50m		11.	28.82	461	28.50			98%			
100m		11.	1:04.86	443	1:02.00			91%			
200m		3.	<b>2:24.43</b>	445	2:33.00			112%			
	, , 10.02.2009										1
50m		50.	<b>29.21</b>	366	30.50			109%			
50m		17.	32.09	403	31.50			96%			
100m		18.	1:11.00	383	1:10.00			97%			
	, , 11.12.2010										1
100m		152.	1:20.72	195	1:15.00			86%			
50m		44.	<b>37.24</b>	258	39.00			110%			
100m		47.	1:26.45	212	1:25.00			97%			
	, , 22.05.2009										2
50m		8.	<b>29.17</b>	534	29.50			102%			
100m		14.	<b>1:04.86</b>	506	1:05.00			100%			
200m		11.	2:21.79	505	2:16.00			92%			
	, , 01.02.2008										
100m		39.	58.88	504	56.80			93%			
400m		20.	4:42.66	471	4:33.00			93%			





" -2024"  
, 29.1. - 1.2.2024

	, 15.04.2010								1
50m		65.	<b>30.64</b>	317	31.00			102%	
100m		110.	1:08.33	322	1:07.00			96%	
50m		38.	35.38	300	34.00			92%	
50m		61.	34.65	265	34.00			96%	
	, 16.02.2010								-
50m		30.	30.99	445	30.50			97%	
100m		40.	1:09.54	411	1:06.00			90%	
200m		23.	2:33.16	401	2:24.00			88%	
	, 21.03.2005								-
100m		2.	1:03.36	543	59.50			88%	
	, 16.04.2009								-
50m		34.	31.30	432	30.00			92%	
100m		38.	1:09.24	416	1:06.00			91%	
200m		26.	2:37.13	371	2:30.00			91%	
400m		29.	5:33.61	355	5:20.00			92%	
50m		16.	36.96	388	34.00			85%	
200m		36.	3:01.19	337	2:43.00			81%	
	, 29.07.2010								-
100m		123.	1:10.29	296	1:09.00			96%	
400m		64.	5:27.91	302	5:18.00			94%	
800m		54.	11:30.89	280	11:16.00			96%	
50m		71.	36.23	232	34.00			88%	
	, 27.06.2009								3
200m		4.	2:15.86	575	2:14.50			98%	
50m		4.	<b>31.98</b>	600	32.50			103%	
100m		4.	1:08.54	588	1:08.00			98%	
100m		2.	<b>1:05.42</b>	609	1:07.00			105%	
200m		2.	<b>2:30.30</b>	590	2:31.00			101%	
400m		1.	5:21.77	567	5:18.00			98%	
	, 06.07.2004								-
100m		2.	1:08.01	542	1:07.00			97%	
200m		2.	2:32.77	506	2:27.00			93%	
	, 10.09.2008								-
50m		14.	33.32	472	33.00			98%	
100m		22.	1:04.59	448	1:03.50			97%	
200m		8.	2:20.55	533	2:16.50			94%	
400m		3.	4:57.81	548	4:50.00			95%	
	, 11.10.2008								2
100m		22.	<b>56.82</b>	560	57.00			101%	
100m		4.	<b>1:09.68</b>	543	1:10.00			101%	
200m		1.	2:29.32	600	2:27.00			97%	
200m		3.	2:18.96	552	2:15.00			94%	
	, 24.03.2008								-
200m		14.	2:24.24	480	2:16.50			90%	
400m		12.	4:58.56	496	4:46.00			92%	
100m		5.	1:14.84	407	1:10.00			87%	
"	"								91
	, 28.08.2008								-
50m		36.	26.54	489	26.50			100%	
100m		56.	1:00.09	474	57.50			92%	
50m		7.	31.91	537	31.50			97%	
100m		9.	1:11.68	499	1:10.00			95%	
200m		12.	2:46.88	429	2:35.00			86%	
	, 14.03.2006								-
50m		17.	25.56	547	24.50			92%	
	, 14.02.2007								3
50m		10.	<b>29.19</b>	533	29.30			101%	
100m		21.	1:06.06	479	1:03.00			91%	
50m		16.	<b>34.23</b>	489	34.50			102%	
50m		4.	35.90	543	35.30			97%	
100m		6.	1:20.39	507	1:19.20			97%	
50m		10.	<b>31.90</b>	449	32.50			104%	
	, 25.11.2008								1
50m		32.	26.32	501	26.00			98%	
100m		40.	<b>58.89</b>	503	59.00			100%	
50m		36.	29.03	451	29.00			100%	
	, 12.08.2009								1
100m		135.	<b>1:11.34</b>	283	1:12.00			102%	
200m		50.	3:07.36	225	3:07.00			100%	
	, 27.03.2009								-
50m		51.	29.22	366	28.00			92%	
50m		37.	32.06	335	31.00			93%	
100m		18.	1:10.90	339	1:05.00			84%	

" -2024"  
, 29.1. - 1.2.2024

	, 07.11.2008									
50m		68.	30.57	320	29.24			91%		
50m		24.	42.66	225	38.74			82%		
50m		63.	33.79	286	33.24			97%		
	, 18.05.2009									
50m		59.	29.82	344	27.00			82%		
50m		35.	35.08	308	32.50			86%		
	, 09.03.2010									2
50m		57.	<b>29.51</b>	355	30.50			107%		
100m		89.	<b>1:06.42</b>	351	1:07.00			102%		
200m		36.	2:51.10	295	2:50.00			99%		
	, 03.09.2008									
100m		85.	1:05.94	358	1:03.00			91%		
800m		24.	10:37.02	357	9:50.00			86%		
1500m		17.	20:33.95	351	18:50.00			84%		
	, 02.11.2006									2
100m		43.	<b>58.98</b>	501	59.00			100%		
50m		2.	<b>30.55</b>	612	31.60			107%		
100m		2.	1:07.69	593	1:07.30			99%		
200m		2.	2:31.70	572	2:30.00			98%		
50m		17.	28.00	503	25.70			84%		
	, 15.10.2008									
50m		63.	28.60	390	27.30			91%		
100m		74.	1:02.91	413	1:02.00			97%		
	, 13.10.2009									1
50m		5.	26.05	517	25.00			92%		
100m		3.	<b>57.08</b>	553	57.34			101%		
200m		4.	2:05.58	535	2:05.00			99%		
400m		5.	4:33.50	520	4:20.00			90%		
1500m		5.	17:54.94	532	17:45.00			98%		
	, 03.10.2009									
100m		136.	1:11.63	279	1:10.00			96%		
	, 19.02.2010									3
50m		67.	<b>30.75</b>	314	31.50			105%		
100m		96.	<b>1:06.98</b>	342	1:10.00			109%		
400m		63.	5:27.51	303	5:20.00			95%		
200m		22.	<b>2:45.53</b>	326	3:00.00			118%		
	, 10.06.2004									3
50m		2.	<b>23.77</b>	680	24.00			102%		
100m		2.	<b>52.95</b>	693	53.00			100%		
50m		2.	<b>25.36</b>	677	25.80			104%		
	, 09.05.2010									1
100m		4.	<b>1:02.55</b>	564	1:03.00			101%		
50m		2.	36.38	522	36.00			98%		
	, 30.01.2006									
200m		16.	2:25.18	471	2:24.00			98%		
400m		15.	5:08.23	451	5:08.00			100%		
1500m		9.	20:32.55	416	20:05.00			96%		
50m		18.	35.25	332	34.00			93%		
	, 04.05.2008									
50m		17.	30.02	490	28.85			92%		
100m		18.	1:05.24	497	1:03.00			93%		
50m		5.	31.25	477	30.90			98%		
	, 12.04.2010									
400m		50.	5:17.88	331	5:15.00			98%		
800m		46.	11:12.88	303	11:03.00			97%		
100m		43.	1:20.50	263	1:20.00			99%		
	, 17.02.2010									2
50m		61.	<b>29.98</b>	339	30.00			100%		
100m		132.	1:11.12	286	1:09.00			94%		
200m		58.	<b>2:36.73</b>	275	2:40.00			104%		
	, 12.02.2010									1
50m		72.	31.13	303	NT			-		
200m		45.	<b>2:27.56</b>	330	2:35.00			110%		
50m		41.	32.39	325	NT			-		
	, 08.01.2008									1
50m		24.	25.95	523	25.50			97%		
50m		19.	29.95	496	29.00			94%		
100m		18.	1:04.16	520	1:03.80			99%		
200m		22.	2:26.78	443	2:16.00			86%		
50m		30.	<b>28.66</b>	469	29.00			102%		
	, 10.09.2008									1
50m		20.	30.69	458	30.50			99%		
50m		13.	33.09	542	32.50			96%		
100m		9.	<b>1:10.71</b>	536	1:11.50			102%		
200m		4.	2:35.41	500	2:34.00			98%		
50m		13.	32.69	417	32.00			96%		

