



34,		, 400m				(14-15 )		100m	200m	300m	400m	
20.		09	"	"	<b>4:58.91</b>	399 II	1:10.24	1:15.80	1:17.91	1:14.96		
	50m:	33.25	33.25	150m:	1:47.74	37.50	250m:	3:04.72	38.68	350m:	4:22.68	38.73
	100m:	1:10.24	36.99	200m:	2:26.04	38.30	300m:	3:43.95	39.23	400m:	4:58.91	36.23
21.		09	"	"	<b>5:00.70</b>	391 II	1:10.33	1:18.03	1:18.69	1:13.65		
	50m:	33.14	33.14	150m:	1:48.68	38.35	250m:	3:07.40	39.04	350m:	4:24.83	37.78
	100m:	1:10.33	37.19	200m:	2:28.36	39.68	300m:	3:47.05	39.65	400m:	5:00.70	35.87
22.		10	"	"	<b>5:03.46</b>	381 II	1:08.62	1:16.66	1:19.73	1:18.45		
	50m:	32.61	32.61	150m:	1:46.46	37.84	250m:	3:04.80	39.52	350m:	4:25.00	39.99
	100m:	1:08.62	36.01	200m:	2:25.28	38.82	300m:	3:45.01	40.21	400m:	5:03.46	38.46
23.		10	"	"	<b>5:04.70</b>	376 II	1:10.88	1:17.51	1:18.19	1:18.12		
	50m:	33.45	33.45	150m:	1:49.45	38.57	250m:	3:07.29	38.90	350m:	4:27.28	40.70
	100m:	1:10.88	37.43	200m:	2:28.39	38.94	300m:	3:46.58	39.29	400m:	5:04.70	37.42
24.		10	"	"	<b>5:05.00</b>	375 II	1:11.12	1:20.25	1:18.76	1:14.87		
	50m:	33.11	33.11	150m:	1:50.44	39.32	250m:	3:10.54	39.17	350m:	4:28.49	38.36
	100m:	1:11.12	38.01	200m:	2:31.37	40.93	300m:	3:50.13	39.59	400m:	5:05.00	36.51
25.		10	"	"	<b>5:05.89</b>	372 II	1:12.15	1:20.56	1:18.26	1:14.92		
	50m:	33.77	33.77	150m:	1:51.68	39.53	250m:	3:10.98	38.27	350m:	4:29.33	38.36
	100m:	1:12.15	38.38	200m:	2:32.71	41.03	300m:	3:50.97	39.99	400m:	5:05.89	36.56
26.		10	"	"	<b>5:08.71</b>	362 III	1:09.52	1:19.77	1:21.79	1:17.63		
	50m:	32.04	32.04	150m:	1:48.69	39.17	250m:	3:10.22	40.93	350m:	4:31.68	40.60
	100m:	1:09.52	37.48	200m:	2:29.29	40.60	300m:	3:51.08	40.86	400m:	5:08.71	37.03
27.		10	"	"	<b>5:09.04</b>	361 III	33.76	37.80	1:18.87	2:38.61		
	50m:			150m:			250m:	1:50.85	39.29	350m:	3:10.27	39.84
	100m:	33.76		200m:	1:11.56		300m:	2:30.43	39.58	400m:	5:09.04	1:58.77
28.		10	"	"	<b>5:09.27</b>	360 III	1:11.88	1:19.45	1:21.87	1:16.07		
	50m:	33.35	33.35	150m:	1:51.45	39.57	250m:	3:12.09	40.76	350m:	4:31.38	38.18
	100m:	1:11.88	38.53	200m:	2:31.33	39.88	300m:	3:53.20	41.11	400m:	5:09.27	37.89
29.		10	"	"	<b>5:12.01</b>	350 III	1:10.78	1:18.48	1:22.80	1:19.95		
	50m:	33.58	33.58	150m:	1:49.40	38.62	250m:	3:10.88	41.62	350m:	4:33.00	40.94
	100m:	1:10.78	37.20	200m:	2:29.26	39.86	300m:	3:52.06	41.18	400m:	5:12.01	39.01
30.		09	"	"	<b>5:13.93</b>	344 III	1:08.69	1:18.43	1:24.61	1:22.20		
	50m:	31.93	31.93	150m:	1:47.23	38.54	250m:	3:09.05	41.93	350m:	4:33.64	41.91
	100m:	1:08.69	36.76	200m:	2:27.12	39.89	300m:	3:51.73	42.68	400m:	5:13.93	40.29
31.		10	"	"	<b>5:18.05</b>	331 III	1:12.17	1:21.40	1:23.64	1:20.84		
	50m:	33.75	33.75	150m:	1:52.77	40.60	250m:	3:15.40	41.83	350m:	4:39.12	41.91
	100m:	1:12.17	38.42	200m:	2:33.57	40.80	300m:	3:57.21	41.81	400m:	5:18.05	38.93
32.		10	"	"	<b>5:19.08</b>	328 III	1:15.73	1:22.24	1:22.66	1:18.45		
	50m:	35.67	35.67	150m:	1:56.76	41.03	250m:	3:19.15	41.18	350m:	4:40.58	39.95
	100m:	1:15.73	40.06	200m:	2:37.97	41.21	300m:	4:00.63	41.48	400m:	5:19.08	38.50
33.		10	"	"	<b>5:25.42</b>	309 III	1:13.05	1:24.58	1:25.06	1:22.73		
	50m:	33.82	33.82	150m:	1:55.30	42.25	250m:	3:20.11	42.48	350m:	4:44.86	42.17
	100m:	1:13.05	39.23	200m:	2:37.63	42.33	300m:	4:02.69	42.58	400m:	5:25.42	40.56
34.		10	"	"	<b>5:29.19</b>	298 III	1:14.15	1:23.56	1:27.44	1:24.04		
	50m:	34.94	34.94	150m:	1:54.79	40.64	250m:	3:21.16	43.45	350m:	4:50.18	45.03
	100m:	1:14.15	39.21	200m:	2:37.71	42.92	300m:	4:05.15	43.99	400m:	5:29.19	39.01
35.		10	"	"	<b>5:34.10</b>	285 III	1:15.91	1:25.17	1:27.24	1:25.78		
	50m:	35.51	35.51	150m:	1:58.45	42.54	250m:	3:24.58	43.50	350m:	4:52.57	44.25
	100m:	1:15.91	40.40	200m:	2:41.08	42.63	300m:	4:08.32	43.74	400m:	5:34.10	41.53
36.		10	"	"	<b>5:42.35</b>	265 III	1:17.89	1:26.83	1:29.27	1:28.36		
	50m:	36.29	36.29	150m:	2:00.58	42.69	250m:	3:28.49	43.77	350m:	4:58.36	44.37
	100m:	1:17.89	41.60	200m:	2:44.72	44.14	300m:	4:13.99	45.50	400m:	5:42.35	43.99
37.		10	"	"	<b>5:52.47</b>	243 I	1:17.44	1:30.45	1:33.06	1:31.52		
	50m:	35.78	35.78	150m:	2:02.85	45.41	250m:	3:35.01	47.12	350m:	5:08.91	47.96
	100m:	1:17.44	41.66	200m:	2:47.89	45.04	300m:	4:20.95	45.94	400m:	5:52.47	43.56