" -2024"  
, 29.1. - 1.2.2024

200m		15.	2:40.19	488	2:35.00	94%	
400m	, 23.05.2010	26.	5:30.16	367	5:27.00	98%	-
800m		15.	11:32.77	342	11:10.00	94%	
100m		29.	1:20.26	366	1:18.00	94%	
50m		22.	42.88	319	41.00	91%	
200m		13.	3:18.57	342	3:18.00	99%	
50m	, 17.01.2008	24.	30.20	483	28.90	92%	1
100m		26.	1:06.32	470	1:05.50	98%	
50m		28.	28.50	477	28.00	97%	
200m		14.	<b>2:24.66</b>	489	2:29.00	106%	
100m	, 24.06.2002	8.	55.42	604	55.40	100%	-
200m		2.	2:03.24	566	1:58.00	92%	
50m	, 09.07.2010	19.	27.41	443	27.00	97%	2
100m		38.	1:02.30	425	59.50	91%	
1500m		17.	<b>19:36.88</b>	405	20:00.00	104%	
50m		4.	<b>33.73</b>	455	34.00	102%	
100m		5.	1:15.37	429	1:15.00	99%	
200m		5.	2:45.72	439	2:40.00	93%	
800m	, 06.06.2009	32.	10:35.28	360	9:30.50	81%	-
50m		20.	33.05	369	32.00	94%	
100m		19.	1:12.04	367	1:11.50	99%	
200m		16.	2:35.48	372	2:31.00	94%	
200m	, 26.06.2006	5.	2:35.59	530	2:32.00	95%	1
100m		7.	<b>59.77</b>	566	1:00.50	102%	
200m		2.	2:18.76	554	2:16.50	97%	
50m	, 10.08.2010	33.	31.18	437	30.00	93%	-
50m		12.	32.00	444	32.00	100%	
100m		7.	1:10.54	486	1:10.00	98%	
50m	, 01.01.2006	1.	23.51	703	23.08	96%	-
50m	, 03.07.2009	36.	28.73	385	28.00	95%	-
100m		13.	1:18.83	375	1:14.00	88%	
50m	, 07.09.2008	50.	<b>27.48</b>	440	28.00	104%	2
50m		39.	<b>29.41</b>	434	31.00	111%	
50m	, 27.06.2010	51.	35.94	285	33.00	84%	-
100m		61.	1:21.12	259	1:13.30	82%	
50m		25.	37.40	278	34.50	85%	
100m	, 11.10.2009	19.	59.08	498	58.00	96%	-
200m		18.	2:11.75	464	2:08.00	94%	
400m		10.	4:39.36	488	4:35.00	97%	
50m	, 15.06.2008	14.	<b>29.42</b>	520	29.50	101%	1
100m		16.	1:04.36	518	1:04.00	99%	
200m		15.	2:25.14	471	2:21.00	94%	
50m	, 15.06.2008	5.	<b>35.98</b>	540	36.50	103%	1
100m		5.	1:20.18	511	1:19.00	97%	
50m		7.	31.51	466	31.50	100%	
200m		13.	2:38.15	507	2:35.00	96%	
50m	, 30.10.2007	33.	26.33	500	25.20	92%	-
200m		9.	2:16.71	548	2:16.00	99%	
50m		14.	27.65	522	26.50	92%	
100m		15.	1:01.57	518	59.00	92%	
200m		1.	2:18.75	554	2:17.25	98%	
400m		4.	4:59.20	541	4:52.00	95%	
50m	, 29.12.2008	45.	<b>26.95</b>	467	27.00	100%	1
100m		51.	59.43	490	59.00	99%	
400m		22.	4:49.66	438	4:40.00	93%	
50m		48.	29.97	410	29.00	94%	
50m	, 28.08.2006	16.	25.55	548	24.50	92%	-
100m		16.	56.00	585	55.00	96%	







" -2024"  
, 29.1. - 1.2.2024

	, 21.02.2008							3
50m		7.	<b>31.74</b>	614	31.90		101%	
100m		4.	1:08.10	600	1:07.80		99%	
200m		3.	2:28.60	571	2:25.80		96%	
200m		4.	<b>2:31.99</b>	571	2:36.00		105%	
400m		2.	<b>5:23.86</b>	556	5:30.00		104%	
	, 24.01.2009							-
100m		24.	1:00.25	470	1:00.00		99%	
800m		17.	10:11.85	403	10:01.00		96%	
50m		15.	31.58	423	31.00		96%	
	, 07.03.2005							-
50m		10.	26.03	518	24.50		89%	
	, 17.06.2009							2
50m		32.	<b>28.39</b>	399	29.00		104%	
100m		72.	<b>1:04.99</b>	374	1:06.00		103%	
	, 28.05.2010							2
100m		92.	1:06.73	346	1:05.00		95%	
200m		42.	<b>2:24.89</b>	348	2:25.00		100%	
50m		24.	33.97	340	33.00		94%	
100m		25.	1:14.26	335	1:12.00		94%	
50m		49.	<b>33.29</b>	299	34.00		104%	
	, 26.05.2009							2
50m		23.	27.77	426	27.50		98%	
100m		32.	1:01.32	446	1:00.00		96%	
50m		1.	<b>33.03</b>	484	34.00		106%	
100m		4.	<b>1:15.17</b>	433	1:16.50		104%	
200m		10.	2:50.12	405	2:49.00		99%	
	, 27.01.2005							-
50m		1.	23.08	743	22.80		98%	
100m		1.	52.08	728	51.00		96%	
50m		1.	26.88	686	26.50		97%	
200m		1.	2:06.77	688	2:06.50		100%	
	, 16.04.2009							-
50m		4.	25.99	520	25.30		95%	
100m		10.	58.23	521	56.00		92%	
200m		17.	2:10.77	474	2:03.00		88%	
50m		11.	30.70	460	29.80		94%	
50m		18.	29.39	435	28.00		91%	
	, 25.12.2008							1
50m		41.	26.83	473	26.20		95%	
50m		6.	31.89	538	31.30		96%	
100m		5.	1:10.67	521	1:09.00		95%	
200m		4.	2:35.23	534	2:32.00		96%	
50m		42.	<b>29.51</b>	429	30.00		103%	
	, 04.06.2009							-
100m		15.	58.88	504	58.00		97%	
400m		12.	4:40.71	481	4:37.00		97%	
50m		14.	29.11	447	28.90		99%	
200m		5.	2:26.47	471	2:20.50		92%	
	, 19.04.2007							-
50m		30.	26.23	506	26.10		99%	
50m		16.	27.83	512	27.50		98%	
100m		21.	1:04.35	453	1:01.10		90%	
	, 19.02.2008							-
50m		20.	34.42	428	33.00		92%	
100m		13.	1:15.17	433	1:13.00		94%	
200m		14.	2:53.51	382	2:42.00		87%	
	, 10.09.2008							1
50m		32.	<b>31.24</b>	437	32.15		106%	
100m		34.	1:08.88	420	1:08.00		97%	
200m		25.	2:33.09	390	2:28.00		93%	
	, 23.01.2009							-
50m		44.	32.89	372	31.00		89%	
	, 04.02.2010							1
50m		54.	<b>29.27</b>	364	30.50		109%	
50m		32.	31.72	346	31.70		100%	
100m		24.	1:16.17	273	1:13.50		93%	
	, 09.10.2009							2
200m		62.	<b>2:39.12</b>	263	2:40.00		101%	
50m		74.	36.54	226	35.00		92%	
200m		45.	<b>2:59.73</b>	255	3:00.00		100%	
	, 06.10.2010							-
100m		45.	1:10.95	387	1:09.00		95%	
50m		17.	41.44	353	40.00		93%	
100m		21.	1:35.14	306	1:28.00		86%	
200m		35.	3:00.80	339	2:53.00		92%	









" -2024"  
, 29.1. - 1.2.2024

	, 04.12.2008								3
200m		7.	<b>2:04.81</b>	545	2:05.54			101%	
50m		21.	<b>28.18</b>	493	28.80			104%	
100m		12.	<b>1:01.16</b>	528	1:01.75			102%	
200m		3.	2:15.98	534	2:14.30			98%	
50m	, 10.03.2005	2.	27.06	672	26.02			92%	-
50m	, 11.12.2009	76.	<b>31.69</b>	287	31.80			101%	2
100m		128.	1:10.68	291	1:06.50			89%	
800m		43.	11:01.81	318	10:25.00			89%	
50m		29.	39.33	287	37.80			92%	
200m		20.	3:08.92	296	2:55.00			86%	
50m		46.	<b>33.10</b>	304	33.50			102%	
100m	, 05.07.2009	75.	1:05.16	371	1:01.00			88%	-
400m		33.	5:06.20	371	5:00.00			96%	
800m		22.	10:24.14	380	10:15.00			97%	
100m	, 31.01.2008	63.	1:01.05	452	59.00			93%	-
400m		23.	4:51.92	428	4:45.00			95%	
800m		20.	10:13.75	399	9:45.00			91%	
100m	, 26.09.2008	32.	<b>58.19</b>	522	58.90			102%	1
200m		18.	2:10.43	478	2:02.00			87%	
50m	, 14.01.2010	9.	<b>29.49</b>	517	30.20			105%	2
100m		13.	1:04.65	511	1:04.30			99%	
200m		7.	2:19.09	535	2:18.25			99%	
400m		6.	4:52.57	527	4:45.70			95%	
200m		15.	<b>2:40.16</b>	488	2:45.20			106%	
100m	, 06.09.2010	118.	1:09.19	310	1:05.00			88%	-
400m		28.	4:58.83	399	4:50.00			94%	
800m		12.	9:57.18	433	9:50.00			98%	
100m		36.	1:17.77	292	1:14.00			91%	
50m		68.	35.51	246	33.00			86%	
400m	, 30.11.2010	78.	<b>5:52.44</b>	243	5:57.88			103%	2
1500m		36.	23:50.18	225	22:00.00			85%	
50m		31.	39.84	276	38.94			96%	
200m		25.	3:13.62	275	3:00.00			86%	
50m		56.	<b>33.70</b>	288	37.02			121%	
200m		44.	2:55.13	275	2:53.02			98%	
50m	, 22.01.2010	65.	<b>30.64</b>	317	31.00			102%	4
100m		91.	<b>1:06.67</b>	347	1:08.00			104%	
50m		23.	<b>37.80</b>	323	39.50			109%	
200m		15.	3:02.20	330	3:02.00			100%	
200m		21.	<b>2:44.36</b>	333	2:45.00			101%	
100m	, 24.04.2007	58.	1:00.32	468	59.00			96%	1
800m		11.	9:38.97	476	9:10.00			90%	
1500m		8.	<b>18:04.95</b>	517	18:25.00			104%	
100m		12.	1:15.08	434	NT			-	
200m		10.	2:43.09	460	NT			-	
400m		6.	5:07.78	497	5:05.00			98%	
200m	, 27.08.2004			-	NT			-	-
100m	, 09.06.2008	30.	1:11.03	385	1:06.00			86%	-
400m		14.	5:05.90	461	4:55.00			93%	
800m		7.	10:40.48	433	10:19.00			93%	
1500m		8.	20:32.01	417	19:40.00			92%	
50m	, 20.10.2007	28.	30.58	466	29.20			91%	1
50m		12.	<b>27.36</b>	539	27.90			104%	
100m		17.	1:03.39	474	1:03.20			99%	
200m		5.	2:19.73	543	2:17.50			97%	
100m	, 06.05.2005	11.	1:04.32	386	57.00			79%	-
400m		2.	5:15.73	338	5:00.00			90%	
100m		8.	1:07.01	456	1:04.00			91%	
50m		2.	35.32	396	33.00			87%	
100m		5.	1:03.79	465	59.00			86%	
400m		2.	5:55.63	322	5:30.00			86%	



" -2024"  
, 29.1. - 1.2.2024

200m		10.	2:21.37	524	2:17.48	95%	1
50m	, 28.02.2009	39.	28.82	381	28.24	96%	
100m		50.	1:03.41	403	1:02.30	97%	
200m		39.	<b>2:21.65</b>	373	2:23.00	102%	
400m		32.	5:05.30	374	4:55.00	93%	
800m		33.	10:41.50	350	10:26.00	95%	
1500m		24.	20:29.24	355	19:29.77	91%	
100m	, 31.10.2009	49.	1:03.34	404	1:02.70	98%	-
200m		34.	2:20.82	380	2:16.40	94%	
100m		14.	1:09.25	364	1:05.00	88%	
200m		13.	2:35.72	392	2:34.70	99%	
400m	, 05.09.2007	18.	4:38.49	493	4:20.00	87%	-
800m		10.	9:36.57	482	9:12.00	92%	
1500m		11.	18:28.64	484	17:50.00	93%	
100m	, 01.10.2010	147.	1:15.51	238	1:10.00	86%	-
400m		85.	6:14.45	203	5:25.00	75%	
50m	, 02.02.2007	9.	29.13	536	28.20	94%	-
50m		12.	33.04	544	32.00	94%	
100m		12.	1:12.33	501	1:11.00	96%	
50m		6.	31.28	476	31.00	98%	
50m	, 24.10.2008	23.	31.23	435	29.16	87%	-
100m		28.	1:08.61	428	1:02.70	84%	
200m		20.	2:30.04	426	2:19.26	86%	
50m		18.	35.82	427	34.45	92%	
50m	, 29.06.2007	5.	25.04	582	24.20	93%	-
100m		15.	55.86	590	54.00	93%	
200m		8.	2:05.34	538	2:03.00	96%	
100m	, 17.08.2008	58.	1:00.32	468	59.80	98%	1
800m		13.	<b>9:46.95</b>	457	10:30.00	115%	
400m		8.	5:30.49	401	5:11.00	89%	
50m	, 18.10.2004	6.	26.10	621	25.50	95%	1
100m		2.	<b>57.73</b>	628	59.00	104%	
400m	, 22.01.2010	34.	5:52.06	302	5:43.00	95%	1
50m		22.	39.31	323	38.00	93%	
100m		32.	1:24.72	311	1:22.00	94%	
200m		18.	<b>2:56.78</b>	339	2:58.00	101%	
50m	, 15.12.2009	26.	38.48	306	38.00	98%	-
100m		24.	1:26.17	287	1:21.00	88%	
100m	, 25.03.2009	23.	1:00.10	474	59.50	98%	-
400m		21.	4:53.24	422	4:44.00	94%	
800m		21.	10:19.94	387	9:50.00	91%	
50m	, 21.07.2008	47.	<b>27.09</b>	459	28.50	111%	2
100m		52.	59.51	488	59.50	100%	
50m		12.	<b>33.22</b>	476	34.00	105%	
100m		11.	1:14.89	438	1:13.50	96%	
200m		7.	2:41.13	477	2:41.00	100%	
50m	, 08.11.2007	11.	<b>25.27</b>	566	26.60	111%	2
50m		22.	30.15	486	29.20	94%	
50m		6.	26.89	568	26.80	99%	
100m		5.	<b>58.69</b>	598	58.70	100%	
100m	, 28.05.2010	73.	1:05.04	373	1:03.50	95%	1
400m		35.	5:07.35	367	5:01.00	96%	
800m		30.	10:34.53	361	10:15.00	94%	
50m		57.	33.87	284	32.50	92%	
200m		29.	<b>2:47.26</b>	316	2:48.00	101%	
400m	, 07.06.2009	37.	5:08.05	364	4:52.00	90%	-
800m		25.	10:26.59	375	9:55.00	90%	
1500m		20.	19:54.47	387	19:30.00	96%	
50m	, 04.01.2008	59.	28.12	411	28.00	99%	1
50m		36.	<b>31.49</b>	426	31.50	100%	
100m		30.	1:07.41	448	1:06.50	97%	

" -2024"  
, 29.1. - 1.2.2024

200m		23.	2:28.11	431	2:25.00	96%	
50m	, , 20.01.2010	19.	30.49	467	30.00	97%	-
50m		9.	34.22	490	33.00	93%	
100m		10.	1:12.46	498	1:12.00	99%	
50m	, , 01.12.2008	18.	33.64	383	32.50	93%	-
50m		13.	33.30	473	32.42	95%	
100m		10.	1:12.16	489	1:10.00	94%	
200m	, , 22.11.2010	6.	2:38.01	506	2:31.00	91%	-
50m		41.	28.92	377	28.00	94%	
50m		22.	33.76	346	32.02	90%	
100m		28.	1:14.37	334	1:11.03	91%	
200m		26.	2:41.83	330	2:35.00	92%	
100m		22.	1:15.17	284	1:12.50	93%	
400m	, , 22.01.2007	13.	5:58.59	314	5:15.00	77%	2
50m		51.	27.64	432	27.30	98%	
100m		36.	<b>58.66</b>	509	58.70	100%	
50m		33.	31.34	433	30.80	97%	
100m		37.	1:10.23	396	1:07.00	91%	
50m	, , 02.06.2009	47.	<b>29.96</b>	410	30.50	104%	3
100m		90.	<b>1:06.45</b>	350	1:08.00	105%	
50m		29.	<b>34.40</b>	327	34.50	101%	
100m		27.	1:14.34	334	1:13.00	96%	
200m		24.	2:40.11	341	2:36.50	96%	
200m		15.	<b>2:35.89</b>	391	2:37.00	101%	
400m	, , 15.07.2010	10.	5:37.45	377	5:28.00	94%	4
200m		5.	<b>2:18.58</b>	526	2:24.62	109%	
100m		4.	<b>1:02.23</b>	501	1:03.50	104%	
200m		4.	<b>2:22.18</b>	515	2:23.50	102%	
400m	, , 27.03.2010	4.	<b>5:00.60</b>	533	5:07.35	105%	-
50m		29.	30.97	446	30.15	95%	
100m		23.	1:06.42	471	1:05.25	97%	
200m	, , 28.12.2009	22.	2:27.74	447	2:25.00	96%	-
50m		44.	29.02	374	28.50	96%	
100m		47.	1:03.19	407	1:03.00	99%	
200m		33.	2:20.27	384	2:20.00	100%	
400m	, , 24.05.2003	30.	5:00.12	394	5:00.00	100%	-
50m		3.	23.95	665	23.80	99%	
100m		3.	53.18	684	51.70	95%	
200m		1.	1:59.32	624	1:55.30	93%	
50m		3.	28.08	602	27.40	95%	
50m		1.	25.02	705	25.00	100%	
"	"						78
100m	, , 26.12.2008	67.	<b>1:01.78</b>	436	1:01.90	100%	1
400m		24.	4:52.64	425	4:32.00	86%	
800m		15.	10:05.79	415	9:40.00	92%	
1500m	, , 30.03.2010	13.	19:31.40	411	18:30.00	90%	-
200m		29.	2:17.28	410	2:08.00	87%	
1500m		9.	18:21.80	494	17:30.00	91%	
100m		13.	1:08.69	373	1:06.00	92%	
400m	, , 09.02.2010	7.	5:18.52	448	5:03.00	90%	1
50m		27.	28.09	412	27.50	96%	
200m		40.	2:22.17	369	2:20.50	98%	
400m		52.	5:19.00	328	5:05.00	91%	
50m		21.	<b>30.31</b>	396	30.50	101%	
100m	, , 23.07.2010	20.	1:11.86	325	1:11.00	98%	-
100m		6.	1:03.24	546	1:02.50	98%	
200m		6.	2:18.35	544	2:15.65	96%	
400m	, , 13.09.2007	3.	5:26.13	544	5:15.50	94%	-
200m		8.	2:15.66	561	2:10.00	92%	
100m		4.	58.33	609	56.50	94%	

" -2024"  
, 29.1. - 1.2.2024

	, 27.01.2009									
100m		129.	1:10.70	291	1:06.50		88%			
400m		79.	5:53.20	241	5:25.00		85%			
	, 09.08.2010									
50m		6.	29.96	495	29.00		94%			
100m		4.	1:03.86	527	1:01.70		93%			
200m		2.	2:15.15	567	2:12.50		96%			
	, 17.05.2009									
100m		95.	1:06.93	343	1:05.00		94%			
800m		38.	10:55.78	327	10:50.00		98%			
50m		24.	37.90	320	37.00		95%			
100m		20.	1:23.73	313	1:23.00		98%			
200m		16.	3:04.26	319	2:50.00		85%			
50m		59.	34.14	277	33.00		93%			
	, 10.02.2009									
400m		2.	4:17.46	624	4:10.00		94%			
100m		2.	59.99	560	59.50		98%			
	, 20.06.2008									
50m		3.	28.42	577	28.00		97%			
100m		9.	1:02.98	553	1:01.00		94%			
50m		5.	31.42	633	30.00		91%			
100m		1.	1:07.35	620	1:05.80		95%			
200m		1.	2:21.85	657	2:19.00		96%			
200m		6.	2:33.00	560	2:28.00		94%			
	, 13.03.2008									2
50m		65.	<b>28.79</b>	383	29.00		101%			
100m		84.	1:05.59	364	1:03.50		94%			
200m		30.	2:27.17	332	2:23.00		94%			
400m		34.	5:39.07	273	5:03.00		80%			
50m		59.	<b>31.76</b>	344	32.90		107%			
	, 17.01.2010									
100m		2.	1:18.24	550	1:18.00		99%			
200m		2.	2:46.17	584	2:42.50		96%			
	, 30.11.2008									
50m		69.	32.14	275	30.00		87%			
50m		23.	39.62	280	39.00		97%			
	, 06.02.2010									
100m		69.	1:04.93	375	1:02.00		91%			
800m		26.	10:27.05	374	9:59.00		91%			
1500m		25.	20:46.47	341	19:00.00		84%			
50m		27.	34.31	330	33.00		93%			
50m		30.	39.67	279	37.00		87%			
	, 10.11.2010									
400m		11.	5:01.71	481	4:45.00		89%			
100m		17.	1:15.78	435	1:12.00		90%			
200m		8.	2:39.69	460	2:31.00		89%			
200m		16.	2:42.06	471	2:39.00		96%			
	, 04.06.2009									
50m		37.	31.43	427	30.00		91%			
100m		39.	1:09.46	412	1:07.00		93%			
50m		19.	33.91	373	33.00		95%			
200m		33.	2:57.14	360	2:49.00		91%			
	, 16.12.2010									1
50m		42.	<b>32.24</b>	395	33.00		105%			
100m		52.	1:13.01	355	1:10.00		92%			
200m		27.	2:39.18	357	2:37.00		97%			
400m		28.	5:31.57	362	5:20.00		93%			
	, 03.04.2010									
100m		51.	1:03.48	402	1:02.00		95%			
200m		32.	2:19.99	386	2:15.00		93%			
	, 29.04.2010									
200m		54.	2:34.17	289	2:28.00		92%			
400m		66.	5:29.61	297	4:50.00		77%			
100m		32.	1:15.12	324	1:12.00		92%			
200m		27.	2:42.24	328	2:35.00		91%			
	, 18.02.2007									
100m		2.	57.05	651	56.46		98%			
200m		1.	2:10.85	599	2:06.77		94%			
	, 11.11.2008									1
100m		69.	1:02.12	429	1:00.00		93%			
800m		14.	10:01.46	424	9:59.00		99%			
50m		30.	<b>30.85</b>	453	32.00		108%			
100m		36.	1:09.96	401	1:07.00		92%			
200m		24.	2:32.07	398	2:26.00		92%			
50m		45.	29.68	422	29.00		95%			



" -2024"  
, 29.1. - 1.2.2024

	, 20.07.2010										
800m		53.	11:26.72	285	10:40.00			87%			
1500m		29.	21:46.90	296	20:10.00			86%			
50m		33.	35.00	310	33.00			89%			
100m		41.	1:19.99	268	1:13.00			83%			
	, 20.03.2009										1
50m		3.	<b>30.48</b>	693	31.50			107%			
100m		3.	1:07.22	624	1:07.10			100%			
	, 16.07.2010										1
50m		37.	28.79	383	28.50			98%			
100m		59.	1:04.35	386	1:03.00			96%			
200m		43.	2:25.63	343	2:21.00			94%			
400m		49.	5:16.99	334	5:01.00			90%			
50m		45.	<b>33.04</b>	306	34.00			106%			
	, 18.07.2005										2
50m		6.	<b>24.93</b>	590	26.00			109%			
50m		7.	30.01	493	29.00			93%			
50m		9.	<b>27.42</b>	535	27.50			101%			
	, 25.05.2010										2
100m		134.	<b>1:11.33</b>	283	1:12.00			102%			
200m		56.	2:35.31	283	2:34.00			98%			
800m		48.	<b>11:19.19</b>	294	11:25.00			102%			
	, 05.06.2003										-
200m		3.	2:14.98	570	2:10.00			93%			
400m		1.	4:44.74	628	4:27.00			88%			
	, 26.05.2010										-
400m		15.	5:10.09	443	4:50.00			87%			
50m		3.	37.14	490	36.50			97%			
100m		3.	1:20.15	512	1:18.00			95%			
50m		9.	31.41	470	31.00			97%			
	, 02.09.2009										5
50m		2.	<b>25.45</b>	554	26.00			104%			
200m		5.	<b>2:06.35</b>	526	2:09.00			104%			
50m		14.	31.55	424	29.00			84%			
50m		2.	<b>33.07</b>	483	34.00			106%			
50m		5.	<b>27.28</b>	544	27.90			105%			
100m		5.	<b>1:02.77</b>	488	1:06.00			111%			
	, 29.04.2009										2
50m		16.	27.11	458	27.00			99%			
100m		44.	1:02.79	415	59.50			90%			
400m		36.	5:07.76	365	4:47.00			87%			
50m		11.	<b>34.05</b>	442	34.50			103%			
100m		14.	1:19.09	371	1:16.50			94%			
50m		26.	<b>31.22</b>	362	32.00			105%			
	, 21.06.2010										2
50m		3.	<b>29.65</b>	559	29.90			102%			
100m		1.	<b>1:04.93</b>	623	1:06.00			103%			
200m		1.	2:32.15	513	2:27.00			93%			
	, 09.09.2010										-
100m		117.	1:09.16	311	1:07.00			94%			
200m		61.	2:37.51	271	2:36.00			98%			
400m		75.	5:44.01	261	5:07.00			80%			
50m		65.	35.12	254	35.00			99%			
	, 16.11.2005										3
50m		4.	24.38	630	23.80			95%			
100m		5.	54.49	635	52.70			94%			
100m		2.	<b>1:00.24</b>	628	1:02.00			106%			
200m		1.	2:33.08	556	2:30.00			96%			
50m		7.	<b>26.47</b>	595	26.80			103%			
200m		2.	<b>2:14.92</b>	603	2:18.00			105%			
	, 28.10.2010										1
50m		41.	<b>31.98</b>	405	33.00			106%			
100m		49.	1:12.50	362	1:10.00			93%			
200m		31.	2:40.66	347	2:37.00			95%			
400m		32.	5:48.44	312	5:40.00			95%			
	, 08.07.2010										3
400m		56.	5:22.42	317	5:06.00			90%			
800m		47.	<b>11:14.86</b>	300	11:25.00			103%			
50m		40.	<b>32.28</b>	328	33.00			105%			
100m		21.	<b>1:12.03</b>	323	1:14.00			106%			
	, 30.04.2007										-
800m		27.	11:17.82	296	9:40.00			73%			
50m		4.	31.77	544	31.00			95%			
100m		6.	1:11.42	505	1:09.00			93%			
200m		8.	2:41.53	474	2:40.00			98%			
50m		50.	30.21	400	30.00			99%			







" -2024"  
, 29.1. - 1.2.2024

	, 24.04.2009								-
200m		19.	2:12.25	458	2:05.00		89%		
50m		2.	28.85	555	28.00		94%		
100m		9.	1:05.58	487	1:01.00		87%		
200m		8.	2:20.17	509	2:12.00		89%		
50m		3.	27.01	560	26.00		93%		
100m		9.	1:04.27	455	59.00		84%		
	, 23.08.2010								-
100m		7.	1:11.66	515	1:07.69		89%		
200m		7.	2:37.63	479	2:29.00		89%		
50m		13.	32.70	416	31.00		90%		
	, 17.04.2007								3
100m		2.	53.11	686	53.05		100%		
50m		3.	<b>27.53</b>	638	28.05		104%		
100m		2.	<b>59.03</b>	667	59.60		102%		
200m		2.	<b>2:07.89</b>	670	2:10.13		104%		
	, 10.08.2009								1
400m		3.	4:19.17	612	4:16.00		98%		
50m		1.	<b>27.27</b>	657	28.00		105%		
100m		1.	1:00.14	631	59.50		98%		
200m		1.	2:13.12	594	2:12.00		98%		
50m		4.	27.09	555	27.00		99%		
200m		1.	2:16.92	577	2:16.00		99%		
	, 29.06.2009								-
200m		13.	2:24.53	477	2:15.05		87%		
400m		12.	5:03.95	470	4:44.02		87%		
100m		15.	1:14.60	456	1:10.00		88%		
200m		18.	2:42.79	465	NT		-		
	, 25.08.2010								1
50m		83.	<b>33.61</b>	240	37.00		121%		
100m		140.	1:12.92	265	1:10.00		92%		
50m		46.	38.41	235	38.00		98%		
100m		45.	1:23.52	235	1:23.00		99%		
	, 25.06.2009								-
50m		7.	26.20	508	NT		-		
100m		5.	57.24	548	55.90		95%		
400m		16.	4:45.58	457	4:30.80		90%		
50m		10.	28.73	465	27.10		89%		
200m		6.	2:28.52	452	2:24.18		94%		
	, 08.07.2010								3
50m		46.	<b>29.13</b>	369	32.00		121%		
100m		87.	1:06.30	353	1:06.00		99%		
50m		19.	<b>32.92</b>	373	34.00		107%		
100m		29.	<b>1:14.39</b>	333	1:15.00		102%		
	, 28.12.2008								5
100m		1.	<b>59.66</b>	651	1:01.60		107%		
200m		1.	<b>2:09.88</b>	658	2:13.57		106%		
50m		4.	31.39	634	30.90		97%		
100m		1.	<b>1:02.85</b>	687	1:05.75		109%		
200m		1.	<b>2:18.02</b>	687	2:20.75		104%		
200m		2.	<b>2:30.20</b>	592	2:33.30		104%		
	, 23.10.2010								2
100m		93.	<b>1:06.77</b>	345	1:10.00		110%		
200m		48.	<b>2:29.36</b>	318	2:30.00		101%		
400m		41.	5:10.35	356	5:00.00		93%		
	, 08.07.2007								1
50m		9.	25.19	571	24.74		96%		
100m		9.	55.22	611	53.80		95%		
50m		5.	27.81	619	27.51		98%		
100m		5.	1:00.16	630	58.31		94%		
200m		6.	<b>2:13.99</b>	582	2:14.04		100%		
	, 15.01.2009								4
50m		11.	<b>26.57</b>	487	27.00		103%		
100m		26.	<b>1:00.35</b>	468	1:00.50		100%		
200m		23.	2:14.82	433	2:10.00		93%		
50m		9.	<b>30.41</b>	473	30.50		101%		
100m		13.	1:08.00	436	1:06.00		94%		
50m		16.	<b>29.35</b>	436	29.58		102%		
	, 29.09.2010								2
100m		27.	1:00.41	466	58.60		94%		
200m		8.	<b>2:07.52</b>	511	2:09.00		102%		
400m		4.	4:31.21	534	4:27.00		97%		
800m		1.	9:17.91	532	9:05.00		95%		
1500m		4.	17:52.97	534	17:30.00		96%		
100m		12.	<b>1:06.02</b>	420	1:06.50		101%		
	, 25.07.2010								1
100m		48.	1:03.28	406	1:00.00		90%		
200m		28.	<b>2:16.78</b>	414	2:20.00		105%		
400m		25.	4:55.02	415	4:35.00		87%		

" -2024"  
, 29.1. - 1.2.2024

800m		9.	9:51.95	445	9:45.00	98%	
1500m		16.	19:13.57	430	18:00.00	88%	
	, 15.11.2009						-
400m		20.	5:15.65	420	5:10.00	96%	
50m		9.	38.21	450	36.00	89%	
100m		9.	1:24.54	436	1:20.00	90%	
200m		25.	2:47.73	425	2:45.00	97%	
	, 20.08.2010						1
800m		40.	11:00.29	321	10:55.75	99%	
100m		33.	<b>1:16.27</b>	309	1:18.54	106%	
200m		29.	2:43.03	323	2:40.52	97%	
400m		15.	6:04.18	300	5:50.36	93%	
	, 19.04.2007						-
50m		15.	33.74	511	31.85	89%	
100m		10.	1:11.54	517	1:07.50	89%	
200m		5.	2:36.07	493	2:27.38	89%	
	, 10.03.2010						-
50m		5.	28.95	546	28.10	94%	
100m		16.	1:05.09	501	1:02.00	91%	
200m		8.	2:19.33	533	2:17.00	97%	
50m		6.	33.59	518	32.00	91%	
100m		9.	1:12.24	502	1:10.00	94%	
200m		9.	2:38.15	507	2:33.63	94%	
	, 11.03.2008						1
50m		1.	34.64	605	34.25	98%	
100m		2.	1:15.94	602	1:14.00	95%	
200m		2.	2:43.90	609	2:40.00	95%	
50m		11.	31.94	447	31.10	95%	
100m		4.	1:13.26	434	1:08.00	86%	
200m		8.	<b>2:35.63</b>	532	2:36.00	100%	
	, 06.03.2008						-
100m		17.	1:04.96	504	1:02.00	91%	
400m		5.	4:44.75	572	4:35.00	93%	
800m		4.	9:49.43	556	9:25.00	92%	
1500m		3.	18:40.60	554	18:00.00	93%	
	, 04.02.2010						1
100m		12.	58.75	507	57.40	95%	
200m		13.	<b>2:09.61</b>	487	2:10.40	101%	
400m		6.	4:34.56	514	4:32.15	98%	
100m		12.	1:07.88	439	1:07.50	99%	
50m		19.	29.65	423	29.14	97%	
200m		8.	2:30.87	431	2:28.61	97%	
	, 25.08.2006						1
100m		2.	<b>1:00.52</b>	623	1:05.00	115%	
800m		1.	9:18.45	654	9:12.00	98%	
400m		1.	5:14.29	608	5:14.00	100%	
	, 14.10.2009						-
400m		17.	5:13.04	430	4:54.00	88%	
800m		8.	10:34.24	446	10:00.00	89%	
1500m		4.	20:50.80	398	19:09.00	84%	
100m		14.	1:18.06	359	1:15.00	92%	
200m		4.	2:54.38	340	2:42.00	86%	
200m		30.	2:50.94	401	2:50.00	99%	
	, 25.03.2009						-
100m		12.	1:04.51	515	1:04.27	99%	
100m		8.	1:11.72	513	1:08.24	91%	
200m		4.	2:32.48	529	2:30.79	98%	
50m		11.	31.86	450	30.75	93%	
200m		8.	2:37.15	516	2:32.74	94%	
400m		7.	5:50.63	438	5:40.62	94%	
	, 08.01.2010						-
100m		35.	1:01.53	441	1:00.00	95%	
400m		15.	4:43.91	465	4:28.00	89%	
800m		9.	9:51.95	445	9:28.00	92%	
1500m		13.	18:41.79	468	18:00.00	93%	
	, 13.09.2005						-
200m		3.	2:20.70	380	2:10.00	85%	
50m		8.	30.63	463	30.00	96%	
200m		4.	2:22.83	508	2:20.00	96%	
	, 27.06.2009						4
50m		47.	<b>29.16</b>	368	29.82	105%	
50m		19.	<b>36.08</b>	372	36.20	101%	
100m		10.	<b>1:17.63</b>	393	1:21.33	110%	
200m		11.	<b>2:50.33</b>	404	2:54.90	105%	
50m		36.	31.96	338	31.63	98%	
	, 21.12.2007						-
100m		14.	1:04.12	524	1:02.90	96%	
400m		10.	4:55.11	514	4:38.00	89%	
800m		5.	9:50.23	554	9:25.00	92%	

" -2024"  
, 29.1. - 1.2.2024

1500m		2.	18:27.40	574	17:50.00	93%	
100m	, , 23.03.2010	43.	1:10.07	401	1:09.00	97%	-
400m		24.	5:18.54	408	5:05.00	92%	
800m		12.	11:06.86	384	10:15.00	85%	
1500m		5.	21:05.44	384	19:30.00	85%	
50m	, , 12.01.2006	4.	27.63	631	27.28	97%	-
100m		6.	1:00.76	612	58.43	92%	
200m		18.	2:22.73	482	2:10.00	83%	
50m		3.	26.46	596	26.00	97%	
100m	, , 28.03.2009	5.	1:22.24	474	1:19.00	92%	-
200m		4.	2:54.90	501	2:47.00	91%	
100m		10.	1:12.25	452	1:08.20	89%	
200m		6.	2:35.93	529	2:33.15	96%	
400m		5.	5:37.66	490	5:27.00	94%	
50m	, , 21.07.2009	24.	30.78	454	29.29	91%	-
100m		14.	1:14.47	459	1:11.11	91%	
200m		9.	2:40.13	457	2:33.33	92%	
100m		8.	1:10.96	477	1:08.08	92%	
200m		10.	2:38.54	503	2:30.30	90%	
400m		6.	5:37.85	490	5:17.17	88%	
50m	, , 28.01.2008	51.	27.64	432	27.00	95%	1
100m		38.	58.80	506	58.00	97%	
200m		16.	2:10.04	482	2:08.40	97%	
50m		30.	<b>28.66</b>	469	29.00	102%	
200m		4.	2:25.00	440	2:24.00	99%	
50m	, , 22.07.2010	75.	31.67	287	30.00	90%	2
50m		39.	<b>35.53</b>	297	36.00	103%	
50m		14.	<b>34.60</b>	421	35.00	102%	
200m		38.	2:51.84	291	2:45.00	92%	
100m	, , 25.02.2010	45.	1:02.87	414	1:02.00	97%	3
400m		11.	4:39.44	488	4:35.00	97%	
800m		4.	<b>9:32.50</b>	492	9:38.00	102%	
1500m		8.	<b>18:15.49</b>	502	18:30.00	103%	
100m		16.	1:10.22	349	1:09.00	97%	
200m		4.	<b>2:29.59</b>	401	2:32.00	103%	
50m	, , 09.08.2006	26.	26.04	517	26.00	100%	1
100m		24.	57.00	555	56.00	97%	
200m		11.	<b>2:06.76</b>	521	2:07.00	100%	
400m		15.	4:37.01	501	4:25.00	92%	
100m	, , 30.04.2010	101.	1:07.11	340	1:05.00	94%	1
400m		57.	5:22.45	317	4:50.00	81%	
200m		34.	2:48.30	310	2:40.00	90%	
400m		14.	<b>5:59.29</b>	312	6:00.00	100%	
50m	, , 30.06.2010	13.	<b>35.33</b>	445	35.35	100%	1
100m		19.	1:16.89	417	1:15.24	96%	
200m		13.	2:44.16	424	2:41.40	97%	
200m		29.	2:50.80	402	2:47.54	96%	
100m	, , 25.05.2009	9.	57.97	528	56.00	93%	-
200m		9.	2:07.89	507	2:05.00	96%	
400m		7.	4:35.65	508	4:15.00	86%	
800m		3.	9:28.33	503	9:02.00	91%	
1500m		3.	17:49.24	540	17:39.00	98%	
50m	, , 20.05.2008	4.	28.44	576	27.50	93%	-
100m		4.	1:01.32	599	59.00	93%	
200m		2.	2:10.67	646	2:09.50	98%	
400m		1.	4:39.88	602	4:32.50	95%	
50m		10.	32.21	587	30.90	92%	
50m	, , 31.01.2006	8.	27.01	560	NT	-	1
100m		9.	<b>1:00.14</b>	555	1:00.24	100%	
400m		1.	4:48.83	601	4:45.07	97%	
50m	, , 27.01.2009	18.	37.26	379	36.99	99%	3
100m		24.	<b>1:18.56</b>	391	1:20.00	104%	
200m		14.	<b>2:44.20</b>	423	2:50.00	107%	
200m		22.	<b>2:44.79</b>	448	2:57.00	115%	

" -2024"  
, 29.1. - 1.2.2024

	, 22.01.2007						1
100m		11.	55.57	599	54.74	97%	
200m		4.	2:13.14	594	2:07.35	91%	
100m		10.	1:00.40	548	57.87	92%	
400m		2.	<b>4:49.12</b>	599	4:50.00	101%	
	, 25.07.2010						-
100m		9.	1:04.22	522	1:04.00	99%	
200m		12.	2:21.98	503	2:17.00	93%	
400m		2.	5:24.60	552	5:20.00	97%	
	, 27.02.2010						-
100m		84.	1:06.22	354	1:02.00	88%	
200m		37.	2:21.37	375	2:19.00	97%	
400m		27.	4:58.09	402	4:46.00	92%	
800m		13.	10:01.73	424	9:52.00	97%	
1500m		19.	19:47.44	394	19:20.00	95%	
	, 12.12.2007						1
50m		28.	26.16	510	25.52	95%	
50m		10.	<b>29.00</b>	546	29.37	103%	
100m		17.	1:03.66	532	1:02.34	96%	
200m		15.	2:19.91	511	2:15.19	93%	
200m		11.	2:21.65	521	2:17.11	94%	
	, 08.09.2008						-
100m		35.	58.63	510	55.40	89%	
800m		3.	9:08.29	560	8:50.20	94%	
1500m		3.	17:26.95	575	17:03.25	96%	
	, 15.01.2008						-
800m		4.	9:11.95	549	8:55.72	94%	
1500m		4.	17:44.64	547	17:18.48	95%	
100m		33.	1:08.83	421	1:03.68	86%	
100m		19.	1:03.56	470	59.56	88%	
400m		5.	4:59.85	537	4:50.15	94%	
	, 20.12.2010						-
50m		26.	30.86	451	30.00	95%	
50m		11.	35.29	446	33.00	87%	
100m		18.	1:16.74	419	1:13.00	90%	
200m		12.	2:43.36	430	2:36.00	91%	
	, 13.02.2008						-
100m		8.	1:02.90	555	1:02.00	97%	
400m		8.	4:48.81	548	4:36.00	91%	
800m		6.	9:50.99	551	9:25.00	91%	
1500m		5.	19:08.42	514	18:05.00	89%	
400m		5.	5:34.80	503	5:17.00	90%	
	, 31.08.2009						-
100m		62.	1:04.45	384	1:01.00	90%	
200m		26.	2:15.86	423	2:12.00	94%	
400m		23.	4:54.27	418	4:36.00	88%	
800m		5.	9:35.06	485	9:35.00	100%	
1500m		11.	18:27.73	486	18:15.00	98%	
	, 31.07.2010						-
400m		76.	5:46.13	257	5:30.92	91%	
800m		62.	11:52.30	255	10:50.43	83%	
1500m		31.	22:15.54	277	22:10.18	99%	
50m		78.	37.43	210	35.25	89%	
	, 16.02.2009						-
50m		1.	25.15	574	25.00	99%	
100m		1.	56.03	584	54.00	93%	
200m		1.	2:01.42	592	1:59.00	96%	
400m		1.	4:17.35	625	4:15.00	98%	
50m		1.	26.63	584	26.50	99%	
100m		1.	59.22	582	57.00	93%	
	, 09.05.2007						-
50m		23.	25.83	530	24.50	90%	
50m		2.	27.03	674	26.42	96%	
100m		3.	59.12	664	57.02	93%	
200m		11.	2:17.58	538	2:06.72	85%	
50m		13.	27.45	533	25.99	90%	
	, 26.02.2008						1
50m		7.	<b>25.05</b>	581	25.80	106%	
100m		4.	53.94	655	53.00	97%	
200m		3.	2:00.29	609	1:58.00	96%	
50m		14.	29.38	525	27.75	89%	
50m		10.	27.26	545	26.90	97%	
100m		11.	1:00.72	540	57.56	90%	
	, 31.05.2010						-
50m		10.	29.55	513	29.00	96%	
50m		6.	30.31	523	30.00	98%	
100m		5.	1:08.17	539	1:08.00	100%	
200m		2.	2:35.35	482	2:28.87	92%	
200m		7.	2:36.47	523	2:34.00	97%	

" -2024"  
, 29.1. - 1.2.2024

400m		4.	5:31.50	518	NT	-	-
50m	, 13.01.2009	6.	37.79	466	35.20	87%	-
100m		9.	1:11.58	465	1:06.90	87%	
200m		21.	2:44.26	452	2:33.25	87%	
100m	, 29.04.2010	98.	<b>1:07.01</b>	341	1:24.24	158%	3
800m		56.	<b>11:31.79</b>	279	11:40.93	103%	
50m		34.	<b>40.24</b>	268	40.38	101%	
200m		27.	2:46.63	320	2:43.00	96%	
50m	, 19.03.2010	43.	32.61	382	30.00	85%	-
100m		50.	1:12.64	360	1:10.00	93%	
200m		29.	2:39.20	357	2:30.00	89%	
200m		14.	3:22.87	321	3:10.00	88%	
50m	, 08.04.2009	15.	30.07	487	29.36	95%	-
100m		28.	1:07.66	446	1:05.42	93%	
50m		13.	38.88	427	36.40	88%	
100m		17.	1:28.94	374	1:21.64	84%	
200m		10.	3:12.57	375	2:50.15	78%	
200m		31.	2:51.15	400	2:41.70	89%	
1500m	, 25.03.2010	2.	17:23.36	581	NT	-	-
50m		3.	29.53	517	28.00	90%	
100m		3.	1:03.30	541	1:00.00	90%	
200m		4.	2:16.58	550	2:11.00	92%	
400m		1.	4:51.39	585	4:51.00	100%	
50m	, 21.04.2008	62.	28.53	393	28.00	96%	1
100m		71.	1:02.70	417	1:00.00	92%	
50m		40.	<b>33.04</b>	369	34.00	106%	
50m		60.	32.03	336	30.50	91%	
100m	, 25.01.2006	17.	56.10	582	55.00	96%	-
400m		4.	4:16.76	629	4:12.00	96%	
800m		1.	8:50.44	619	8:35.00	94%	
1500m		1.	17:04.95	613	16:50.00	97%	
100m		10.	1:01.41	593	1:01.00	99%	
50m	, 28.01.2009	8.	<b>30.26</b>	481	30.50	102%	2
100m		10.	1:07.29	450	1:06.50	98%	
50m		7.	28.55	474	28.50	100%	
200m		9.	<b>2:31.13</b>	429	2:36.00	107%	
100m	, 11.07.2010	60.	1:17.54	296	1:14.12	91%	2
1500m		7.	24:32.99	244	23:00.38	88%	
100m		35.	<b>1:27.81</b>	280	1:30.00	105%	
200m		17.	3:31.26	284	3:25.52	95%	
400m		8.	<b>6:14.75</b>	359	6:21.35	104%	
50m	, 17.08.2008	16.	29.93	494	28.00	88%	1
100m		20.	1:05.97	481	1:05.00	97%	
50m		11.	<b>32.92</b>	550	33.00	100%	
100m		13.	1:14.05	466	1:11.00	92%	
100m	, 22.05.2009	16.	58.91	503	56.00	90%	1
200m		16.	2:10.58	476	2:07.00	95%	
400m		13.	4:40.82	481	4:15.00	82%	
800m		6.	<b>9:36.21</b>	483	9:42.00	102%	
1500m		10.	18:25.73	488	18:00.00	95%	
400m	, 05.05.2008	5.	4:19.42	610	4:16.00	97%	-
100m		21.	1:04.80	504	1:03.00	95%	
50m		10.	32.62	503	32.00	96%	
"	"						-
50m	, 05.03.2007	18.	25.67	540	25.50	99%	-
100m		34.	58.55	512	57.50	96%	
50m	, 30.07.2007	20.	25.77	534	25.50	98%	-
100m	, 01.02.2006	14.	1:02.59	560	59.00	89%	-
200m		7.	2:14.90	571	NT	-	



" -2024"  
, 29.1. - 1.2.2024

100m			26.	1:06.03	420	1:03.00	91%	
50m	,	, 19.10.2009	5.	33.83	451	31.85	89%	-
100m			1.	1:12.28	487	1:10.90	96%	
200m			2.	2:41.26	476	2:32.15	89%	
50m	,	, 30.07.2008	14.	32.83	412	29.80	82%	-
100m			6.	1:15.69	393	1:13.20	94%	
50m	,	, 17.02.2010	87.	39.31	150	32.00	66%	-
100m			155.	1:32.06	131	1:16.00	68%	
50m	,	, 16.03.2008	39.	26.69	480	25.91	94%	-
100m			29.	57.94	529	56.00	93%	
200m			15.	2:10.00	483	2:05.00	92%	
100m			28.	1:06.80	460	1:03.00	89%	
50m	,	, 20.05.2008	24.	31.35	430	29.80	90%	1
100m			29.	1:10.22	399	1:09.00	97%	
50m			10.	39.29	414	38.00	94%	
50m			8.	<b>31.56</b>	463	31.60	100%	
200m			20.	2:53.95	381	2:44.00	89%	
50m	,	, 28.08.2005	6.	29.48	520	28.70	95%	-
100m			7.	1:04.29	517	1:00.00	87%	
100m	,	, 07.07.2010	144.	1:14.77	246	1:12.00	93%	-
400m			86.	6:17.01	198	5:39.50	81%	
800m			73.	13:10.35	187	11:35.20	77%	
100m			30.	1:34.12	220	1:31.50	95%	
200m			31.	3:24.37	234	3:20.00	96%	
50m	,	, 22.08.2009	80.	32.21	273	31.00	93%	-
100m			133.	1:11.19	285	1:08.00	91%	
50m			40.	42.48	227	41.00	93%	
100m			29.	1:31.88	237	1:20.00	76%	
200m			28.	3:16.70	262	3:06.00	89%	
1500m	,	, 18.01.2008	12.	19:02.15	443	17:59.00	89%	1
100m			23.	1:05.70	484	1:05.50	99%	
100m			13.	<b>1:01.18</b>	528	1:02.14	103%	
200m			13.	2:23.98	496	2:19.50	94%	
50m	,	, 26.06.2008	54.	27.78	426	27.00	94%	-
100m			54.	59.63	485	59.50	100%	
200m			25.	2:16.87	413	2:10.00	90%	
400m			21.	4:47.38	449	4:40.50	95%	
50m	,	, 05.11.2010	41.	43.31	215	39.50	83%	-
100m			31.	1:34.76	216	1:30.00	90%	
100m	,	, 25.10.2010	14.	58.80	506	58.00	97%	-
200m			12.	2:09.42	489	2:08.10	98%	
100m			11.	1:07.70	442	1:06.10	95%	
200m			13.	2:26.86	442	2:24.30	97%	
100m	,	, 12.01.2010	20.	59.70	483	58.90	97%	1
200m			11.	2:09.37	490	2:06.00	95%	
400m			9.	4:37.37	499	4:33.00	97%	
50m			13.	<b>31.18</b>	439	33.00	112%	
100m			16.	1:09.63	406	1:09.00	98%	
100m	,	, 29.07.2004	1.	57.58	633	55.90	94%	-
50m	,	, 07.04.2010	32.	<b>31.11</b>	440	32.21	107%	2
50m			4.	37.32	483	36.90	98%	
100m			6.	<b>1:22.48</b>	470	1:22.90	101%	
100m	,	, 19.06.2010	46.	<b>1:02.97</b>	412	1:03.15	101%	3
200m			25.	<b>2:15.56</b>	425	2:17.50	103%	
400m			20.	<b>4:51.64</b>	429	5:02.00	107%	
1500m			21.	20:00.10	382	19:48.00	98%	
50m	,	, 08.06.2007	15.	33.33	471	33.00	98%	-
50m			21.	28.18	493	28.00	99%	
100m			27.	1:07.75	388	1:03.50	88%	

" -2024"  
, 29.1. - 1.2.2024

	, 30.06.2008										
50m		22.	31.13	439	28.65			85%			
100m		25.	1:07.84	442	1:02.90			86%			
400m		16.	5:14.82	423	4:51.70			86%			
50m		16.	34.46	356	31.00			81%			
	, 21.06.2010										1
100m		24.	1:00.25	470	59.00			96%			
200m		21.	2:13.92	441	2:09.00			93%			
800m		16.	10:10.36	406	9:41.00			91%			
50m		10.	<b>33.98</b>	445	36.50			115%			
200m		7.	2:30.34	436	2:25.00			93%			
	, 18.09.2008										1
50m		67.	29.62	351	27.00			83%			
100m		80.	1:04.30	387	1:00.00			87%			
100m		38.	1:10.68	389	1:06.40			88%			
200m		27.	2:38.55	351	2:23.25			82%			
50m		53.	<b>30.45</b>	391	32.00			110%			
200m		22.	2:42.78	343	2:35.00			91%			
	, 15.07.2009										-
100m		28.	1:00.49	464	1:00.00			98%			
800m		34.	10:41.53	350	9:59.00			87%			
50m		12.	31.03	446	31.00			100%			
100m		14.	1:08.04	436	1:07.00			97%			
	, 16.02.2010										1
100m		151.	1:18.52	212	1:15.00			91%			
400m		80.	5:54.43	239	5:50.00			98%			
800m		67.	<b>12:01.86</b>	245	12:40.00			111%			
50m		82.	38.69	190	36.00			87%			
	, 05.12.2008										1
100m		86.	1:07.70	331	1:02.50			85%			
50m		16.	<b>29.83</b>	502	31.75			113%			
100m		42.	1:17.27	297	1:08.90			80%			
	, 03.09.2010										4
400m		30.	<b>5:37.63</b>	343	5:41.78			102%			
800m		18.	<b>11:43.89</b>	326	11:52.43			102%			
50m		23.	<b>43.02</b>	315	43.89			104%			
200m		15.	3:23.26	319	3:16.34			93%			
200m		37.	<b>3:03.19</b>	326	3:03.69			101%			
	, 20.04.2009										-
50m		21.	37.90	360	34.70			84%			
50m		24.	36.82	292	34.20			86%			
	, 04.05.2010										1
100m		145.	<b>1:14.99</b>	244	1:15.00			100%			
400m		77.	5:51.45	245	5:35.00			91%			
800m		68.	12:02.75	244	12:00.00			99%			
50m		79.	37.53	208	36.00			92%			
200m		48.	3:06.91	226	3:05.00			98%			
	, 14.07.2010										2
100m		58.	1:15.55	320	1:10.00			86%			
200m		33.	2:48.34	302	2:45.00			96%			
200m		12.	<b>3:16.38</b>	354	3:20.00			104%			
200m		38.	<b>3:06.31</b>	310	3:10.00			104%			
	, 14.07.2010										4
100m		36.	<b>1:02.27</b>	426	1:05.00			109%			
200m		22.	<b>2:14.75</b>	433	2:24.00			114%			
400m		24.	<b>4:54.70</b>	416	5:09.00			110%			
800m		24.	<b>10:26.19</b>	376	10:30.00			101%			
	, 29.01.2007										2
100m		12.	1:03.43	541	1:03.40			100%			
1500m		4.	19:00.91	525	18:37.50			96%			
50m		8.	32.09	594	31.80			98%			
100m		2.	1:07.54	615	1:07.20			99%			
200m		2.	<b>2:24.65</b>	620	2:26.40			102%			
400m		3.	<b>5:30.64</b>	522	5:35.00			103%			
	, 14.01.2009										-
100m		15.	1:04.89	506	1:03.54			96%			
200m		16.	2:25.43	468	2:19.56			92%			
200m		17.	2:42.58	466	2:40.00			97%			
	, 24.06.2010										-
50m		48.	29.17	368	28.10			93%			
100m		86.	1:06.28	353	1:03.10			91%			
800m		45.	11:10.20	307	10:28.00			88%			
50m		37.	35.26	304	32.45			85%			
100m		38.	1:18.65	282	1:13.10			86%			
	, 11.02.2009										1
50m		11.	29.71	505	28.80			94%			
100m		10.	<b>1:04.23</b>	521	1:05.74			105%			
50m		14.	32.72	416	32.40			98%			

" -2024"  
, 29.1. - 1.2.2024

	, 27.07.2008									
50m		19.	30.65	460	29.50			93%		
100m		24.	1:07.69	445	1:05.74			94%		
50m		17.	35.16	335	31.90			82%		
	, 03.05.2009									
100m		70.	1:04.95	375	1:00.00			85%		
400m		60.	5:25.00	310	4:50.00			80%		
800m		51.	11:24.30	288	9:55.00			76%		
50m		53.	33.40	296	31.50			89%		
	, 25.06.2005									
50m		7.	25.04	582	24.10			93%		
100m		6.	1:04.09	521	1:03.50			98%		
50m		5.	25.77	645	25.40			97%		
100m		4.	59.24	581	57.10			93%		
	, 28.10.2009									
50m		33.	28.42	398	26.80			89%		
100m		78.	1:05.79	361	1:00.00			83%		
50m		30.	31.38	357	30.00			91%		
200m		18.	2:38.71	370	2:30.00			89%		
	, 28.10.2009									1
100m		102.	1:07.17	339	1:07.00			99%		
800m		35.	<b>10:44.65</b>	344	11:18.00			111%		
1500m		28.	21:42.57	299	21:00.00			94%		
	, 03.12.2010									1
800m		57.	11:33.24	277	10:50.50			88%		
1500m		32.	22:16.75	276	20:50.00			87%		
100m		40.	1:19.23	276	1:16.50			93%		
400m		16.	<b>6:04.81</b>	298	6:05.00			100%		
	, 23.02.2008									1
50m		21.	35.72	383	34.00			91%		
100m		17.	1:21.75	336	1:15.90			86%		
50m		29.	<b>28.52</b>	476	29.80			109%		
100m		28.	1:11.84	326	1:04.50			81%		
	, 03.09.2009									
50m		3.	25.89	526	25.20			95%		
50m		5.	29.88	499	28.10			88%		
100m		7.	1:04.92	502	1:02.30			92%		
200m		6.	2:18.85	523	2:14.50			94%		
	, 14.01.2009									
50m		24.	40.67	291	36.00			78%		
100m		33.	1:26.69	291	1:20.00			85%		
200m		21.	3:05.60	293	2:50.00			84%		
	, 03.06.2010									
50m		24.	27.82	424	26.20			89%		
800m		7.	9:48.00	454	9:38.50			97%		
50m		7.	30.17	485	28.80			91%		
100m		8.	1:05.26	494	1:03.10			93%		
200m		9.	2:22.99	479	2:16.00			90%		
	, 22.07.2009									
100m		36.	1:09.01	420	1:05.20			89%		
400m		23.	5:18.12	410	4:58.00			88%		
50m		8.	37.99	458	35.20			86%		
100m		11.	1:24.60	435	1:18.50			86%		
200m		23.	2:45.16	445	2:35.00			88%		
	, 16.08.2008									
50m		25.	30.32	478	29.20			93%		
100m		24.	1:05.88	480	1:03.20			92%		
200m		16.	2:21.54	494	2:15.00			91%		
	, 13.04.2010									1
50m		1.	27.67	625	27.65			100%		
100m		1.	59.53	655	59.50			100%		
50m		1.	<b>30.32</b>	704	30.39			100%		
100m		2.	1:06.29	650	1:04.79			96%		
200m		1.	2:23.57	634	2:22.50			99%		
50m		1.	29.20	585	28.90			98%		
	, 30.09.2010									
100m		154.	1:28.70	147	1:25.00			92%		
	, 16.05.2009									
100m		29.	1:07.96	440	1:06.00			94%		
200m		21.	2:26.74	456	2:22.00			94%		
400m		16.	5:10.10	443	5:01.00			94%		
	, 01.09.2010									
100m		105.	1:07.54	333	1:06.00			95%		
400m		44.	5:12.61	348	4:55.00			89%		
800m		41.	11:00.62	320	10:35.00			92%		
1500m		26.	20:52.74	336	20:00.00			92%		

" -2024"  
, 29.1. - 1.2.2024

	, 17.03.2008								
100m		87.	1:08.11	325	1:08.00		100%		-
50m		61.	32.32	327	32.00		98%		-
	, 03.11.2010								
100m		121.	1:09.36	308	1:07.00		93%		-
50m		64.	35.02	257	32.50		86%		-
100m		26.	1:23.00	211	1:15.00		82%		-
400m		19.	6:31.30	241	6:20.00		94%		-
	, 07.01.2008								3
100m		3.	<b>1:01.01</b>	608	1:01.50		102%		
200m		3.	2:12.41	621	2:11.50		99%		
400m		2.	4:40.68	597	4:39.60		99%		
800m		3.	<b>9:42.82</b>	575	9:47.00		101%		
200m		2.	2:27.87	558	2:27.20		99%		
200m		1.	<b>2:27.49</b>	625	2:27.60		100%		
	, 01.05.2008								3
50m		13.	<b>29.29</b>	530	31.00		112%		
100m		12.	<b>1:02.39</b>	565	1:04.00		105%		
200m		5.	<b>2:13.65</b>	587	2:17.00		105%		
	, 20.01.2006								-
50m		11.	40.18	387	38.45		92%		
100m		13.	1:31.22	347	1:20.17		77%		
100m		7.	1:22.70	301	1:13.34		79%		
	, 02.07.2006								1
50m		2.	<b>30.87</b>	667	31.20		102%		
100m		7.	1:10.01	552	1:08.65		96%		
	, 19.01.2010								-
50m		60.	29.85	343	29.50		98%		
100m		108.	1:07.96	327	1:05.90		94%		
800m		60.	11:43.61	265	10:25.50		79%		
	, 03.09.2008								-
50m		6.	36.25	528	35.50		96%		
100m		12.	1:26.11	413	1:20.00		86%		
200m		6.	3:07.16	409	3:00.00		92%		
50m		21.	37.49	276	32.00		73%		
	, 29.07.2010								1
50m		22.	<b>27.58</b>	435	27.70		101%		
50m		10.	30.55	467	29.50		93%		
200m		12.	2:24.60	463	2:19.50		93%		
	, 02.01.2009								1
100m		127.	1:10.67	291	1:08.00		93%		
800m		59.	11:38.46	271	11:00.00		89%		
200m		29.	<b>3:19.12</b>	253	3:20.00		101%		
200m		42.	2:54.15	280	2:50.00		95%		
400m		17.	6:11.22	283	6:00.00		94%		
	, 19.10.2007								1
100m		62.	1:00.54	463	1:00.00		98%		
50m		20.	30.01	493	29.00		93%		
100m		29.	1:06.86	459	1:04.50		93%		
50m		37.	29.17	444	28.50		95%		
200m		16.	2:26.43	471	2:25.75		99%		
400m		7.	<b>5:18.91</b>	447	5:20.00		101%		
	, 08.06.2008								-
100m		90.	1:11.33	283	1:03.50		79%		
	, 02.03.2008								-
50m		58.	27.94	419	26.00		87%		
100m		68.	1:01.99	431	59.00		91%		
50m		19.	34.29	433	33.00		93%		
100m		15.	1:18.67	377	1:14.00		88%		
	, 09.02.2009								-
50m		38.	28.81	382	26.50		85%		
100m		31.	1:01.11	450	59.00		93%		
200m		30.	2:17.77	405	2:09.75		89%		
800m		23.	10:25.57	377	9:41.00		86%		
400m		9.	5:26.91	414	5:15.00		93%		
	, 19.08.2010								-
50m		84.	33.66	239	29.00		74%		
100m		146.	1:15.21	241	1:08.00		82%		
50m		39.	42.37	229	41.00		94%		
100m		26.	1:28.60	264	1:20.00		82%		
200m		19.	3:08.87	296	2:56.50		87%		
	, 27.08.2008								-
50m		6.	28.69	561	27.80		94%		
100m		11.	1:03.37	543	1:01.90		95%		
200m		12.	2:20.77	516	2:17.80		96%		

" -2024"  
, 29.1. - 1.2.2024

200m	,	, 23.05.2007	2.	1:59.33	624	1:56.00	94%		
400m			1.	4:12.49	662	4:05.00	94%		
100m	,	, 31.07.2009	35.	<b>1:17.75</b>	292	1:24.50	118%		1
50m	,	, 02.05.2007	1.	29.31	779	NT	-		
50m	,	, 03.02.2008	21.	30.82	452	28.55	86%		
50m			12.	32.27	433	29.70	85%		
50m	,	, 12.04.2010	78.	31.77	285	31.50	98%		
100m			139.	1:12.70	267	1:12.50	99%		
50m	,	, 17.05.2010	55.	29.32	362	28.50	94%		
100m			81.	1:05.91	359	1:03.90	94%		
50m			22.	33.76	346	33.20	97%		
100m			31.	1:14.93	326	1:09.70	87%		
200m			21.	2:38.27	353	2:28.50	88%		
100m	,	, 29.07.2009	54.	1:14.36	336	1:11.00	91%		
200m			32.	2:41.41	342	2:32.50	89%		
400m			33.	5:49.45	309	5:15.00	81%		
100m	,	, 20.01.2010	63.	<b>1:04.51</b>	383	1:10.00	118%		3
50m			18.	<b>32.75</b>	379	34.50	111%		
200m			19.	2:35.76	370	2:32.00	95%		
200m			20.	<b>2:40.02</b>	361	2:42.00	102%		
50m	,	, 20.01.2010	9.	<b>33.94</b>	446	36.00	113%		3
100m			15.	<b>1:19.61</b>	364	1:20.00	101%		
200m			8.	<b>2:49.53</b>	410	2:50.00	101%		
50m	,	, 11.02.2010	12.	38.53	439	38.20	98%		1
100m			12.	1:24.79	432	1:21.30	92%		
200m			5.	<b>2:59.86</b>	461	2:59.90	100%		
100m	,	, 21.11.2009	46.	<b>1:11.41</b>	379	1:13.70	107%		4
50m			18.	<b>41.59</b>	349	41.70	101%		
100m			16.	<b>1:28.86</b>	375	1:29.00	100%		
200m			9.	<b>3:08.18</b>	402	3:08.80	101%		
200m			26.	2:49.05	415	2:48.90	100%		
50m	,	, 11.08.2010	62.	<b>30.22</b>	331	31.00	105%		2
100m			39.	1:18.91	279	1:16.00	93%		
200m			32.	2:50.07	284	2:45.00	94%		
50m			39.	<b>32.23</b>	329	33.00	105%		
100m			23.	1:15.58	280	1:14.00	96%		
100m	,	, 03.03.2009	5.	1:08.91	579	1:06.10	92%		
200m			2.	2:29.71	559	2:22.20	90%		
50m			2.	29.36	576	28.70	96%		
100m			3.	1:07.75	549	1:06.50	96%		
200m			4.	2:31.86	572	2:24.00	90%		
100m	,	, 25.08.2010	150.	1:17.26	223	1:12.50	88%		1
400m			83.	6:04.03	220	5:50.00	92%		
800m			71.	<b>12:23.47</b>	224	12:40.00	104%		
50m	,	, 15.07.2008	64.	28.70	386	27.00	89%		
100m			83.	1:05.27	370	1:04.00	96%		
400m			33.	5:38.53	274	5:09.00	83%		
50m	,	, 01.05.2009	40.	28.83	381	26.80	86%		
100m			68.	1:04.87	376	1:03.90	97%		
50m			44.	32.60	318	28.70	78%		
800m	,	, 14.05.2008	7.	9:28.30	503	9:05.20	92%		
1500m			7.	18:00.09	524	17:35.00	95%		
50m	,	, 17.03.2010	5.	<b>32.12</b>	592	32.63	103%		2
100m			6.	1:10.97	530	1:10.54	99%		
200m			5.	<b>2:33.65</b>	517	2:34.56	101%		
200m	,	, 26.08.2009	11.	<b>2:24.54</b>	464	2:25.00	101%		6
50m			13.	<b>34.53</b>	424	36.00	109%		
50m			6.	<b>27.72</b>	518	28.00	102%		

" -2024"  
, 29.1. - 1.2.2024

100m		3.	<b>1:01.49</b>	520	1:02.00	102%	
200m		2.	<b>2:19.56</b>	545	2:24.00	106%	
400m		6.	<b>5:06.76</b>	502	5:10.00	102%	
	, , 07.09.2005						1
50m		2.	27.98	605	27.50	97%	
200m		2.	2:11.21	638	2:09.00	97%	
50m		1.	<b>28.31</b>	642	28.50	101%	
100m		1.	1:03.81	657	1:02.80	97%	
200m		1.	2:21.95	631	2:20.50	98%	
200m		2.	2:30.49	588	2:25.00	93%	
	, , 16.06.2010						-
200m		65.	2:51.89	208	2:30.80	77%	
	, , 26.05.2008						2
50m		10.	25.26	567	24.70	96%	
100m		8.	55.07	616	54.40	98%	
200m		6.	<b>2:03.35</b>	565	2:05.80	104%	
400m		9.	4:32.69	525	4:28.90	97%	
50m		18.	<b>29.92</b>	497	30.50	104%	
50m		9.	27.25	545	27.00	98%	
	, , 25.06.2010						-
100m		53.	1:13.40	349	1:10.25	92%	
200m		30.	2:40.54	348	2:27.50	84%	
800m		19.	11:44.95	325	10:37.00	82%	
100m		34.	1:27.39	284	1:21.50	87%	
	, , 06.05.2010						1
100m		125.	1:10.44	294	1:07.09	91%	
400m		73.	<b>5:39.87</b>	271	5:40.00	100%	
800m		65.	12:00.96	246	11:18.00	88%	
1500m		34.	23:18.59	241	21:00.00	81%	
50m		52.	33.32	298	32.00	92%	
	, , 09.02.2010						4
50m		49.	29.18	367	28.55	96%	
50m		21.	<b>33.12</b>	366	34.50	109%	
100m		17.	<b>1:10.35</b>	394	1:12.67	107%	
200m		14.	<b>2:33.31</b>	389	2:43.20	113%	
200m		10.	<b>2:31.88</b>	422	2:43.20	115%	
	, , 21.05.2010						-
100m		106.	1:07.61	332	1:06.00	95%	
200m		55.	2:35.10	284	2:30.00	94%	
50m		30.	34.56	322	34.00	97%	
50m		63.	34.85	260	32.00	84%	
200m		35.	2:50.51	298	2:44.00	93%	
400m		11.	5:54.56	325	5:52.00	99%	
	, , 29.04.2007						1
50m		21.	25.80	532	25.70	99%	
50m		6.	28.16	596	26.90	91%	
100m		16.	1:03.36	540	1:01.50	94%	
50m		11.	<b>27.27</b>	544	27.50	102%	
	, , 28.01.2010						-
800m		16.	11:35.62	338	10:32.50	83%	
50m		15.	36.36	408	33.90	87%	
100m		21.	1:17.25	411	1:13.80	91%	
200m		16.	2:45.79	411	2:40.20	93%	
	, , 26.01.2010						-
50m		28.	30.91	449	30.50	97%	
100m		40.	1:09.54	411	1:07.00	93%	
"	"	"					-
	, , 06.02.2007						-
100m		4.	1:19.71	520	1:18.00	96%	
	, , 05.07.2007						-
100m		1.	1:07.35	602	1:07.00	99%	